



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Aged Care Pathways
Date: 24/8/17

Present: Prue Oake - Life Care, Helen Carmichael - SSRG, Janine Callergari – Care and Share, Cathy Wiseman – City of Marion, Sarah Jarvis – City of Mitcham, Cathy Fulton - Resthaven, Jacqui Bowden - APM, Fiona Paterson – SA Health, Di Lorimer – Life Without Barriers, Kristy Blackmore – Baptist Care

Apologies: Terry Hales, Rima Sallis

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies	
Previous minutes & business arising	<ul style="list-style-type: none">• Minutes accepted – attendees confirmed	Place organisation next to workgroup attendees in the minutes
Because I can	Presented Setting Goals from the Because I Can Workshop: The group practised the skill and set long and short term goals. Watched film clips – Ode to Can, Young ones X 2 excerpts	USB of Because I Can to participants

<p>CPO Wellness Project</p>	<p>A group brainstorm to list what elements would be most helpful</p> <ul style="list-style-type: none"> • Aim is to stay out of hospital and remain independent • Hospital booklet • Training resource – with links to useful information • Implement a 'multi-prong' approach linking clients, RAS, GP's, service providers • Something needs to be produced for clients • Focus on resilience • Define wellness • You-tube clips are useful to demonstrate wellness – play them in GP clinics • An understanding of wellness needs to come pre-assessment 	
<p>Vulnerable clients resource: adding southern content</p>	<p>Not addressed – will look at during the next meeting</p>	
<p>Project officer update & information sharing</p>	<p>Not done due to time dedicated to presenting Because I Can</p>	

Next meeting date: 28/9/17

Time: 2.00 - 4.00 pm

Venue: City of Marion