



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Aged Care Pathways
Date: 27/4/17

Present: Prue Oake, Sarah Jarvis, Lisa Hickson, Janine Callegari, Jenny Moore, Rachael Fawcett, Sam Berry, Theresa Howard-Jones, Linda Jackson, Fiona Paterson, Jane Hyde, Di Lorimer

Apologies: Filomena Occhiodoro, Cathy Wiseman, Nick Thompson, Leanne Taylor, Terry Hales

| Agenda Items | Discussion | Actions |
|-------------------------------------|---|---------|
| Welcome and apologies | <ul style="list-style-type: none"><li data-bbox="392 930 779 962">• Welcome and apologies | |
| Previous minutes & business arising | <ul style="list-style-type: none"><li data-bbox="392 1117 981 1149">• Minutes accepted, no business arising | |

CHSP/HCP discussion

- Fiona (MRU) – issue around waiting times when refer older person for an ACAT. Have to wait and can't access a CHSP service while waiting. (can after but not before) So then have to be referred for CHSP and then have to continue to wait.
- If RAS assess first and refer to ACAT then it's okay, a CHSP service can be accessed but not the other way
- The feeling was that 'No one is getting packages', are only being put on a wait list
- If come out of hospital can only be medium priority for a package - never high
- Someone on level 1 package got approvals for level 2....even though this level was not needed
- There is no one to refer home mods to in Onkaparinga and basically no cleaning available in the South.
- Creative interpretation of guidelines...spring clean can be maintenance
- Some older people are getting confused and losing their letters.
- It seems there are not enough services for CHSP only clients because they are being used by HCP clients topping up their needs.
- Level 2 client who had a chronic wound....sent in nurses for wound care....able to use CHSP for nursing....if needs greater than your budget can use CHSP for 3 months then reviewed. MRU fills the gap.
- Some clients have many CHSP services and then referred to ACAT...client says they are happy as things are and it doesn't go any further
- Good news...have seen people receive higher level HCP...movement.
- MRU have end of life program

What is wellness?

General discussion about the following questions: What does wellness mean to you? The wellness approach – how do we get older people on board? How do we know we have been successful?

Below are the results from the Wellness forum, addressing the question: What does wellness mean to you?

| Group 1 | Group 2 | Group 3 | Group 4 | Group 5 | Group 6 | Group 7 |
|---|-------------------------------------|--|---------------------------|----------------------------|--|---|
| Quality of life | Manage day to day tasks | Feeling well physically – no pain | Self management | Sex | Control pain | Absence of illness |
| Ability to make own decisions | Mental and physical health | Emotional wellbeing – staying positive | Balance | Balance | Being independent, do for self | Self belief |
| Drinking good wine | Having energy | Being resilient | Meaningful life | Good sleep | Connect – meaningful relationship, family | Confidence |
| Enjoying life | Feeling motivated | Having hope | Empowerment | Love | Having a purpose – reason to get up in the morning | Ability to set goals and being able to follow through |
| Friendships and family | In control of life | Feeling happy, enjoying life | Optimal functioning | Job satisfaction | Connect, wanted, valued, needed | Maintaining social connections |
| Manage your ailments and get on with it | Social support network | Having good sleep | Autonomy and independence | Friendships | Building skills – challenged self | Quality of life |
| | Social balance – on own/with others | Feeling confident | Choice | Outworking of your beliefs | Validated | Having a role |
| | Work/life balance | Feeling free | Purpose | Being valued | | |
| | Inclusion | Access to community, | Variety | Giving back | | |

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|---------------------|--|-------------------------------|-------------|---------------------------|--|--|
| | | being involved | | | | |
| | Eating well | Avoiding contact with MAC | Spontaneity | Being heard | | |
| | Exercising | Freedom of choice / knowledge | | Dance/singing/ outrageous | | |
| | Completing daily tasks independently | | | Peace | | |
| | Managing pain | | | Holidays | | |
| | Having fun | | | Laughter | | |
| | Learning new things | | | Family | | |
| | New experiences | | | Time out | | |
| | | | | Satisfaction | | |
| | | | | Time out Companionship | | |
| | | | | Achieving | | |
| | | | | Hobbies | | |
| | | | | Exercise | | |
| | | | | Fun | | |
| | | | | Alcohol/food | | |
| Because I Can | Due to lack of time not done | | | | | |
| Information Sharing | <p>Di - Life Without Barriers capacity for social support, have capacity for window & gutter cleaning. Making in-roads in the north and west. Getting set up nationally for older people on packages to come to them.</p> <p>Prue – Life Care</p> | | | | | |

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| | <p>capacity for social support groups & individual</p> <p>Sam – City of Onkaparinga Red light for long term respite. Short term respite available, including palliative. Social is full.</p> <p>Linda – City of Onkaparinga lots of mental health referrals</p> <p>Rachael – City of Holdfast Bay Capacity for domestic, pruning with safety focus. Just had quality review</p> <p>Jane – Catalyst Foundation Information and seminars, legal brokage service – get a quote, data base about disability directory including brokerage service application.</p> <p>Sarah – City of Mitcham Cleaning red light. No new short term services. Safety security gardening red light. Home mods accepting. Social green light. Transport green light.</p> <p>Lisa – Aged Care Alternatives (RAS) MAC does the priority. Web referrals not screened – sent through as low. Better for resident to call MAC direct. Often no one to refer people to.</p> <p>Janine – Care and Share Need more referrals...trying to make it as viable as possible through marketing processes.</p> <p>Jenny – Carer Support Emergency respite. CHSP services are full</p> <p>Theresa – Resthaven Social groups, individual, day respite available</p> | |
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Next meeting date: 25/5/17

Time: 2.00 - 4.00 pm

Venue: City of Marion, Mayors Parlour