



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Aged Care Pathways
Date: 22 Mar 2018

Present: Janine Callegari (Chair - Care and Share Trinity); Sally Warnes (SSRG); David Smith (ECH); Terry Hales (City of Onkaparinga); Vanessa Leane (UniSA); Rachael Fawcett (City of Holdfast Bay); Helen Carmichael (SSRG/City of Onkaparinga); Diane Lorimer (Life Without Barriers)

Apologies: Mark Tribilock (Aged Care Alternatives); Angela Lovett (ACNA); Karen Smith (Domiciliary Care); Maria Shialis (City of Onkaparinga); Sam Berry (City of Onkaparinga); Cathy Fulton (Resthaven); Lisa Hickson (Aged Care Alternatives); Melinda Olsson (Anglicare)

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies	
Previous minutes & business arising	<ul style="list-style-type: none">• Minutes accepted, with following addition/amendment to sharing from Terry Hales (City of Onkaparinga) – that there were vacancies in Men’s Group, Fishing and Respite (green light for everything)• business arising• Sally advised that she is still in the process of investigating what is being taught re wellness and reablement in Aged Care Certificate courses	

	<ul style="list-style-type: none"> • Young Ones DVD is available online at: <ul style="list-style-type: none"> - www.DVDLand.com.au for \$27.95 - www.fishpond.com.au for \$33.49 - www.ebay.com.au from \$28.99 - https://shop.abc.net.au/ from \$29.99 (stock coming in soon) • Steps needed to submit “reablement” in Wikipedia and Wiktionary sent to Sally 	
<p>Distribution of Because I Can resources</p>	<p>New driving wheels, USB’s and manuals were distributed to those that required them.</p>	
<p>Capitalising on Strengths (mini-workshop)</p>	<p>Sally and Helen, supported by Vanessa Leane (UniSA) ran a mini Strengths workshop to introduce attendees to the concept of strengths and wellbeing; and how it applies to workers and aged care recipients and how it can help embed wellness and assist the process of reablement.</p> <p>Each attendee completed the VIA Survey prior to the meeting.</p> <p>The workshop explained what Wellbeing is and how it can be measured using PERMA (Positive Emotion, Engagement, Relationships, Meaning and Accomplishment) and the VIA Character Strengths, and how they relate to wellbeing.</p> <p>Each attendee’s 24 character strengths were interactively explored as a group, under the six virtues in action categories: Wisdom, Courage, Humanity, Justice, Temperance and Transcendence.</p> <p>Throughout the workshop, Vanessa provided links to how managers/coordinators can identify a workers strength and how they can be matched to recipients; and how workers can</p>	

	<p>identify recipients strengths, how they are expressed and the meaning they give the person, and how this relates to the activities and goals that could be set, especially when there has been a loss of capacities.</p>	
<p>Project Officers update</p>	<p>Change of date for Wellness and Reablement Symposium due to change in CPO staff – is now scheduled for 31 August 2018 @ Sunnybrae Estate</p> <p>Technology for Wellbeing Website is now available http://techforwellbeing.com.au/</p> <p>Co-production project progressing about respite for people with Dementia</p>	
<p>Information sharing</p>	<ul style="list-style-type: none"> • Terry (City of Onkaparinga): is still looking for participants for the men’s group; Respite under 65 is full however there are vacancies for over 65. Vacancies also for the Men’s Fishing group. • David (ECH): His role is Carer Support, which is new to ECH. He is finding that men are reluctant to ask for help. Their Carer’s are now meeting to discuss and are discovering what they are feeling is normal and they can share. • Diane (Life Without Barriers): Closed on the portal for all services, although have some capacity. Their packages are ‘taking off’. Recruiting at the moment. They had 308 applications. One of the roles, for a support worker permanent part-time was only advertised for a week. 	

	<ul style="list-style-type: none"> • Janine (Care and Share Trinity): Everything going along as usual, the advertising is slowly starting to work. Did a radio interview and got a response before getting back to the office. However the Messenger insert, did not receive any responses, which went out to around 8000 residents. Going to try the eastern area next - running out of ideas of how to get people to the program. TH suggested to keep contacting the RAS assessors, JC responded that they have been trying, but not getting much response. • Vanessa (UniSA): great to be here and away from study. Good to be able to provide input to providers on the work I am doing in my PhD research though this pathway. SW invited VL to attend on a constant basis. 	<ul style="list-style-type: none"> • LH (ACA) wants to do the training in hoarding and squalor that City of Onkaparinga (Sam Berry) is organising
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Next meeting date: 26 April 2018

Time: 2.00 - 4.00 pm

Venue: Mayors Parlour –City of Marion