



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Carer Issues
Date: 16 April 2013

Present: Jen Day (Chair), Louise Fuller, Carole Matthews, Justin Adams, Brenda Johnson, Trent Johnson, Filomena Occhiodoro, Teresa Moran, Chris O'Brien, Carol Ganly, Stephanie Papps, Sally Warnes (Project Officer), Bev Bannister (minutes),

Apologies: Meredith McLeod, Julie Milburn, Sandy Johnson-Jones,

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• welcome to Justin• quick introductions were made around the table	
Previous minutes & business arising	<ul style="list-style-type: none">• previous minutes accepted• Jen invited for nominations for the chair• members voted Jen to remain as chair of the group• photos taken at the Carer Resource Launch were shown• Sally asked for members permission to use photos – will send out permission forms	

<p>Working carers evaluation – discussion with Trent Johnson</p>	<ul style="list-style-type: none"> • a background was given on the project and what the surveys were about • the post surveys have not yet been done - longer than the 6 month time frame originally allowed • the group were then asked if they had any questions for Trent • what things of significance came out of the surveys? – there were no results that were a surprise • are the figures for the amount of carers large? - 1 in 4 people are carers – officially it is about 1 in 10 • majority of carers are female and middle aged • is there information that we can gain from the survey results that may be useful and we can take back to our organisations? It may be useful info for organisations to be aware of / inform training needs • all managers felt strongly that carers have the right to work • do we write an evaluation report now? – best to wait until we have post evaluations • it would also be useful to compare with other research cited in the discussion paper • the report needs to keep results general and not identify individual organisations • won't know the full impact of training until post evaluation survey done • maybe contacting the carers that wished for follow up may help in the report - ?focus group or individual phone calls – the information sought needs to be in relation to the resource....keep focused • Maybe....12 months a bit to long for post survey • ECH cannot do post survey until 12 months, others can be done earlier – but better to do all post surveys at the same time • question for post survey - have you continued with carer friendly practice? • comments from surveys to be collated • if there is any additional information wanted from the surveys let sally know and she will ask Trent to evaluate for us • talk about the surveys in your workplace and bring any other 	<p>Sally to collate survey comments for next meeting</p>
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	comments back to Sally	
What next? – possible project ideas	<ul style="list-style-type: none"> • idea – a gap exists for carers that relinquish care when the care recipient dies or goes into residential care <ul style="list-style-type: none"> • training information - post caring role – transitioning into other programs - getting a hobby - getting a job • can be a carer and care recipient receiving HACC services at the same time • in the mental health sector you cannot be both – must be one or the other • there is a need for work in this area • concerns around new reform and where carers stand • resource for relinquished carers - could make a u-tube video with helpful tips – u-tube is free • check with our organisation and the Commonwealth if we are allowed to use utube • what is on u-tube already about carers? • title of clip could be "how to relinquish care and survive" • 'how to' clips are the most viewed clips on utube • have two utube clips - one for organisations and one for carers • program based on peer help – mentorship • do something on grief and loss for relinquished carers • carer counselling • think about project ideas and come back with ideas at next meeting • Sally on leave next month • next meeting cancelled • notes about project ideas to be sent to all in the mean time 	
Project Officer	We will be asking councils and organisations to use the advertorial in	

report	their newsletters, magazines, emails to promote the app	
Health and Community Informed Choices Project report	<p>Report January to April 2013</p> <p>Resource Design and Content</p> <p>Name - Seniors Southern Services Directory, layout - SSRG colours blue and orange. New addition to the resource - iPad app</p> <p>Three main sections of information – Directory, Definitions and Options shown as interactive buttons sited along the bottom of the app</p> <p>Directory Contains information about services – contact information has the capacity to be interactive – phone, mail, and website</p> <p>PokitPal (small magnetic booklet) - a shortened and summarised version of the information found in the app</p> <p>Directory section has been sent to Toucan (app developer)</p> <p>Definitions Short explanations of commonly used community sector terms and services</p> <p>Options Fact sheets that focus on enablement Template for fact sheet developed that enhance overall design. Fact sheets are broadly based on enablement. Fact sheets include health and well-being - right outlook, move naturally, eat wisely and connect; pre- admission for consumer and carer and discharge checklists for consumer and carer and health professionals; making your wishes known (advanced directives), dementia and driving etc.</p> <p>Feedback/Meetings</p> <p>Attended meetings to promote and receive feedback about the resource</p> <p>All SSRG Work Groups meetings</p> <p>Health and community meetings e.g. Holdfast Bay Community Acute Community Information Exchange, A2HC (Lyndal), Southern Aged Care Forum, Southern Primary Health (Elizabeth), Carer Support</p>	

	<p>Work in Progress</p> <p>All aspects of resource will be available in May Promotion: PowerPoint presentation, eg introductory letters - university departments such as social work, OT's, nursing and TAFE Request for assistance - send out promo emails to networks Stand at Disability and Ageing Expo, Gerontology Conference in October</p> <p>Discussion:</p> <ul style="list-style-type: none"> • Louise gave run down of project aims for benefit of new people • all aspects of the app are at the developer • showed picture of what app looks like • showed carer fact sheets that may be of interest to the group • maybe make a utube clip to promote app • maybe hold a raffle of iPad • ask councils and organisations to use the advertorial in their magazines, newsletter etc • postcard for promotion of app • advertorial for promotion of app • targeting workers and consumers 	
Information round	<p>Teresa – Alzheimer's SA</p> <ul style="list-style-type: none"> • programs and workshops in the south • Family Carer Program: 13 June – 4 July, 1 - 3.30 pm, Aberfoyle Community Centre, Aberfoyle Park • Family Carer Workshop: 24 June, 1 – 3.30 pm, Cooina Neighbourhood Centre, Sturt • When They Need More Care: 22 July, 1 – 3.30 pm, Cooina Neighbourhood centre, Sturt <p>Chris - ECH</p> <ul style="list-style-type: none"> • Brighton office moving to South Road, old RDNS building. Westbourne Park are combining with Brighton • they have vacancies in packages 	<ul style="list-style-type: none"> • Teresa to send flyers to Bev for distribution via email and website

	<p>Jen – City of Onkaparinga</p> <ul style="list-style-type: none"> Regional Disability Network Information Session - 15 May, 10 am – 12 noon at the City of Onkaparinga - Information from the Companion Card and NICAN Card and information on pensions and allowances <p>Carol - ACH</p> <ul style="list-style-type: none"> Runs HACC programs <p>Justin – Uniting Care Wesley</p> <ul style="list-style-type: none"> work with carers of people that have a mental illness – flyer handed out forum on guardianship and mental illness - flyer handed out <p>Stephanie - MIFSA</p> <ul style="list-style-type: none"> respite house and programs Carers Pamper week in May Blokes Business program next month Come and Try Program need more people for next week <p>Brenda - City of Mitcham</p> <ul style="list-style-type: none"> office disruption while the air conditioner is being replaced, taking about three weeks, cramped conditions while happening home care magazine advert spring cleans – lots of responses since it went out red light on A2HC has been taken off HACC audit at end of year, starting preparations now <p>Filomena – Carer SA</p> <ul style="list-style-type: none"> lots of A2HC referrals coming in has met with Julie Milburn, Sharon Tentye and others to discuss rollout of resource and how they can use it, would like photos from 	<ul style="list-style-type: none"> Bev sent information on forum out earlier that day
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	<p>the launch to use in SA Carer Magazine with a story - needed for May issue - Sally to choose photos to send to Filomena</p> <ul style="list-style-type: none"> • deciding who else they might target to hold discussions with about utilising the resource, maybe other councils, Brenda and Julie Haselgrove and Marion Council, early stages • group counselling happening, art therapy for group of carers <p>Carole - Resthaven</p> <ul style="list-style-type: none"> • CCQR finished. Accredited with Onkaparinga, Marion and Community Respite. Good results for all • Attended the Carer Support Centre Consultation <p>Sally - SSRG</p> <ul style="list-style-type: none"> • Met with Novita – doing research ‘Juggling Work and Care’ - they were invited to our launch but unable to attend - they are going to use our resource as a reference for their work • met with Minda – interested in using our resource in their organisation 	
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Next meeting date: - meeting CANCELLED 21 May 2013

Next meeting - 18 June 2013

Time: 2.00 - 4.00 pm

Venue: Committee Room, City of Mitcham