



SOUTHERN SERVICES
reform GROUP

SSRG Workgroup Meeting
Workgroup: Carer Issues Workgroup
Date: Tuesday 20 March 2012

Present: Jen Day (Chair), Filomena Occhiodoro, Carole Matthews, Sharron Irwin, Brenda Johnson, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Julie Haselgrove, Andrea Stent, Chris O'Brien, Maria Chabrel

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies noted	
Previous minutes / business arising	Minutes approved Business arising – <ul style="list-style-type: none">- Tasks completed	
Working Carers Project	<ul style="list-style-type: none">• Different concepts for the resource were sent by Toucan. The group decided which design they wish to use• Option four was chosen for the cover and option one for the 'spread'. It was felt that option four was a good representation of working carers...the different roles they perform and the different jobs that they have.• Decided to have a folder for all the resources to be put in plus a pocket for the DVD• Costs are within budget to print amount we want	<ul style="list-style-type: none">• Sally to inform Toucan of decision• Sally to speak with Toucan about folder

	<ul style="list-style-type: none"> • Project will be on SSRG website as well and can be downloaded if more copies are needed • Copyright issues have been sorted • Does the quoted price cover cutting and printing of DVD? • ECH will be trialling project in a community site and a residential site • Resthaven will be trialling project with Carole's team plus (probably) one other team • Onkaparinga discussions are still under way • Trials won't start until we have all the printed material • Hopefully start trial in late April/early May – Carole will be away late May and all of June • Pre evaluation and post evaluation has been recommended by Paul Griffiths (colleague at City of Onkaparinga with 'evaluation' expertise) • He also recommended visiting staff meetings to inform staff of the project and have employees fill in the survey • We need some way to keep track of participants to be able to record any attitude changes/behaviour changes pre and post survey - maybe each participant should have a number recorded against their name and this list to be kept confidential by SSRG • Brenda's husband-Trent Johnson is happy to help us with advice/analysis of the surveys • There needs to be 2 surveys, one for staff and one for managers • A page of questions for the evaluation was put forward by Sally - group to take away evaluation questions and email back to Sally with ideas/changes • Possibly in the middle of trial we chat with participants – qualitative research – stories • Group member/s to deliver presentation with management at start, show DVD and use a power-point presentation • Make sure that enough posters and brochures are distributed around the workplace to really get the message across • It was suggested that we put in an abstract for the 2012 Disability Conference, Stronger Together to be held on 14 and 15 August, giving us a chance to promote our project and build on what was presented in 2011 by Carer Support • Recap – <ul style="list-style-type: none"> • Use questions put forward – with some editing • Talk with Trent Johnson re survey questions 	<ul style="list-style-type: none"> • Sally to talk to Toucan about cutting and printing of DVD – is this all included in the quoted price • Sally to talk with Trent re survey • Sally to write abstract
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	<ul style="list-style-type: none"> • At the beginning of the pilot at each workplace deliver presentation for managers with power point, booklet etc. and get them to fill in surveys, organise with them to see the staff • Attend staff meeting, show DVD and deliver a shorter presentation, share flyers and posters with them, get them to fill in the survey • Go back to visit staff halfway through trial and chat with workers to gain information about carer experiences/impact of resource • At end of the trial go back again and get staff to fill in the survey • Collate surveys at end of trial, talk with Trent about analysing the data • Have launch of project in December after trial is completed 	
Project Officer report	<p>Workgroups:</p> <ul style="list-style-type: none"> • Dementia Workgroup: is currently planning a project focusing on the reported gaps in dementia training experienced by care workers. The results of the survey done by care workers revealed that managing challenging behaviours was by far the most favoured topic. The SSRG will work in collaboration with Alzheimer's Australia SA, Dementia Training Study Centre to deliver the sessions. • Social Inclusion Workgroup: is currently planning a project titled 'Reaching the Unreachable'. The aim is to design a postcard and poster that reduces the stigma attached to loneliness and creates an atmosphere of acceptance by using appropriate graphics and wording to help individuals feel comfortable in contacting a service provider for assistance. It is expected that the post card / poster will reach individuals that are socially isolated by being available at targeted places, for example medical clinics, pharmacies, Centrelink etc. • In Home Services Workgroup: the group are currently waiting to find out if their funding application has been successful for a project officer to be employed to develop a community services resource aimed for use by the health sector. At the last meeting Lyndal Gerrard (A2HC) met with the group to give an update about the referral system and answer questions. • Consumer Workgroup: the members are writing stories to highlight issues they experienced when accessing services and managing their independence and wellbeing. The next step is to look at what would have worked better – the solutions 	

	<p>to the issues raised. This work will be collated in a power point presentation and supporting documentation.</p> <p>2. Website The new website is ready to be 'launched'. The formatting problems have been resolved and Bev has up-loaded much of the necessary information on to the site. No need to register, all pages are open to all. If photographs are to be used on the website we need individual permission from people to upload them to the website.</p> <p>3. TACSI TACSI is The Australian Centre for Social Innovation and are working on a caring project titled 'Love-ins, Lobsters & Racing Cars – great living in late adulthood'. The project has been looking at what great living looks like late in adulthood and the challenges and stressors that get in the way. On 8 February there was an event at Victoria Square where they shared what they have learnt and started a conversation around opportunities to get more people to great living. Sally was invited to be part of this event. The next phase of the project will be to go back into people's homes to co-design and prototype solutions.</p> <p>TACSI, in collaboration with the SSRG and ECP will be presenting their research to the southern and eastern regions in May. More information about this will be circulated soon.</p>	
Information Round	<p>Carole –</p> <ul style="list-style-type: none"> • Internal research projects – training for all staff on carer friendly practices and exploring the experiences of carers who have their loved one living in residential care <p>Brenda –</p> <ul style="list-style-type: none"> • Finalising work before going on holidays next week. Will be an apology at the next meeting. <p>Sharron –</p> <ul style="list-style-type: none"> • Has some foundation grant money to work on a project between the local Aboriginal community, Perry Park residential facility and Riverview day respite. 	

	<p>Have artists working with them doing painting and clay work</p> <p>Filomena –</p> <ul style="list-style-type: none"> • Sharing and Caring brochure handed out • The Meaning of Caring program will explore individual meaning for Carers on their journey. This counselling program is Mindfulness based and emphasises values, acceptance, compassion and living in the moment. It fits well with the Carer journey as it looks at living a rich and meaningful life and honours Carers own values. The group will start on Wednesday 2nd May 2012 at 10.30-12.30 and run for 6 weeks at the Goodwood Community Centre, 32-34 Rosa Street, Goodwood. If you are interested in exploring your caring role in more depth, contact Sharne West on 1800 242 636 • Better Start for Children with a Disability flyer given out to those interested <p>Jen –</p> <ul style="list-style-type: none"> • Epilepsy Information session - Regional Disability Network Please RSVP by Tuesday 10 April 2012 to Jennifer Day, Disability Network Officer (8301 7248 or jenday@onkaparinga.sa.gov.au When: Wednesday 11 April 2012 Where: City of Onkaparinga Noarlunga office Ramsay Place Noarlunga Centre Time: 10am–12pm Non Epileptic Seizures and Wellness Guest speakers: Michelle Bellon, PhD, Disability and Community Inclusion, School of Medicine, Flinders University Alinka Thimm B Dis & Com Rehab (Hons) Dianne Day, Dip Counselling BA Social Work & BA Social Planning, Epilepsy Centre 	
Gap identification	<ul style="list-style-type: none"> • No gaps presented 	
Next meeting:	<p>Tuesday 15 May 2012 2:00 to 4:00 pm, Venue : Committee Room, City of Mitcham</p>	