



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Dementia
Date: 4 December 2012

Present: Lisa Darby, Terry Hales, Coral Sharp, Sheryle Olney, Chris O'Brien, Sally Warnes (Project Officer), Bev Bannister (minutes)

Apologies:

Agenda Items	Discussion	Further Action Required
Welcome and apologies	Sally chaired the meeting in the absence of Nikki Welcomes and apologies noted	
Previous minutes / Business arising	Minutes approved <ul style="list-style-type: none"> • See next topic 	
Project Discussion for 2013	<ul style="list-style-type: none"> • Further discussion about a possible 'fact finding' trip to Melbourne to visit Alzheimer's Vic and other dementia related services • Could also visit the Victorian collaboratives and see how they work • Information from meeting with Marie Alford - International speakers Cameron Camp and Michelle Bourgois coming to Adelaide in 2013 - interactive workshops could be organised following their presentations – ideally working with the Better Practice Project and Alzheimer's SA • Suggestion to visit a local kindy or the like to see the Montessori approach 'in action' • Suggested that Pamela from DTSC speak to the group about the Montessori method at the first meeting for 2013 • Handouts about the Montessori approach to be emailed to all before the meeting 	<ul style="list-style-type: none"> • Cheryl to get Montessori information and share with the group • Coral to ask if Pamela will talk to the group

	<ul style="list-style-type: none"> • Coral and Sally to meet with Marie from Alzheimer’s SA early in 2013 to continue discussions • Coral and Sally to also meet with Joyleen from the Better Practice Project about training • Sally to do some research about Montessori • Summary: <ul style="list-style-type: none"> • Research / collect information to better understand the Montessori approach • Meet with Marie Alford (DTSC) early in 2013 • Discuss delivering workshops following the International speakers • Further explore Dementia Champion training – waiting on Marie to give information on course content 	
Dementia Link Worker	<ul style="list-style-type: none"> • Much quieter in November compared to previous few months – 27 new referrals • Managed to get to more network meetings • Working on new funding requirements from Commonwealth Government to ensure the program is collecting the right information, stats etc • Region is now South-East metro (and North-west) • More people are self-referring after using the service previously • Discussion re how to go about an evaluation of the program – difficult to evaluate a ‘preventative’ service 	
Health and Community Informed Choices Report	<p>Louise gave a report about the Health and Community informed Choices Project:</p> <p>Summary of Research and Planning to Date</p> <p>❖ Suite of Resources</p> <p>A suite of resources that will connect to already available information in a user friendly, quick and informative way</p> <p>To achieve this outcome a combination of resources will be required. At present, considering a paper based directory (i.e. pokitpal). The pokitpal will contain main service types and contact details including websites. Through the use of a number of QRcodes attached to some services, the user will be directed to specific information and websites. It will also link into the app which will enhance available information. The health professional will also be able to download the free app and retrieve the same information from a different starting point.</p> <p>More than just facts - Enhance Community Services</p> <p>The resources will highlight/enhance the importance of community services which</p>	

	<p>will result in an increased understanding of services and knowledge that will lead to appropriate referrals. Include prompts or questions for the users like Is there a carer? Are they linked to council services? How will your client access domestic assistance? Is your client requiring ongoing or short term services?</p> <p>Pilot Project Due to budget restraints it will be most unlikely that we can trial resources at specific sites and then refine the design before releasing the resources to the target group. (Small print runs much more costly) Therefore, it has been suggested the need to develop a relationship with a couple of organisations (or sections of) where management is keen and encouraging about the project and will provide quality feedback types of resources, vital information and on draft versions of the resources. Jacqui suggested an inner south and an outer south project site. Finally, the development of presentations (i.e. PowerPoint) will accompany the introduction of the resource.</p>	
Project Officer Update	<ul style="list-style-type: none"> • Dementia Training - The DTSC in collaboration with the SSRG are organising younger onset dementia training sessions – the workshop scheduled for 5 December 2012 at Onkaparinga has been postponed until 2013. • Members filled in a survey for Sally as part of her Diploma of Population Health – the survey question was ‘Are there adequate positive ageing strategies and services for older people in the southern region?’ • Members watched a video by Dan Buettner on ‘How to Live to Be 100+’. The video is about finding the path to long life and health, Dan Buettner and team study the world’s “Blue Zones,” communities whose elders live with vim and vigor to record-setting age. He shares the nine common diet and lifestyle habits that keep them spry past age 100 	
Information round	none	
Gap Identification	<ul style="list-style-type: none"> • facilitated dementia specific art classes in Inner South 	

Next meeting: Tuesday 5 February 2013
1 - 3pm Afternoon tea provided
Meeting Room 2, City of Onkaparinga