



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: Dementia**  
**Date: 5 February 2013**

**Present:** Nikki Chadburn (Chair), Bridget Kempster, Coral Sharp, Krystyna Kahmann, Lisa Darby, Meredith McLeod, Terry Hales, Pamela Aldridge, Louise Fuller, Sally Warnes (Project Officer), Bev Bannister (minutes)

**Apologies:** Gill Schulze, Sharron Irwin

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none"><li>• Welcome to a new year</li><li>• Introductions were made around the table</li></ul>	
Previous minutes & business arising	<ul style="list-style-type: none"><li>• Previous minutes accepted</li></ul>	

<p>Presentation on Montessori approach/methods by Pamela Aldridge</p>	<p>Montessori training course delivered by Pamela -</p> <ul style="list-style-type: none"> <li>• window of opportunity to connect with people with dementia</li> <li>• tap into procedural memory</li> <li>• repetitive practice can improve performance</li> <li>• memories first in last out</li> <li>• focusing on 'doing' and activities of daily life.....being engaged in life</li> <li>• Create and present- framework - refer Montessori methods</li> <li>• its about the process involved in doing something</li> <li>• start simple and use repetition</li> <li>• have to make sure the person can read</li> <li>• written material - use Ariel font</li> <li>• use a 'cleared' table - no distractions</li> <li>• 4 people ideal number - round or square table</li> <li>• Language used – 'would you like to?' - not 'could'</li> <li>• Model the activity and say 'watch me'.....may need to demonstrate again. Then say 'your turn next'</li> <li>• activities may be simple but that's okay.....eg vegetable bingo game</li> <li>• templates can be made for any client- difficulty increased as necessary</li> <li>• Always thank the client; did you enjoy it, would you like to do it again?</li> <li>• Sorting is a good activity – cards, wool etc.....you could say – 'I really need your help'</li> <li>• 'I spy' game in rice.....helps in rehabilitation</li> <li>• This approach is <b>based</b> on Montessori</li> </ul>	
<p>Presentation discussion – project next steps</p>	<ul style="list-style-type: none"> <li>• Outcomes – what are we trying to achieve? <ul style="list-style-type: none"> <li>• better outcomes for people living in the community with dementia and their carers</li> </ul> </li> <li>• Run two or three sessions of training – (depending on cost and budget)</li> <li>• Possibly a forum – two rooms – one with speakers and the other</li> </ul>	

	<p>setup with activities</p> <ul style="list-style-type: none"> <li>• Training for care workers re how to put their own activity centre/resources together at no or little cost</li> <li>• Looking at training/stimulating/educating care workers</li> <li>• Possibly the 'dementia champions' could run the training and put resources together and be there for follow up for the care workers</li> <li>• Dementia Champions play a role in connecting wider community</li> <li>• Mini expo – show off ideas/resources – have activities set up</li> </ul>	<ul style="list-style-type: none"> <li>• Sally to talk with Marie Alford from Alzheimer's SA</li> </ul>
<p>Health and Community Informed Choices Project report</p>	<p><b>Project Aim</b></p> <p>To increase the knowledge and understanding of health professionals about community services that are available in the Cities of Onkaparinga, Holdfast Bay, Marion and Mitcham. Targeted at health professionals – newly employed but the resource will be available for all health professionals, community services workers and health consumers</p> <p><b>Summary of Work</b></p> <ul style="list-style-type: none"> <li>▪ Confirmed large volume of Community Services Information in many forms</li> <li>▪ Identified that information is accessed in different ways – brochures, work colleagues, folders, directories, internet - no one way</li> <li>▪ Established scope of project given limited time and budget – young professionals</li> <li>▪ Decided that the resource will include a magnetic booklet with QR code, i-phone app and poster</li> <li>▪ Finalised quotes on booklet and app development</li> <li>▪ Commenced design and writing - service categories, definitions, Checklists, FAQs</li> <li>▪ Completed definitions of services and sent to the app developer Toucan</li> <li>▪ Discussed and confirmed overall design of app with Toucan</li> </ul>	

	<p><b>Next – Now to March</b></p> <ul style="list-style-type: none"> <li>▪ To complete writing the information for the resource</li> <li>▪ To finalise design and layout of resource</li> <li>▪ To meet with community and health professional to ensure information is correct</li> <li>▪ To gain feedback from SSRG workgroups, target groups and community health professionals</li> <li>▪ To develop marketing resource</li> </ul> <p><b>Discussion</b></p> <ul style="list-style-type: none"> <li>▪ Name for app</li> <li>▪ Ideas for fact sheets etc. (section 3 of app)</li> </ul>	
Dementia link worker update	<ul style="list-style-type: none"> <li>• January has been very busy</li> <li>• The Dementia Link worker in the west has resigned</li> <li>• In the final stages of employing a fulltime replacement</li> <li>• An additional 0.6 hours of funding has been obtained to employ a centrally based dementia link worker who will cover all areas and leave absences which will help workload</li> </ul>	
Gap Identification	<ul style="list-style-type: none"> <li>• RDNS not providing medication administration assistance in the community anymore, will honour ongoing clients but not take on any new clients</li> </ul>	

**Next meeting date: 5 March 2013**

**Time: 1.00 – 3.00 pm**

**Venue: ACH meeting room, 17 Elizabeth Road, Christies Downs**