



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: Dementia**  
**Date: 2 April 2013**

Present: Nikki Chadburn (Chair), Meredith McLeod, Karen Peddle, Megan Andrews, Krystyna Kahmann, Bridget Kempster, Terry Hales, Chris O'Brien, Gill Schulze, Louise Fuller, Sally Warnes (Project Officer), Bev Bannister (minutes)

Apologies: Lisa Darby, Coral Sharp, Sheryle Olney, Sharron Irwin

| Agenda Items                        | Discussion   | Actions |
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| Welcome and apologies               | <ul style="list-style-type: none"><li>• welcome and apologies</li><li>• welcome to new members</li><li>• introductions were made around the table</li></ul>  |         |
| Previous minutes & business arising | <ul style="list-style-type: none"><li>• members read through the previous minutes</li><li>• previous minutes accepted</li><li>• Sally has begun writing a project proposal re the training - needs group to give feedback</li><li>• Community Development were not interested in the project - suggested Sally talk with the libraries</li><li>• looking at grants available</li><li>• Sally gave a 'recap' of the last meeting about resources and activities</li></ul> |         |

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|                | suitable for clients who have dementia  |  |
| Project update | <ul style="list-style-type: none"> <li>• Sally and Coral met with Marie Alford from the Dementia Training and Study Centre about training for 'dementia champions'</li> <li>• CertIV dementia modules <ul style="list-style-type: none"> <li>• the training centre have offered to provide for free, training in CertIV dementia modules that can be tweaked to meet our needs</li> <li>• Sally is meeting with the trainer tomorrow so they can discuss what changes we would like</li> <li>• the training will be run over two days - do we want two consecutive days or separate days?</li> <li>• members would prefer training to be on two separate days – midweek – a fortnight apart – Wednesday and Thursday are preferable</li> <li>• Members can do the course and assessment or alternately bypass the assessment if already completed</li> <li>• do as a group - good for future development</li> <li>• training would enable you to be a 'go to' person in your organisation</li> <li>• discussion on what it all means</li> <li>• priority will be given to group members first - if vacancies, then can invite others</li> <li>• group members showed a positive interest in doing training</li> <li>• do before end of financial year</li> <li>• 13 and 27 June are selected dates to do training</li> <li>• If you are unable to do the training or don't need to do it, you may send a representative from your organisation in your place</li> </ul> </li> <li>• Care worker training <ul style="list-style-type: none"> <li>• training topics discussed - care workers receiving training around resources or training around people with dementia</li> <li>• looking at a group of approximately 30 people to do the training</li> </ul> </li> </ul> |  |

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|  | <ul style="list-style-type: none"> <li>• the group looked at and discussed workshops available in the Training and Education Options 2013 booklet</li> <li>• Meaningful Activities 2 hour workshop</li> <li>• World of Creativity 3 hour workshop</li> <li>• maybe run one session in the inner south and outer south</li> <li>• we would like to stick to our original plan and have the training follow on from the previous training we ran for care workers</li> <li>• ACH offered to be the venue for training if needed as they have the appropriate facilities ie data projector etc</li> <li>• World of Creativity training session was decided to be the best option</li> <li>• Training to run in August/September for care workers</li> <li>• Library corner <ul style="list-style-type: none"> <li>• memory corner - visual and activities</li> <li>• Sally has spoken to Alzheimer's SA and they loved the idea and will support us to help obtain a grant etc</li> <li>• Will require enough money to employ a project officer</li> <li>• Another idea - could have a section in the mobile library</li> <li>• Need to source a good sized grant and a library that is keen to participate</li> <li>• could have information sessions as part of the project</li> <li>• run a pilot for 12 months</li> <li>• we could ask the university to become involved and collaborate with us</li> <li>• Bunning's do good work with the community and people with dementia – could we approach them?</li> <li>• ask local member to come on board – we would need to present our idea to them</li> </ul> </li> <li>• Alzheimer's SA are holding a workshop with Cameron Camp talking about the Montessori approach and are saving 12 places at the workshop for the SSRG. As yet we do not know any more details</li> <li>• The group discussed and gave feedback to complete the project proposal for CertIV training</li> <li>• Ideas for the name of project –</li> </ul> | <p>Sally to contact DTSC about World of Creativity training</p> |
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|  | <ul style="list-style-type: none"> <li>• dementia change champions</li> <li>• information champion</li> <li>• dementia - keeping it real</li> <li>• dementia - keeping in touch</li> <li>• dementia - in touch</li> <li>• dementia - keeping it relevant</li> <li>• champions of demntia</li> <li>• dementia..real..relevant..in touch - the group liked this name</li> </ul>   |  |
| Dementia Link Worker report                          | no report – Coral on leave  |  |
| Health and Community Informed Choices Project report | <p><b>Report January to March 2013</b></p> <p><b>Resource Design and Content</b></p> <p>Name - Seniors Southern Services Directory, layout - SSRG colours blue and orange. new addition to the resource - i-pad app</p> <p>Three main sections of information – Directory, Definitions and Options shown as interactive buttons sited along the bottom of the app</p> <p><b>Directory</b> Contains information about services – contact information has the capacity to be interactive – phone, mail, and website</p> <p>PokitPal (small magnetic booklet) - a shortened and summarised version of the information found in the app</p> <p>Directory section has been sent to Toucan (app developer)</p> <p><b>Definitions</b> Short explanations of commonly used community sector terms and services</p> <p><b>Options</b> Fact sheets that focus on enablement Template for fact sheet developed that enhance overall design. Fact sheets are broadly based on enablement. Fact sheets include</p> |  |

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|                   | <p>health and well-being - right outlook, move naturally, eat wisely and connect; pre- admission for consumer and carer and discharge checklists for consumer and carer and health professionals; making your wishes known (advanced directives), dementia and driving etc.</p> <p><b>Feedback/Meetings</b><br/> Attended meetings to promote and receive feedback about the resource<br/> All SSRG Work Groups meetings<br/> Health and community meetings e.g. Holdfast Bay Community Acute Community Information Exchange, A2HC (Lyndall), Southern Aged Care Forum, Southern Primary Health (Elizabeth), Carer Support</p> <p><b>Work in Progress</b><br/> All the information for the app has been sent to the app developer<br/> Developing and implementing a marketing plan eg introductory letters to explore promotion and presentation possibilities to university departments such as social work, OT's, nursing and TAFES, launch at Gerontology Conference in October</p> |  |
| Information round | <p>Terry – City of Onkaparinga</p> <ul style="list-style-type: none"> <li>• occasional packages of respite available</li> <li>• vacancies in snooker group</li> </ul> <p>Krystyna – City of Mitcham</p> <ul style="list-style-type: none"> <li>• does anyone else recruit for volunteers and have problems? – appears problems are universal</li> <li>• existing volunteers were invited to a morning tea and asked to bring a friend. Can only attend if you bring a friend. Attendees were then asked for ideas on how to recruit more volunteers</li> <li>• one volunteer came up with a good idea to approach people who attend superannuation seminars, these people are about to retire and unsure of what they want to do, and invite them to be guest speakers</li> </ul>   |  |

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|  | <p>Megan – City of Marion</p> <ul style="list-style-type: none"> <li>• busy with home visits</li> <li>• current wait list for long term cleaning</li> <li>• extra money available for social support to get people back into social groups or hospital/gravesite visits, help to get access cab vouchers etc</li> </ul> <p>Karen – City of Marion</p> <ul style="list-style-type: none"> <li>• innovative funding project which provides training to brokered agencies and then they deliver it to their care workers - train the trainer package</li> </ul> <p>Gill - Resthaven</p> <ul style="list-style-type: none"> <li>• CCQR finished. Accredited with Onkaparinga, Marion and Community Respite. Good results for all</li> </ul> <p>Meredith – Carer Support</p> <ul style="list-style-type: none"> <li>• A high number of volunteers at the southern office</li> <li>• having no trouble getting volunteers</li> <li>• different approach having the new office with 'walk-ins' off the street</li> <li>• adding new dimensions to roles</li> <li>• need to have a staff member in the office at all times</li> </ul> <p>Bridget - ACH</p> <ul style="list-style-type: none"> <li>• lots of referrals coming in</li> <li>• vacancy in club programs except men's shed on Thursday and Friday's</li> <li>• vacancies in the men's shed at McLaren Vale on Saturday fortnights – the group has been revamped to more of a going out group</li> <li>• vacancies in Coffee Club Monday and Wednesday's, Out'n'About group Tuesday's, McLaren Friends, Sellicks, Aldinga, McLaren Vale, Willunga clubs,</li> <li>• renamed to hubs instead of clubs</li> </ul> |  |
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|                    | <p>Nikki – City of Onkaparinga</p> <ul style="list-style-type: none"> <li>• Kookaburra Club has vacancies on Thursday's</li> <li>• Community Programs are revamping all documentation used – ongoing process</li> <li>• redesigning the forms/documentation to suit what the team needs – making forms that actually work for us</li> </ul> <p>Chris - ECH</p> <ul style="list-style-type: none"> <li>• Respite Day Program has vacancies on Monday, Wednesday and Thursdays</li> <li>• packages at Westbourne Park now come to Onkaparinga due to the Masonic takeover</li> <li>• have lots of packages now - COPS, CDC, EACH</li> <li>• 8271 2166 ECH contact phone number</li> <li>• Brighton office moving to South Road, old RDNS building. Westbourne Park are combining with Brighton</li> <li>• Masonic are still maintaining their independent living units</li> <li>• Lifecare Reynella have a Day Care Program on Wednesdays - full day of respite - dementia clients but not high care</li> </ul> |  |
| Gap Identification | <ul style="list-style-type: none"> <li>• under 65 years of age living with dementia</li> <li>• support for parents with children who have autism</li> </ul>   |  |

**Next meeting date: 7 May 2013**

**Time: 1.00 - 3.00 pm**

**Venue: Meeting Room 2, City of Onkaparinga**