



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: Dementia**  
**Date: 3 March 2015**

Present: Kate Henderson, Kate Kenning, Krystyna Kahmann, Mel Olsson, Bridget Kempster, Gill Schulze, Meredith McLeod, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Terry Hales, Sharron Irwin

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none"><li>welcome and apologies</li></ul>	
Previous minutes & business arising	<ul style="list-style-type: none"><li>previous minutes accepted</li><li>planning day notes still to come</li><li>discussion on southern services and collaboration in the south</li></ul>	



	<ul style="list-style-type: none"> <li>• pictures were shown of the marketing ideas for the flyers and calendar - we own the photos of the people so can utilise them however we wish</li> <li>• currently exploring the possibility of having the wordle on the umbrellas – the wordle was made using the words in the project plan</li> <li>• the calendar will have a health and wellbeing focus</li> <li>• possibly launch the project with a flash mob, capture it on film – discussion about creating a flash mob</li> <li>• ideas for the calendar: <ul style="list-style-type: none"> <li>• information about dementia e.g. visit the memory hub, brain training, website</li> <li>• fun activities that are free to list on the calendar - Hopgood Theatre, farmers markets, music, arts</li> <li>• SA Community has been used as a base for activities to choose from</li> <li>• special days/date - choose a few</li> <li>• can refer to Seniors Information Service</li> <li>• encourage people to read the messenger - put on every month</li> <li>• do we put facts on calendar? - eg. stay active and reduce your risk of dementia</li> <li>• recipes by carers or older people – older style recipes - social aspects of eating</li> <li>• visit your library and community centre</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Bev to send the link for the wordle program to all</li> </ul>
Project Officer report	<ul style="list-style-type: none"> <li>• Advance Care Directive training 6 May at Marion Council 9.30 - 11am</li> <li>• I Can course rewritten again – version 3 - presenting tomorrow at SIS - is still a pilot project – will be delivering to GTRAC at Paradise, trialling with their consumer group</li> <li>• App update - Louise has completed the work, updating all the information - we are in the process of editing/checking - going to Darren (In White Space) soon to load the update into the Apple/Android systems – will be available soon – statistics indicated</li> </ul>	

	<p>high usage which is why the update was done</p> <ul style="list-style-type: none"> <li>• LGBTI training - 31 March at Mitcham - 9.30 - 4.30 pm</li> <li>• went to ACS financial forum - jobs in aged care are becoming sales focussed - risk of clients not paying - education is required</li> </ul>	
<p>Information Sharing</p>	<p>Bridgett - ACH</p> <ul style="list-style-type: none"> <li>• Vacancies in NRCP programs / social programs</li> <li>• having trouble filling level 2 packages</li> <li>• Thursday Riverview respite program is 'overflowing' at Perry Park</li> <li>• Men's Shed programs have capacity for 1 or 2 more people</li> <li>• revamped many of the social programs - more 'chat' groups – have established a couple of Talking Heads groups and health information sessions are happening</li> </ul> <p>Kate - ECH</p> <ul style="list-style-type: none"> <li>• vacancies in social programs and In Home Respite</li> <li>• continue to go through management restructure - combining therapy, wellness and social programs</li> <li>• new CEO starting on 10 March</li> </ul> <p>Mel - Anglicare</p> <ul style="list-style-type: none"> <li>• level 1 and 2 packages available</li> <li>• audit in April</li> <li>• moving to Marion this month</li> <li>• started new HACC friendship group - trying to spread out into different things</li> <li>• will be attending the Aged Care briefing on 26 March at the Playford Hotel</li> <li>• new guidelines for CHSP out today in draft form only</li> </ul> <p>Krystyna – City of Mitcham</p> <ul style="list-style-type: none"> <li>• copy of Home Care Observer magazine given out</li> <li>• Krystyna has moved back into the Civic Centre – instead of having</li> </ul>	<ul style="list-style-type: none"> <li>• Sally to send link for CHSP draft manual to all</li> </ul>

	<p>volunteer lists for all 3 transport programs, it will be made into one group, making inductions easier</p> <ul style="list-style-type: none"> <li>• a second Don Juan group(Dinner's On Now Join Us At Noon) has started – men only social group – meets once a month for a lunch outing - can do transport - \$5 each way within Mitcham area and \$8 each way outside</li> </ul> <p>Kate – Alzheimer's SA</p> <ul style="list-style-type: none"> <li>• Dementia Link Workers brochure given out</li> <li>• Family Carers Workshop – Tuesday 17 March – Southern Carer Centre, Morphett Vale</li> <li>• Kathy back two days a week after having a baby - back in South Link Workers team</li> <li>• community talks - 1hour talk on Understanding Younger Onset Dementia - no charge</li> <li>• Connexus – new Thursday program in the south at Elizabeth House 10 - 2pm, carer and care recipient (younger onset dementia)</li> </ul> <p>Gill - Resthaven</p> <ul style="list-style-type: none"> <li>• Currently have vacancies in most areas</li> <li>• second Shed Group started - about to start a third group</li> <li>• Hersey Cottages is full</li> <li>• Ridgeway House has vacancies</li> <li>• cognitive stimulation therapy project starting – OT's are delivering the sessions - have recruited new clients and using existing clients from the WORX program</li> </ul> <p>Meredith – Carer Support</p> <ul style="list-style-type: none"> <li>• First stage of move from Fullarton underway - new offices will be set up at Newton and Glandore (770 South Rd), both opening in June. Second stage will be a centre at Aldinga. The southern office at Morphett Vale is staying open.</li> <li>• the future vision is working with the whole family not just the carer</li> <li>• 'new look' Sharing Sheet published</li> </ul>	
--	--	--

	<ul style="list-style-type: none"> <li>• Dementia Education Program – Dementia It’s About You – Wednesday 15 April, dinner and information session, Marion Hotel or Tuesday 12 May, Morning tea and information session, Club Marion</li> <li>• Dementia Education Program – Relaxation and Lunch - Thursday 21 May - Taikurrendi Children and Family Centre, Christies Beach - for Aboriginal and Torres Strait Islander people</li> <li>• Dementia Education Program – Pamper and Information Day - Tuesday 16 June – Jimmy Deane’s Function Centre</li> <li>• Carer Retreat Night in the city - Rockford Adelaide on Hindley St - Saturday 21 February – for carers only - went well, hugely successful - few more coming up plus carer/caree events</li> <li>• Discover Yourself Day – Thursday 14 May – at The Farm, Willunga – two workshops focussing on learning about your personal style and also how colour can influence your life</li> <li>• Facebook Carer Support Group has close to 70 members in the group</li> </ul>	
--	--	--

**Next meeting date: 7 April 2015**

**Time: 2.00 - 4.00 pm**

**Venue: Meeting Room 2, City of Onkaparinga**