



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Dementia
Date: 4 March 2014

Present: Sally Warnes, Coral Sharp, Sheryle Olney, Terry Hales, Gill Schulz, Kate Kenning, Melissa Olsson, Meredith McLeod, Krystina Karman, Bridgett Kempster, Eric Cruz, Megan Andrews

Apologies: Bev Bannister, Sharron Irwin,

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies• Introductions around the table	
Previous minutes & business arising	<ul style="list-style-type: none">• Previous minutes accepted• Memory Loss Hub project to be discussed later in the meeting	

<p>Dementia Training for the Region – what is required?</p>	<ul style="list-style-type: none"> • Maybe more Cert 1V • Look at the needs of the ‘younger old’ - 70 year olds • Technology...for example ipads and Tablets • Training that gives updates about new research and new ideas • Case studies – focusing on what has worked • Each person is an individual...there is not one right way...give workers the confidence to be able to draw information from their clients’ and know how best to use that information • Good practice - Bridgett puts together a starter pack of activities for the care worker to begin with • Communication skills...goal planning...what are your dreams? Finding the right words to have these conversations • It’s easy to get lost in the task...important to ask yourself “how would I feel?” • It’s actually ok to be stuck! • Unley council uses picture cards...perhaps we could make them between us? • Possibly ask BPP for a training course around CDC and clients with dementia • Challenging behaviours, particularly aggression (DBMASS can be contacted re strategies and training for staff...course ‘Manage Aggressive Behaviours’) • Cheryl spoke about how vulnerable people with dementia can be...she raised concerns about the CDC concept...who will advocate for these clients’? One of the issues is around having to pay for case management...how much will be left for service delivery? • Further discussion about CDC and the necessity to relate all purchased items to a goal 	
<p>Project Discussion - Memory Loss Hub</p>	<ul style="list-style-type: none"> • Rename it – Memory Hub (get rid of the ‘loss’) <p>Please see attached ToR and MoU with changes as discussed</p>	

<p>Dementia Link Worker update</p>	<ul style="list-style-type: none"> • Presentation to GP's and practice nurses' at Southern Medicare Local • Susan Renison from Carer support has requested a talk for a group of Aboriginal carers • New Dementia Link Worker - Lyn...now full time and working in the East. She is a dietician - great with strategies around food and is working on a resource for link workers re nutrition • First webinar by Alzheimer's Australia...held at the zoo with an international speaker...was great...works for people far and wide • Coming up - speaker from the UK, 28 March 2014. Dementia Friendly Communities - Rachael Litherland 	
<p>Project Officer Update</p>	<p>Carer Issues Workgroup: working on a resource to assist people with post-caring. Using information from book titled 'Past Carers' by Audrey Jenkinson - she is an actor in the UK and we contacted her to let her know we were referring to her work - very positive response.</p> <p>In Home Services Workgroup: changing direction and will probably focus on wellness/reablement</p> <p>Social Inclusion Workgroup: Presently a photographic film of older people engaged in activities is being created - it is about valuing older people in our community</p>	
<p>Information Round</p>	<p>Sheryl – Dom Care</p> <ul style="list-style-type: none"> • Have begun CDC with some clients • Many projects happening...including a wellness program <p>Terry – Onkaparinga Respite</p> <ul style="list-style-type: none"> • Low care respite available <p>Krystina – City of Mitcham</p> <ul style="list-style-type: none"> • Transport initiative - cab vouchers now available for clients 	

Kate – ECH

- A few vacancies on Tuesday & Thursday

Gill – Resthaven

- Vacancies at Hersey Cottages
- Attended public lecture Michael Mervice and Rex Lippon...Rex wrote a book 'Don't miss the bus'....may be useful in the resource centre. A 92 year old Adelaide man...it's about good brain health. 'Soft Wired' is Michaels new book.

Melissa – Anglicare

- 106 packages -15 vacancies in level 1/2
- More funding for more HACC
- ACAT for under 65 year olds can be done...it's a problem however if they are already registered with disability SA
- Can take any age for packages as long as there is an ACAT
- Starting a new transport program

Meredith – Care Support

- Increasing support to ATSI clients, numbers are increasing
- 4 dementia specific events...based around 'pampering' in March, May & June
- Office expansion not yet finished
- Movie meal deals available for families - they love them...carer only
- Funding some CDC packages to trial
- Hasting Street Community Centre is the new venue for groups - have moved from Seaford Library
- Some hand made toys have been donated by a Kiwana Group...cars and trucks...if anyone knows of someone who would like them

Bridgett – ACH

- Programs are full

	<ul style="list-style-type: none"> • Currently transitioning CACP's to CDC • Few vacancies in coffee clubs - Monday & Wednesday • Vacancies at McLaren Vale men's shed • McLaren Vale club now called Social Links...based around interest groups and activities. Clients can choose to stay for lunch if they want to. • Technology sessions going really well • Health & Education sessions using different venues for health checks & information <p>Eric – Alzheimer's Australia SA</p> <ul style="list-style-type: none"> • Currently in key worker role, however going to the Conexis Program and there probably won't be a rep at this meeting • Creating a partnership with the Bedford Group for volunteers • Working with City of Onkaparinga Volunteers re opportunities <p>Megan – City of Marion</p> <ul style="list-style-type: none"> • HACC audit going well - focusing on independence • Having a mini expo at Cooina and inviting stakeholders. Plan to have a 'Yellow Brick Road' format in place...static information displays and opportunity to talk to people 	
Next Steps...	<p>Re the Memory Hub Project</p> <ul style="list-style-type: none"> • Meet with all partners • Keep the group informed • Organise a subgroup to start the process 	

Next meeting date: Tuesday 1 April 2014
Time: 1:00 to 3:00pm
Venue: City of Onkaparinga, Meeting Room 2