



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Dementia
Date: 7 April 2016

Present: Sally Warnes, Kate Kenning, Krystyna Kahmann, Stacey Pilmore, Susan Rennison, Clare Kelly

Apologies: Terry Hales, Gill Schulze, Rob Crouch, Nicole Bitter

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies	
Previous minutes & business arising	<ul style="list-style-type: none">• Previous minutes accepted• Business arising from the previous minutes: Sally met with Karen Field from SIS about their dementia and driving project and the possibility of duplicating it in the south. We will need approximately \$5,000 to fund a similar project.• Stacey has spoken with a local GP, Isobel Botha who is interested in supporting the dementia and driving project.• Sarah Jarvis will attend the next meeting, 3 May, to talk about her research project on dementia and driving.	Stacey to contact Dr Isobel Botha for more information

<p>Partnership project with CPN and SSRG: Dementia and Driving</p>	<p>The film will be broken down into three categories; warning signs, having the conversation and solutions.</p> <p>The content will be quite broad, so that it is suitable for a wide audience. Will include the positive aspects of not being able to drive, for example, saving money or not having an accident.</p> <p>Brainstorming of carer conversations:</p> <table border="1" data-bbox="483 427 1066 1401"> <tr><td>Choosing the right time and the right environment to bring the topic up</td></tr> <tr><td>Be straight forward and respectful</td></tr> <tr><td>Avoid 'you' messages and blaming</td></tr> <tr><td>Use 'I' messages</td></tr> <tr><td>Ask questions like: 'Have your driving habits altered?' or 'How do you feel about your driving?'</td></tr> <tr><td>It could mean re-connecting with friends and family</td></tr> <tr><td>Financial rewards – no longer paying the costs of running a car</td></tr> <tr><td>Opportunity for getting more physical exercise</td></tr> <tr><td>Leaving driving on a positive note – with a good driving record</td></tr> <tr><td>Making your own decision is empowering</td></tr> <tr><td>Acknowledge the loss and grief – something else you are losing</td></tr> <tr><td>Consider: Is your Insurance Company going to cover you if you have an accident and you have a diagnosis of dementia?</td></tr> <tr><td>Advise there may be legal ramifications</td></tr> </table>	Choosing the right time and the right environment to bring the topic up	Be straight forward and respectful	Avoid 'you' messages and blaming	Use 'I' messages	Ask questions like: 'Have your driving habits altered?' or 'How do you feel about your driving?'	It could mean re-connecting with friends and family	Financial rewards – no longer paying the costs of running a car	Opportunity for getting more physical exercise	Leaving driving on a positive note – with a good driving record	Making your own decision is empowering	Acknowledge the loss and grief – something else you are losing	Consider: Is your Insurance Company going to cover you if you have an accident and you have a diagnosis of dementia?	Advise there may be legal ramifications	<p>Sally to collate all responses</p>
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	<p>Focus on responsibility – the safety of yourself and the community</p> <p>Consider the persons background – how important is driving to them? How much do they value driving? How closely is it attached to their identity?</p> <p>Being altruistic - Give the car to a grand-child</p>	<p>Suggested name for the project could be '<i>Early Retirement for Driving</i>', '<i>Check out your driving</i>', '<i>Your driving, your brain, your choices</i>'.</p> <p>Suggestion for the paper resource to be made in the shape of a car.</p> <p>Other resources to research: The Check Out on ABC TV http://www.abc.net.au/tv/thecheckout/</p> <p>RAA http://www.raa.com.au/documents/your-legal-responsibility</p> <p>http://www.raa.com.au/motoring-and-road-safety/safety-for-road-users/medical-tests-for-drivers-aged-70-and-over-faqs</p>	
<p>Project Officer report</p>	<p>State-wide Collaborative Projects</p> <ul style="list-style-type: none"> • The planning of the Collaborative Projects Symposium to be held 1 July 2016 continues. There will be a focus on best practice, wellness, into the future and highlights of the role of the CPO's. To demonstrate the effectiveness of the Collaborative's a short film is to be developed. Other presenters at the Symposium include COTA, Aged Care Complaints, Australian Aged Care Quality Agency, TAFE and Better Practice Project. There will also be an official launch of the 'Because I Can' program. • The Wellness Practice and Working with Family Carers workshops have been recently advertised state-wide. Two wellness sessions have been delivered already in the southern region with a third being delivered at 	<p>.</p>	

	<p>Mitcham 1 May 2016.</p> <ul style="list-style-type: none"> The Western Collaborative Project, Western Linkages has a new project officer – Tom McDonagh. The Eastern Collaborative Project remains vacant. <p>SASMA (South Australian Self Management Alliance)</p> <ul style="list-style-type: none"> A themed network meeting is scheduled for 16 April 2016 at Marion Hotel, the topic being the Adelaide PHN and it will be an opportunity to find out about the work they are doing in aged care, chronic disease and carers and how it links to and impacts on the aged care sector. The presenter will be Deb Lee, who is the current CEO. <p>Because I Can</p> <ul style="list-style-type: none"> A train the trainer session was held 9/3/2016 with the state-wide collaborative Project officers. The plan is that they will begin delivering sessions and collect further evaluation data. The manual has been sent to In White Space for a final edit and design. <p>Celebrate Age Conference</p> <ul style="list-style-type: none"> Attended the conference 18/3/2016 – motivational speakers about the importance of movement, exercise and the arts in aged care. The conference also reminded us all to reflect on our business plans and the importance of promoting independence rather than dependence. Resource: World Report on ageing and Health http://www.who.int/ageing/events/world-report-2015-launch/en/ 	<p>Sally to email Jo Boylan's presentation on Making Healthy Normal, to the group</p>
<p>Information Sharing</p>	<p>Kate (ECH) - Kate has commenced coordinating the Victor Harbour program as well as Happy Valley – focusing only on centre based respite. Is currently looking for larger premises to run the sessions at Victor. They are at capacity at Happy Valley however need more referrals for Victor Harbour program. Kate is organising another dinner dance for members and their carers in May. The theme for the dinner dance is 'Music and Movie Stars'. ECH has also been allocated 129 packages, level 3 and 4's.</p>	

	<p>Stacey (CPN) – CPN working to meet the programs outputs. Looking at implementing Route Match IT system which would run across the CPN and community transport programs. Red Cross also uses the Route Match system.</p> <p>Susan (Carer Support) – A Pamper and Relaxation day was held on 31 March in the Western region for carers and another one is scheduled for 7 June at Club Marion. Currently planning for events for next year.</p>	
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Next meeting date: Tuesday 3 May 2016

Time: 2.00 - 4.00 pm, Venue: Committee Room, City of Mitcham