



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Dementia
Date: 1 March 2016

Present: Sally Warnes, Kate Kenning, Gill Schulze, Rob Crouch, Krystyna Kahmann, Terry Hales

Apologies:

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies	
Previous minutes & business arising	<ul style="list-style-type: none">• Previous minutes accepted• No business arising from the previous minutes	
Partnership project with CPN and SSRG: Dementia and Driving	<p>Discussion about the Wollongong tool that is being used in the project launched by SIS to educate GP's about dementia and driving based in the Northern suburbs. The tool is based on the Ottawa Personal Decision Making Guide.</p> <ul style="list-style-type: none">• Does this booklet create more questions than it answers?• There does seem to be too much information in some parts	

Scraps or dents on the car, fence post, mailbox or garage
Increased anxiety when driving, particularly when driving somewhere new or driving at night
Failure to notice road works on the side of the road
Bad judgement making right hand turns
Driving too fast or too slow
Not reading the road and what's happening around you
Receiving traffic fines
Avoiding round-a-bouts
Merging incorrectly
Not staying in identified lanes – straddling the lanes
Needing someone to go with you as a co-pilot / Never driving alone
Often saying 'that was close'
Moving into the wrong lane
Confusion causing you to go the wrong way
Getting lost in familiar places
Car accidents
Going through a red light
Using the accelerator instead of the brake
Stopping in traffic for no apparent reason

Solutions

Re-connecting with friends and family
Financial rewards
Give the car to a grand-child
Connecting with Council transport
Connecting with public transport
Companion card
Cab vouchers
Opportunity for getting more physical exercise
Leaving driving on a positive note – with a good driving record
Making your own decision is empowering
My Aged Care and Carer Gateway to access transport assistance
Proof of age card
Some social clubs provide transport

	<p>Use home delivery Acknowledge the loss and grief</p> <p>Carer Conversations Choosing the right time and the right environment to bring the topic up Be straight forward and respectful Avoid 'you' messages and blaming Use 'I' messages Ask questions like: 'Have your driving habits altered?' or 'How do you feel about your driving?'</p>	
<p>Information Sharing</p>	<p>Krystyna (City of Mitcham) – Will invite Sarah Jarvis to the next meeting. She works at City of Mitcham, is an OT and has done a research project on dementia and driving. She is also a qualified driving assessor.</p> <p>Rob (AASA) - Grand Designs "Are we there yet?" International Dementia Conference 16 & 17 June 2016, being held in Sydney Adelaide Memory Walk & Jog – Saturday 19 March at Colley Reserve, Glenelg Rob distributed Memory walk shoe laces to group members Family Carer Program @ Mitcham: 21/4/16 to 12/5/16 Distributed fact sheet about Dementia Link workers</p> <p>Gill (Resthaven) – The Shed group is to open on Thursdays so will be available every day of the week. Concern about carers under the age of 65 as they are receiving less support due to the focus on the care recipient in CHSP services.</p> <p>Kate (ECH) - Programs are quite full but still make contact. Kate will be coordinating the Victor Harbour program as well as Happy Valley – focusing only on centre based respite and no longer doing in home respite.</p> <p>Terry (City of Onkaparinga) – Respite available in the Onkaparinga area. There are vacancies in the men's group being run from Christies Beach RSL.</p>	<p>Krystyna to invite Sarah to next meeting</p>

Election of Chairperson	Krystyna has been elected chairperson of the Dementia workgroup	
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Next meeting date: Tuesday 5 April 2016

Time: 2.00 - 4.00 pm, Venue: Committee Room, City of Mitcham