



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: Dementia**  
**Date: 3 February 2015**

Present: Terry Hales, Kate Kenning, Kate Henderson, Krystyna Kahmann, Gill Schulze, Ashling Robinson, Mel Olsson, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Meredith McLeod, Megan Andrews, Bridget Kempster

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none"><li>• welcome and apologies</li><li>• introductions were made around the table</li></ul>	
Previous minutes & business arising	<ul style="list-style-type: none"><li>• previous minutes accepted</li><li>• with the current reform changes the SSRG are winding down – most workgroups will work on completing projects already in the pipeline and will need to discuss if they want to continue meeting into the future</li><li>• group enquiring whether Lisa Darby has had her baby?</li></ul>	

<p>Update on Memory Hub</p>	<ul style="list-style-type: none"> <li>• evaluation forms etc. are in place</li> <li>• evaluation information will be collected over a six month period - Sally will meet with Helen soon to discuss</li> <li>• after the survey evaluations we plan to run some focus groups</li> <li>• it has been mentioned that we need a flyer to promote the memory hub - Helen is following this up</li> <li>• training through Alzheimer's SA for staff at the library has been completed and successful</li> <li>• the Memory Hub needs to be promoted with the public as well as with workers</li> <li>• the Memory Hub has been advertised in the Onkaparinga Magazine Summer edition along with the Ignite your Spark project and Life After Caring Project</li> <li>• The Memory Hub has been nominated for a 2015 Leadership Excellence Award in the category of Excellence in Age-friendly Communities. The awards program recognises outstanding achievement and innovation in local government.</li> </ul>	<ul style="list-style-type: none"> <li>• Sally to email memory hub flyer to all once she has it</li> </ul>
<p>What now?...Umbrella project</p>	<ul style="list-style-type: none"> <li>• the project plan was given out</li> <li>• the project plan explains the integration of all the projects developed by the SSRG in the last 4.5 years brought together under the one umbrella to campaign against loneliness, structuring the campaign in a solution focussed framework to give people options and choice</li> <li>• the campaign will have the slogan... 'what's stopping you'</li> <li>• we will be marketing the campaign with umbrellas bearing the slogan and a desktop calendar - incorporating health tips, wellbeing tips, inspirational/motivational sayings, quotes, useful facts, goals etc</li> <li>• there will be a landing page for the campaign on the SSRG website</li> <li>• there will need to be some kind of event to launch the project – ideas include – a gathering of some sort – a walk with umbrellas</li> <li>• ?idea – to make the calendar a perpetual calendar – will this work as</li> </ul>	

	<p>we want people to write on the calendar and utilise it to its fullest?</p> <ul style="list-style-type: none"> <li>• the group agreed to keep meeting and work on ideas for the calendar</li> <li>• each workgroup will gather relevant information</li> <li>• eventually we will create an 'Umbrella project' workgroup and stop the issue related groups</li> <li>• Sally will be collating the information</li> <li>• ideas for the project include - <ul style="list-style-type: none"> <li>• brain training activities for the calendar</li> <li>• flash mob event as a launch</li> <li>• activate Ramsay Place</li> <li>• give out umbrellas at the entrances to Colonnades on a rainy day</li> <li>• choir singing 'Singing in the rain' as we give out umbrellas – ACH choir, carers choir??</li> </ul> </li> </ul>	
SSRG Planning day results	<ul style="list-style-type: none"> <li>• planning day discussions were based around three things - <ul style="list-style-type: none"> <li>• keeping collaboration going in the south</li> <li>• wrapping up the SSRG</li> <li>• the current key issues in the sector</li> </ul> </li> <li>• discussion ideas - <ul style="list-style-type: none"> <li>• keep collaboration going in some way</li> <li>• maybe meet once a quarter or twice yearly</li> <li>• meetings must have a purpose</li> <li>• create interest groups</li> <li>• go out with a 'bang'</li> <li>• keep meeting at planned intervals through this transition</li> <li>• set up aims and processes for the future</li> <li>• decide level of commitment by agencies</li> <li>• SSRG wrap up – launch of all final initiatives - showcase</li> <li>• celebrate success</li> <li>• charter idea – with community involvement</li> <li>• seek sponsorship – membership fees</li> <li>• keeping website going</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Sally to distribute once notes have been collated</li> </ul>

	<ul style="list-style-type: none"> <li>• keep SSRG acronym but called Southern Sector Representative Group</li> <li>• keep collaboration happening - keep meeting and sharing</li> <li>• identify members roles and share responsibility for sustainability – document to ensure continuity through change of staff – may need a small exec to support funding/roles</li> </ul>	
General discussion	<ul style="list-style-type: none"> <li>• the group discussed the reforms and what it means for SSRG</li> <li>• the group had a discussion on aged care training for workers, Cert III - some training is better and/or cheaper than others - issues around care workers and work readiness – Sally read an article from the Australian Ageing Agenda magazine – ‘Aged care training courses under fresh scrutiny’ by Linda Belardi on January 23, 2015 in Government, Industry</li> <li>• the group were shown City of Onkaparinga’s Summer Magazine January 2015 edition showcasing three projects done by SSRG – How to Deal with Dementia (the Memory Hub), Life After Caring Project and We have Ignition (Ignite your spark project)</li> <li>• the Office of the Public Advocate are providing training sessions on Advance Care Directives – SSRG will be holding two sessions - 19 February at City of Onkaparinga, 1.30 - 3pm; and 6 May at City of Marion on 9.30 - 11am - Free - for providers - can have community members - will be other sessions in other regions</li> </ul>	
Information Sharing	<p>Kate - Alzheimer’s SA</p> <ul style="list-style-type: none"> <li>• the recent renovations have just been completed and staff are now in the new office</li> <li>• Family Carer workshop in Morphett Vale - 17 March – 1.30 - 4pm</li> <li>• Coral works at the Memory Clinic on Mondays and Kate works there on Thursdays</li> </ul>	

	<p>Kate - ECH</p> <ul style="list-style-type: none"> <li>• Day program is full Tuesdays and Thursdays – vacancies on other days - can do transport</li> <li>• clients have been involved in community activities and have knitted 150 poppies to send to Canberra for Anzac Day celebrations</li> <li>• In Home Respite has vacancies - respite for carers up to 3 hours per week</li> <li>• ECH has a new CEO coming soon - David Panter</li> </ul> <p>Terry - City of Onkaparinga</p> <ul style="list-style-type: none"> <li>• few vacancies - up to 3 hours per week</li> <li>• snooker group at RSL may be expanding into a men's group for socially isolated or clients with dementia - can put extra workers in if numbers increase</li> <li>• Sandy starting early onset dementia group at Elizabeth House</li> <li>• starting multicultural group at Elizabeth House – Partnership with MAC - Cafe 94</li> </ul> <p>Gill - Resthaven</p> <ul style="list-style-type: none"> <li>• lot of new clients and increased turn over in last few months</li> <li>• new sewing group has commenced</li> <li>• starting a project on cognitive stimulation therapy - group therapy - cognitive activities - OT's running the groups - Gill facilitating – also have some support workers helping in groups</li> <li>• vacancies at Ridgeway House</li> <li>• won Every Generation photographic award for Memories at Work art exhibition – SALA exhibition</li> </ul> <p>Krystyna - City of Mitcham</p> <ul style="list-style-type: none"> <li>• December and January has been very quiet</li> <li>• 56 transports last week</li> <li>• using taxi service as another transport option</li> <li>• broadening scope on what transport can do</li> </ul>	
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	<p>Mel - Anglicare</p> <ul style="list-style-type: none"> <li>• have 112 home care packages in total - level 1 &amp; 2 available</li> <li>• did have some level 3 &amp; 4 packages available but these get taken up very quickly</li> <li>• HACC packages available for cleaning in the south</li> <li>• moving from Kent Town to Marion next month</li> <li>• audit coming up in April</li> <li>• new HACC transport service - scope for more clients to use it – can be a permanent service for clients</li> </ul> <p>Ashling - Life Care</p> <ul style="list-style-type: none"> <li>• vacancies in residential beds at various Life Care locations</li> <li>• have 4 level 1's and have 8 level 2 packages available in the south</li> <li>• Norman House – run day programs every day except Sunday</li> <li>• new program - Short Break – for client and carer – a range of organised activities and outings – Saturdays – 10am – 3pm</li> <li>• Out &amp; About Club 2 - at Reynella Village Community Hall – Mondays – 10am – 3pm - in addition to existing Wednesday group</li> <li>• Tuesday group meet at Norman House - evenings</li> <li>• vacancies on Friday's at Norman House - more active type of day -</li> <li>• only do overnight Wednesday to Saturday night</li> </ul>	
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**Next meeting date: 3 March 2015**

**Time: 2 pm - 4 pm**

**Venue: Meeting Room 1, City of Onkaparinga**