



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: In Home Services
Date: 22 August 2012

Present: Frances Rennell, Franca Antonello, Patricia Field, Helen Baxter, Melinda Olsen, Sally Warnes (SSRG Project Officer), Bev Bannister (minutes)

Apologies: Jacqui Bowden, Theresa Howard-Jones, Anna Howard, Russell Humphrey

Agenda Items	Discussion	Actions
Welcome & Apologies	<ul style="list-style-type: none">• Patricia Field Chaired the meeting in the absence of Jacqui Bowden• Welcomes and apologies were made• Helen Baxter volunteered that her organisation has rooms available if the group needs a meeting room	
Previous minutes	Minutes approved	
Business arising from minutes	<ul style="list-style-type: none">• Sally, Jacqui and Fiona met to discuss the project. Some suggestions were discussed but they felt more discussion needs to be had with the new project officer once they are on board• 15 applications were received for the position of project officer. Interviews are being conducted next Monday. Interviewing three applicants.	
Discussion Topic – Restorative/re-ablement practice	<ul style="list-style-type: none">• The Allied Health Officer from the Older Persons Mental Health team, Judy, joined the meeting for the discussion on re-ablement• Introductions were made around the room for the benefit of Judy	

	<ul style="list-style-type: none"> • Sally gave a quick rundown about the role of the SSRG • A discussion was had about the types of care packages available and how that will change now that aged care is funded by the Commonwealth • National Aged Care Conference 2012 - information on re-ablement <ul style="list-style-type: none"> • Anne Hollands (Benevolent Society): Wellness and Enablement – Evidence to practice. • Wellbeing= choice, maintain relationships, belonging, dignity & respect • All about halting and reversing decline • Everyone starting with community care should be offered a re-ablement package. • Research says: <ul style="list-style-type: none"> • Goal orientated planning • Multi-dimensional assessment • Multi-disciplinary involvement • Client specific and generic interventions • Time-limited • Pat Sparrow (COTA): What is wellness? • What's important for consumers? <ul style="list-style-type: none"> • Rights and respect – valued for their contribution, address discrimination • Staying fit and healthy –preventative health approach, physical health, mental stimulation, social & community connectedness • Independence – live at home, help with the little things (light globes), make decisions, restorative practice • Information – real people to talk to, know what's available, compare services • Choice and control – in partnership – works best with peer education and support, CDC 1. Rights and Respect – <ul style="list-style-type: none"> • Valued as individuals • Valued for their contribution • Address discrimination • Access to services and support needed 2. Staying fit and Healthy <ul style="list-style-type: none"> • Preventative health approach • Physical health • Mental stimulation • Social and community connectedness 	
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	<p>3. Independence</p> <ul style="list-style-type: none"> • Live at home • Help with the little things (light globes, maintenance) • Make own decisions • Enablement/restorative <p>4. Information</p> <ul style="list-style-type: none"> • 'Walking through a maze blind-folded • Real people to talk to • Know what's available • Compare services • Service quality....'Information is power' <p>5. Choice and Control</p> <ul style="list-style-type: none"> • Consumer directed care • Who, what, when and how? • In partnership – works best with peer education and support • To the level of comfort – way of implementing CDC • Better quality • Avril Fahey - Silver Chain – Home independence program / Re-ablement program • Restorative home care • Person centred • Active participation • Building capacity • Takes focus away from ongoing service provision • We view older people in the 'sick role' • Currently trying a Home Independence program (HIP) Dementia. • Can restoration care benefit people with dementia?? • How can this thinking become the norm?? <p>Group discussion...</p> <ul style="list-style-type: none"> • CALD clients generally ask for help when they are in crisis • Consumer Directed Care will create a niche for clients who will pay to have furniture moved so they can have more 'thorough cleaning' • More workers will be needed in the future but where will they come from? • Training workers will be a problem – do we get more workers from overseas? • We will be working for longer than previous generations have done • Research has shown that Consumer Directed Care clients have been buying non-traditional services – does this reflect that the sector is not providing what 	
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	the clients really want? – currently there are no guidelines on what the client can spend their funds on	
Project Update – Health and Community Informed Choices	<ul style="list-style-type: none"> • Interviews being held next week for the position of project officer • Interview panel will be Sally, Anna Howard (SSRG Steering Committee Chair) and Jacqui Bowden. Alison Bowden will sit in on the interviews but not actually be part of the process • Sally, Jacqui and Fiona’s discussion about the project- points of interest: <ul style="list-style-type: none"> • Re-enablement ‘feel’ and focus to the project • Engage with Medicare Locals – they may be a valuable link • Have a speaker from Medicare Locals to speak to the group • With so many changes happening within the sector the project needs to be sustainable and easy for changes to be made to it • Have training packages as an element of the project • Hopefully at the next meeting we will have more information about the project officer position 	<ul style="list-style-type: none"> • Sally to find out about Medicare Locals and ask about a speaker
SSRG Project Officer report	<ul style="list-style-type: none"> • Carers Workgroup <ul style="list-style-type: none"> • The carers resource is being trialled at ECH and Onkaparinga and will start shortly at Resthaven • We are receiving interesting evaluation surveys from these trials • The group would like to do a launch of the project with a ‘hat’ theme, maybe in December • Southern Regional Alliance Conference <ul style="list-style-type: none"> • The Working Carers Resource is to be presented at the conference along with a workshop component and a presentation by the Equal Opportunity Commission • We also have a juggler organised for the presentation – to highlight the ‘juggling’ workers experience managing caring and their work roles • Dementia Workgroup <ul style="list-style-type: none"> • All training on Challenging Behaviours is completed. We are still waiting on the evaluations • The group are looking at what other training topics to offer • Also exploring possibilities of a train the trainer model so group members can present training for care workers • Social Inclusion Workgroup <ul style="list-style-type: none"> • The final postcard is at the printers now 	

	<ul style="list-style-type: none"> • There was a split in views across the workgroup as to which type of image to present on the postcard. • The postcard went to the Steering Committee for discussion • The Steering Committee decided on an action research approach and the more 'out there' image as the first trial. • The postcard will be delivered to Christies Beach only by the Messenger Press as the first trial • Working with People in Complex Domestic Environments/Hoarding and Squalor <ul style="list-style-type: none"> • Domiciliary Care has developed a hoarding and squalor staff training resource. This training is now being made available to community service workers as a pilot project in the Western and Southern Adelaide regions. Tuesday 28 August, 1.30 pm at Domiciliary Care, Noarlunga. • Professional Development <ul style="list-style-type: none"> • Enrolled in the course – Diploma of Population Health. (Subsidised training through Skills for All) This will enhance knowledge and skills in the following - conducting community consultations, writing content for media, developing community education programs, implementing community development strategies and 'act as a resource to other services'. • National Aged Care Conference 2012 - Information <ul style="list-style-type: none"> • Mark Butler: Currently aged care workforce 300,000. In the future we will need over a million. 1:20 will be an aged care worker. • 8 National health issues – cardiovascular, cancer, injury, mental health, diabetes, asthma, arthritis/musculo-skeletal, obesity and the 9th has just been confirmed.....dementia. • Distinction between high care and low care will go. • Details about the Gateway currently being worked on – 'my aged care' website. • Ita Buttrose: 6 billion is the direct care costs of dementia. 3rd highest illness cost. • Significant delays in getting a diagnosis. 'How can we live with a system where the person with dementia may never receive a diagnosis?' • Poorly handled in the acute care sector. • Not accessing respite as would like....need greater respite choice/range....consumer directed respite...provide cash, enable consumer to make choices. • Need research!!! 	
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<p>Information Sharing</p>	<p>Melinda – Anglicare</p> <ul style="list-style-type: none"> • Vacancies for HACCC clients – traffic light still on amber – have HACCC packages • Looking at assessing for CAPS as well • Trying to get more social services happening <p>Helen – Stanhope</p> <ul style="list-style-type: none"> • Still has in home respite hours available <p>Franca – Ethnic Link, Uniting Communities</p> <ul style="list-style-type: none"> • Has had a quiet week (which is unusual) and managed to catch up on work <p>Frances – City of Mitcham</p> <ul style="list-style-type: none"> • Traffic lights on amber for domestic assistance • Traffic lights on green for home maintenance and home modifications • Looking at scope with new round of funding • Changes to referral system for home mods • Scope of home modifications is changing • Website is changing – all information will be uploaded for viewing • Flier with new prices for basic services handed out <p>Patricia – Older Persons Mental Health</p> <ul style="list-style-type: none"> • Information sheet on battery-driven window vacuum handed out 	
<p>Next Meeting</p>	<p>Wednesday 26 September 2012 2.30 – 4.30 pm ACH, 17 Elizabeth Rd, Christie Downs</p>	