



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: In Home Services
Date: 26 September 2012

Present: Jacqui Bowden (Chair), Theresa Howard-Jones, Joyleen Thomas (BPP), Lyn Zeidler (BPP), Deb Logos, Sam Berry, Lisa Elder, Sam Bartalos, Emma Kruszewski, Russell Humphrey, Patricia Field, Fiona Paterson, Lorelle Hunter, Louise Fuller, Sally Warnes (SSRG Project Officer), Bev Bannister (minutes)

Apologies: Franca Antonello, Deborah Bluntish, Melissa Evans, Anna Howard, Frances Rennell, Kathy Monks

Agenda Items	Discussion	Actions
Welcome & Apologies	<ul style="list-style-type: none"> • Welcomes and apologies were made • Welcome to new members, guest speakers and those attending from the Social Inclusion Workgroup to hear the guest speakers • Introductions were made around the table • Noted that Sue Johnke has resigned her position at Life Care and will no longer be attending meetings 	
Previous minutes	Minutes approved	
Business arising from minutes	<ul style="list-style-type: none"> • Sally still to find out about Medicare Locals • Amend spelling on Frances surname in previous minutes 	<ul style="list-style-type: none"> • Bev to amend minutes
Introduction to new Project Officer	<ul style="list-style-type: none"> • Louise was introduced and welcomed as the new Health and Community Informed Choices project officer • Louise gave a brief introduction about herself and her background 	

<p>Guest Speakers – Joyleen Thomas and Lyn Zeilder from the Better Practice Project</p>	<ul style="list-style-type: none"> • Joyleen thanked everyone for giving her and Lyn the chance to come and talk to the group • A background of the Better Practice Project was given • The Better Practice Project, funded by Home and Community Care, works with a large range of agencies throughout South Australia across the sectors of aged care, disability, mental health, vulnerable adults and ethnic community services. The Project provides support, information, training, resource development, mentoring and consultation around the review and development of service models, in partnership with these agencies. It articulates a service model that enhances the citizenship, roles and life strengths of the Home and Community Care target groups. • The Better Practice Project first identifies the needs of older people in the community to assist the planning and design of the unique aged care service with emphasis on giving the elderly the capability to play a crucial role in the planning and delivery of their own care. From here identification is made of the skills and training which care service workers need to be equipped. A series of interactive, experiential training workshops are then conducted for the aged care service providers. Continual feedback from the workshops facilitates the ongoing development of materials. After evaluation, the learned skills can then be applied. • The Better Practice Project has various resources available that can be found on their website https://www.agedcommunity.asn.au/professional-development/better-practice-project • The Better Practice Project will present /talk to any group and can develop or tailor training courses/workshops to suit your organisation's needs • The SSRG are able to host a workshop if members wish. Sally is interested in the Keeping Connected workshop for those involved in social and community programs. The workshop addresses the issues of loneliness, community connections and developing an enabling approach. • The social links guide that ACH has developed through the innovative projects is being used in conjunction with the handbook in mentoring and will be on the HACC website soon • Training can be provided for volunteers as well • Southern Councils – Setting up for Success in the South - packages are currently being printed and will include the positive ageing DVD and coordinators handbook 	

	<ul style="list-style-type: none"> • Training discussion <ul style="list-style-type: none"> • SSRG to support sessions for Keeping Connected workshops • More specified training can be delivered later on • Ideally, run the same course several times for up to 20 people per session over various times and at various locations • It is a three hour workshop • Who is the target audience? – coordinators, volunteers, care workers – a mixed group -training can be done for all • Do at least one session before the end of 2012 • Sally to organise dates with Joyleen and then inform the group • A link to the Better Practice Project to be put on the SSRG website 	<ul style="list-style-type: none"> • Sally to arrange dates and send information to group • Bev to put BPP link on website
Discussion	<ul style="list-style-type: none"> • Information on SSRG needs to be given to the ACAT team – ACAT do not know enough about transport and services in the Onkaparinga region • Keep the BPP in mind when we want training in the region – we should utilise their services more • TACSI have a project, Care Reflect, which is about getting care workers together to discuss strategies amongst themselves – discuss ideas, problem solving and creativity. 	<ul style="list-style-type: none"> • Sally to read her TACSI literature and look into this project a bit more
SSRG Project Officer report	<p>Health and Community Informed Choices –</p> <ul style="list-style-type: none"> • Sally, Louise and Jacqui met to discuss the project – how do you present information to the health sector so they will read / use it? • Could we make an app and present the information to people in this way? – There are a few apps which are used by the health sector that we could use as a model • If we made an app we would still need another version of the project for those that do not have access to mobile phone apps • Could we have an app for the computer? • Need to define the target audience of the project • SSRG need to own the app so that information can be updated <p>Innovative Project Forum - showcasing projects in the southern region. The forum is scheduled for 23 November at the Marion Hotel</p>	

	<p>Be Confident, Stand Up and Deliver – presented by the Better Practice Project on 29 November at the Marion Hotel. This workshop will invigorate your training and presentation skills. The aim is to provide a range of practical strategies and tips that participants can take away from the workshop and put into practice immediately.</p> <p>Dementia Training - The DTSC in collaboration with the SSRG are organising younger onset dementia training sessions – scheduled for 5 December 2012 at Onkaparinga and 13 February 2013 at Marion</p> <p>Appreciative Inquiry for Adaptive Change – Jeremy Scrivens. The collaborative projects are jointly organising workshops by Jeremy Scrivens. One workshop will be held in the ‘hills’ region and the second will be for the metropolitan areas – at Burnside Ballroom. The Burnside workshop is scheduled for October 25</p>	
Information Sharing	<p>Fiona – Metropolitan Referral Unit</p> <ul style="list-style-type: none"> • Business as usual • Gave a brief description of what the Metropolitan Referral Unit offers • Will be an apology for the next meeting <p>Theresa – Resthaven Marion Respite</p> <ul style="list-style-type: none"> • Vacancies in a lot of programs/groups and at Hersey Cottages <p>Patricia – Older Persons Mental Health</p> <ul style="list-style-type: none"> • Would like the reablement topic discussed at the last meeting left on the agenda for more discussion • Working with her OT’s using this enablement approach in their work • Would like to know some people already using this practice that her OT can contact for information – Esther Westra from ACH was suggested <p>Lorelle – AHCP</p> <ul style="list-style-type: none"> • Has been in her role for four months • Covers the southern region • Connecting into other key services • Working on doing some social activities with clients • Client information day tomorrow with key speakers eg SA Ambulance • Strengthening working relationships with clients and key services • Having people come in to teach AHCP staff what the packages involve • Offer basic services such as domestic, local shopping, basic weed removal <p>Deb – City of Mitcham</p> <ul style="list-style-type: none"> • Domestic assistance – traffic light on amber • Rails - traffic light on amber 	

	<ul style="list-style-type: none"> • Home maintenance - traffic light on green • Aware of additional needs for people in bushfire risk areas – looking to allow extra couple of hours to look at gutters etc <p>Jacqui – ACH</p> <ul style="list-style-type: none"> • HACC services - traffic light on red • CACP'S – full • EACH'S – full – waiting list • ACAT have struggled to do assessments in our region. • Dementia services has vacancies in a couple of their clubs • Life Care - Out n About at Aldinga has vacancies <p>Sam – ACH Therapy Services</p> <ul style="list-style-type: none"> • No restrictions on services • Within health services – have opened up podiatry again, massage, physio, water classes starting again • OT- lots of referrals to work through • Most of allied health services have vacancies <p>Russell – ACH – Home Assist</p> <ul style="list-style-type: none"> • Maintaining all services • Maintenance - going well • Security - has vacancies • Modifications – trying to provide what clients want but do have some restrictions as to what they can do • Garden support – open again – providing lower level services • Domestic – short term always open – long term is limited 	
Next Meeting	<p>Wednesday 24 October 2012 2.30 – 4.30 pm Springbank House, 1020 South Road, Edwardstown</p> <p>Bring your own coffee!</p>	