



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: In Home Services**  
**Date: 26 March 2014**

Present: Jacqui Bowden (Chair), Russell Humphrey, Margaret Potts, Janet Kelly, Theresa Howard-Jones, Diane Lorimar, Fiona Paterson, Judith Gooden, Jenny Smith, Keith Bettany, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Franca Antonello, Frances Rennell, Michelle Courts, Shelley Simpson, Leanne Taylor, Helen Hansen

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none"><li>• welcome and apologies</li><li>• introductions were made around the table</li></ul>	
Previous minutes & business arising	<ul style="list-style-type: none"><li>• previous minutes accepted</li><li>• Sally informed the group about the topics that the guest speakers are covering today</li><li>• still negotiating with the IT department about the <a href="mailto:info@ssrg.org.au">info@ssrg.org.au</a> address not working</li></ul>	
App update	<ul style="list-style-type: none"><li>• have not contacted Messenger Press re marketing of app because of SAHA opportunity</li><li>• Sally attended a workshop run by Southern Adelaide Health Alliance</li></ul>	

	<p>(SAHA), 'driven' by Medicare Local – attendees were a mix from both health and community sectors and the aim was to identify possible 100 day projects that could be started now. One of the groups was discussing discharge planning and how better information can be accessed by the health sector. The Seniors Southern Services Directory App was presented and the group were enthusiastic about possibly designing a project around marketing the App.</p> <ul style="list-style-type: none"> <li>• collaborating with South Adelaide Health Alliance, Medicare Local regarding a 100 day project to market the app, particularly to the health sector - starting 1 April</li> <li>• Judith from hills region is investigating having the app adapted for her region</li> <li>• total App downloads = 331 (predominantly iPhone/iPad) 78.2 % of users are Female 21.8 % of users are male 48.9% of users are aged over 55 years 30.40% of users are aged between 35-54</li> </ul>	
<p>Jenny Smith – SA Dental Service</p>	<ul style="list-style-type: none"> <li>• through a variety of dental programs SA Dental Service is committed to improving the oral health of older people living in South Australia</li> <li>• an information pack was given out to the members</li> <li>• to view more information on what services are provided and participating dental clinics visit <a href="http://www.sadental.sa.gov.au">www.sadental.sa.gov.au</a></li> </ul>	
<p>Judith Gooden - Positive Ageing Project Officer</p>	<ul style="list-style-type: none"> <li>• presented / discussed with the group about the enabling approach or reablement and the importance of changing culture <ul style="list-style-type: none"> <li>➢ currently doing trials of reablement training in the hills</li> </ul> </li> </ul> <p>The essence of the enabling approach is:</p> <ul style="list-style-type: none"> <li>➢ Supports individuals to live at home in their community.</li> <li>➢ Focuses on what each person <b>can do and wants to be able to do</b></li> </ul>	

	<ul style="list-style-type: none"> <li>➤ Actively involves each person in setting and achieving goals that are <b><i>important and meaningful to them</i></b></li> <li>➤ <b><i>Builds on individual strengths and preferences</i></b> – people learn or relearn skills for independence and choice</li> <li>➤ the evidence suggests that older people value meaningful activity, participating and not being a burden and they value interdependence ie belonging and reciprocity</li> <li>➤ some of the challenges – <ul style="list-style-type: none"> <li>➤ resistance to change and challenging service provider ‘mindsets’</li> <li>➤ thinking differently about outcomes rather than ‘outputs’</li> <li>➤ challenging consumer and service provider expectations</li> <li>➤ asking the right questions to get people’s goals in their own words</li> </ul> </li> <li>➤ The group are keen to do some work around enablement.....possibly informing the community – possibly share Judith’s enablement work? - could we do some sort of train the trainer workshop?</li> <li>➤ view attached presentation</li> </ul>	
--	---	--

**Next meeting date: 23 April 2014**

**Time: 2.30 – 4.30 pm**

**Venue: Carer Support, 241b Main South Rd, Morphett Vale**