



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: In Home Services**  
**Date: 25 February 2015**

Present: Frances Rennell, Prue Oake, Janet Kelly, Theresa Howard-Jones, Megan Andrews, Di Lorimer, Fiona Paterson, Russell Humphrey, Sally Warnes(Project Officer), Bev Bannister (Minutes)

Apologies: Franca Antonello, Keith Bettany, Leanne Taylor, Shelley Simpson, Christine Taylor, Margaret Potts

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none"><li>welcome and apologies</li></ul>	
Previous minutes & business arising	<ul style="list-style-type: none"><li>previous minutes accepted</li><li>the last meeting was held in November 2014 - no new minutes</li><li>discussion about the SSRG finishing at the end of October 2015</li></ul>	

<p>Election of chairperson - discussion on future of the group</p>	<ul style="list-style-type: none"> <li>• a discussion was held on whether or not to elect a new chairperson</li> <li>• suggestions were made as to what the group does now – do we keep meeting and have guest speakers come and talk to us?</li> <li>• Ideally...as the workgroups wind down members can choose to be part of the Umbrella Workgroup to complete the project</li> <li>• the In Home Services workgroup could expand into an Aged Care Reform Workgroup to understand/keep up to date with the reform process</li> <li>• the suggested plan is to roll the 4 workgroups into two groups....one of the groups being the 'umbrella project' and the other a Reform group</li> <li>• the group decided to not vote for a new chairperson</li> </ul>	
<p>Seniors Southern Services Directory App update</p>	<ul style="list-style-type: none"> <li>• Louise has come back to review and update the app</li> <li>• app statistics were given out</li> <li>• the statistics on usage warranted the update</li> <li>• the app is being updated so that it is 'reform' friendly and will last</li> <li>• hoping to have the update completed in one month</li> <li>• discussion on My Aged Care website</li> </ul>	
<p>Future of the group and the 'Umbrella Project' – brainstorm information to be included</p>	<ul style="list-style-type: none"> <li>• the Umbrella project plan was given out</li> <li>• the project will integrate all the projects developed by the SSRG under the one umbrella to campaign against loneliness, structuring the campaign in a solution focussed framework to give people options and choice</li> <li>• the campaign will have the slogan - 'what's stopping you'</li> <li>• the aim is to promote the campaign with umbrellas bearing the chosen slogan, with a desktop calendar - incorporating health tips, wellbeing tips, inspirational/motivational sayings, quotes, useful facts, goals etc.</li> <li>• there will be a landing page for the campaign on the SSRG website</li> <li>• there will need to be some kind of event to launch the project – ideas</li> </ul>	

	<p>include – a gathering of some sort – a walk with umbrellas – a flash mob event</p> <ul style="list-style-type: none"> <li>• each workgroup to work on content for the calendar</li> <li>• pictures were shown of the marketing idea for the posters and umbrellas</li> <li>• ideas for the project include - <ul style="list-style-type: none"> <li>• get magnet signs to go on community bus or cars – use image of man in project to promote it more</li> <li>• bus stops posters</li> <li>• ‘Aunt Acid’ jokes to lighten things up a bit</li> <li>• have something about the app on each page - have a symbol/icon that represents the app - tell people to look at the app</li> <li>• is there a community group that can continue on with the app, website and calendar? - how can we get the involvement to continue? - where does everything go once we leave?</li> <li>• someone needs to take ownership of the app etc</li> <li>• discussion on wall versus desk calendar - most community people don’t have a desk calendar they prefer wall calendars</li> <li>• can you have the option of hanging the calendar as well?</li> <li>• pocket diary’s instead - maybe for the handbag – however, too small for client group to read</li> <li>• keep the focus on campaign intent: war against loneliness</li> <li>• ?have 1½ year calendar</li> </ul> </li> </ul>	
Project Officer and reform update	<ul style="list-style-type: none"> <li>• See information sharing</li> </ul>	
Information sharing	<p>Megan – City of Marion</p> <ul style="list-style-type: none"> <li>• waiting list for long term cleaning</li> <li>• short term available</li> <li>• extra money for home modifications and maintenance - only charging</li> </ul>	

	<p>for labour – subsidising key safes, batteries, rails etc.</p> <ul style="list-style-type: none"> <li>• 6 hours gardening per financial year available</li> <li>• social support for shopping and medical</li> <li>• Marion Wave Makers - new aquatics program – aqua aerobics - at SA Aquatic Centre at Marion in conjunction with YMCA - volunteers transport clients and support them - free to clients - had great feedback from this group so far - HACCC funded and coordinated by City of Marion - Thursday afternoons</li> </ul> <p>Theresa – Resthaven</p> <ul style="list-style-type: none"> <li>• NRCP funded so basically all right for now</li> <li>• vacancies everywhere</li> <li>• lots of respite available</li> <li>• starting a third men’s group</li> <li>• walking groups</li> <li>• Hersey Cottage \$15 full day of respite</li> <li>• Ridgeway House operating 24 hours 7 days a week</li> </ul> <p>Di – Life Without Barriers</p> <ul style="list-style-type: none"> <li>• HACCC Life Without Barriers going well</li> <li>• almost at red light for domestic assistance assessments</li> <li>• more aware of people struggling with mobility around the house - needing ramps and rails etc.</li> <li>• MES (Metropolitan Equipment Scheme) - do ramps for no cost; shower rails, magnetic door stoppers etc.</li> <li>• have contractors with agreements with police clearances, please send through referrals for gardening services – contact Di at <a href="mailto:diane.lorimer@lwb.org.au">diane.lorimer@lwb.org.au</a></li> </ul> <p>Frances – City of Mitcham</p> <ul style="list-style-type: none"> <li>• looking for gaps and how we might future plan our services</li> <li>• what will be the impact if we lose group 2 funding?</li> <li>• increased Don Juan Groups – putting on extra trips</li> <li>• extra funding available to provide taxis for appointments</li> </ul>	
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- maintenance and mods have been busy - outputs very high - loads of gardening because of recent fires
- trying to boost social programs
- no waiting list for anything at the moment

Janet – A2HC

- A2HC finishing on 30 June 2015
- A2HC are still the referral centre for ACAT, HACC and Domiciliary Care
- short term planning going on
- still getting referrals in - trying to prioritise
- will eventually start pushing ACATS to My Aged Care - will continue to work on important referrals during this process

Prue – Life Care

- reforms will not change too much at Life Care
- client base growing
- social outings every fortnight until the end of June
- Health and Wellbeing Seminar – 10 weeks – cooking demonstrations, nutrition, exercise, personal security and more – Reynella Village starting 10 February – Payneham starting 12 February
- ongoing groups - Crafty Chat group, Young at Heart group
- vacancies in Social Support and Centre Based Day Care

Fiona – Metropolitan Referral Unit

- programs through MRU are still ongoing
- always services available
- reforms don't seem to be affecting MRU
- might get more referrals to keep people out of hospitals with the announced changes to hospitals & health care happening

Russell - ACH

- all programs open - no waiting lists for most

	<ul style="list-style-type: none"> <li>• modified domestic service so no waiting list but giving less services in a shorter time frame – waiting for My Aged Care</li> <li>• some changes in staff already - no coordinator for domestic services - work spread out amongst everyone else</li> <li>• short term is open (criteria – HACC eligible clients, coming out of hospital etc. - crisis only)</li> <li>• doing lots of modifications and maintenance</li> <li>• disability under 65 - giving short term services until end of financial year</li> <li>• have lots of key safes</li> <li>• level 2 everywhere especially for those that have Centrelink assessments - level 2 packages are not being taken up</li> <li>• relooking at gutter cleaning - was on hold - can restart now</li> </ul> <p>Sally - SSRG</p> <ul style="list-style-type: none"> <li>• please take bookmarks to distribute for the Life After Caring project</li> <li>• the Office of the Public Advocate are providing training sessions on Advance Care Directives – SSRG will be holding two sessions - 19 February at City of Onkaparinga, 1.30 - 3pm; and 6 May at City of Marion on 9.30 - 11am - Free - for providers - can have community members - will be other sessions in other regions</li> <li>• LGBTI training facilitated by Uniting Communities - Tuesday 31 March at Mitcham Council - full day</li> </ul>	
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**Next meeting date: 25 March 2015**

**Time: 2.30 - 4.30 pm**

**Venue: Carer Support South, Morphett Vale**