



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: In Home Services
Date: 26 February 2014

Present: Jacqui Bowden (Chair), Theresa Howard-Jones, Franca Antonello, Karen Peddle, Frances Rennell, Janet Kelly, Michelle Courts, Robyn Smith, Fiona Paterson, Sally Warnes (Project Officer), Bev Bannister (Minutes),

Apologies: Margaret Potts, Keith Bettany, Mark Liebich, Helen Anderson, Leanne Taylor, Penny Foster, Russell Humphrey

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• welcome back Jacqui Bowden as chair• introductions around the table• thank you to Russell for doing such a great job in Jacqui's absence, round of applause for Russell!	
Previous minutes & business arising	<ul style="list-style-type: none">• the group read through the minutes• previous minutes accepted• planning day - thank you to Theresa for attending on behalf of the group – it was great having workgroup members attend – helps feed into what the steering committee are thinking – ‘seeing things at both levels’	

<p>Result of Steering Committee Planning day</p>	<p>Five key areas were established:</p> <ul style="list-style-type: none"> • Remaining independent and healthy <ul style="list-style-type: none"> • Support a regional reablement model through a strength based approach offering advice, support and information on natural resources and opportunities in the community to reduce dependence on services • Carers <ul style="list-style-type: none"> • To maintain Carer Visibility • To preserve Carer Funding • To strengthen the Carers Voice <ul style="list-style-type: none"> • Empowerment • Education • Consultation • Emerging trends (research) <ul style="list-style-type: none"> • Give a voice to older women at risk of homelessness • Increase awareness of younger onset dementia to promote accurate, timely diagnosis • Increase awareness of the impact younger onset dementia has on the broader family, friends and carer network. • Increase number of appropriate respite, services and support for people with younger onset dementia in the southern region • Consumer Directed Care <ul style="list-style-type: none"> • Increase clients' understanding about consumer directed care, in particular goals and how to identify them for themselves • Increase the number of staff using open ended conversations to support consumer direction and choice • Community transport <ul style="list-style-type: none"> • Establish and strengthen collaboration around community transport including advocating for a sustainable model, raising awareness and education 	<div data-bbox="1115 560 1364 660" style="border: 1px solid black; padding: 5px; width: fit-content; margin-left: auto; margin-right: auto;"> <p>Self-Advocacy</p> </div>
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	<ul style="list-style-type: none"> • want to find a new direction for this group – that fits into the established key areas • It would be good to find a topic to regenerate interest in joining the group • It may be possible for us to support Jo (CPN) in running some sort of transport forum – she is also a member of the steering committee • discussion on CDC and managing your own funds - if consumers' manage the package themselves it is possible to also get a subsidised transport from a different provider • discussion on aged care services and disability services - once a person reaches the age of 65 years if they are receiving disability services, disability still provide the services but the aged care sector pay for it • information from the National Aged Care Alliance Home Care & CDC Advisory Group and Gateway Advisory Group Communique's were read out and discussed • the Commonwealth Home Support Program fact sheet and Commonwealth Home Support Program information from Living Better Living Longer website were also read out and discussed • one project option could be ageing and technology which has previously been suggested • ARAS are developing a kit for service providers to use at their staff meetings re CDC • COTA are developing training re CDC for consumers • Judith Gooden, the Positive Ageing officer in the Hills has a training package on enablement which she is trialling - could we look at that and work with her to add to it...complement it in some way? • Maybe a 'What if?' for clients – if we did this would it help? If we did it this way would that help? How to have conversations with clients to give them options and consequences - be understanding and sensitive – think outside of the square – does positive psychology have a role to play? 	<ul style="list-style-type: none"> • Sally to talk with Judith, invite her to a meeting or get information from her to share with the group re enablement

<p>Seniors Southern Services Directory Report</p>	<ul style="list-style-type: none"> • app is now available for android and apple • quick recap of app history for new member – viewed app on the iPad • Hills interested in using it for their region...adding some Hills specific information to it • Sally went to an event run by Southern Adelaide Health Alliance, driven by Medicare Local – attendees were a mix from health and community sectors and the aim was to identify possible 100 day projects that could be started now. One of the groups was discussing discharge planning and how better information can be accessed by the health sector. The Seniors Southern Services Directory App was presented and the group were enthusiastic about possibly designing a project around marketing the App. • The City of Mitcham will promote the app in the mail out they are doing to GPs soon • libraries are another place to target for promotion of the app • do not have current amount of downloads at present – there is a problem with our generic email address • discussion on benefits of app and what it is best used for and how to keep it going • could we get a sponsor to fund it's upkeep? • ideal dream is to have someone else to take over the upkeep of the app 	<ul style="list-style-type: none"> • Bev to recheck SSRG email address again - get it fixed • Sally to send the app media release and email links to all again to promote in their magazine/newsletters • Sally to also send the media release to the Messenger Press newspaper
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Next meeting date: 26 March 2014

Time: 2.30 – 4.30 pm

Venue: ACH, 17 Elizabeth Road, Christie Downs