

CITY OF ONKAPARINGA Memory Hub



AWARD WINNER!

2015 Leadership Excellence Award for
Excellence in age friendly communities
Awarded by Local Government Professionals SA

WHAT IS THE MEMORY HUB?

The Memory Hub enables people living with dementia, their family, carers and others direct access to the vital information and resources they need.

Located at Noarlunga Library, it was developed in conjunction with the Southern Services Reform Group, Alzheimer's Australia and City of Onkaparinga libraries and is the first of its kind in Australia.

WHO IS THE MEMORY HUB FOR?

The Memory Hub is for those affected by dementia and memory loss, their carers and anyone in the community who may be looking for information, support and resources on any dementia related condition.

WHAT RESOURCES ARE AVAILABLE?

- **Books** on topics such as memory loss prevention, understanding, coping and caring, as well as books for brain training and memory exercises.
Available for 4 week loan
- **CDs and DVDS** - Old time music and movies to entertain and relive nostalgic times.
Available for 2 week loan
- **Activity and Reminiscence Kits** contain a variety of activities, puzzles and books designed to keep the mind active.
Available for 2 week loan
- **Information sheets and brochures** from support agencies and organisations providing information on support, assistance available as well as other related health information.

For further information on the Memory Hub please contact Noarlunga library on 8384 0655