



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Workgroup Meeting**  
**Workgroup: Social Inclusion**  
**Date: 11 September 2012**

Present: Lynda Macphail (Chair), Sadie Goddard-Wrighton, Kristina Barnett, Karen McDougle, Heather Trainor, Duncan Muirhead, Vanessa Leane, Maxine Cape, Lisa Elder, Sam Berry, Sally Warnes (Project Officer), Bev Bannister (minutes)

Apologies: Rima Sallis, Karen Beeching,

Agenda Items	Discussion	Actions
Welcome & apologies	Welcomes and apologies made Introductions were made around the table	
Previous minutes/business arising	<ul style="list-style-type: none"><li>• Members read through the minutes</li><li>• Minutes approved</li><li>• Sally still to contact Messenger Press – put on hold for the moment</li><li>• Thank you for responses to questions re what your organisation does – these will be collated making it easier for those answering calls from the postcards</li><li>• We could do information gathering like this for the inner and outer south in the future?</li><li>• Postcards to be sent out week starting 24 September</li><li>• Lisa and Sam will have a set of key questions and tally all results</li></ul>	
Project Discussion	<ul style="list-style-type: none"><li>• This is the first attempt at a postcard trial and it will be an action research based trial</li><li>• The finished postcard was shown to the group</li><li>• Postcards to be sent out week starting 24 September</li></ul>	

	<ul style="list-style-type: none"> <li>• Posters and extra postcards will be distributed in the week of 24 September to doctors and chemists etc in the same area</li> <li>• It is difficult to achieve an image that is right for all</li> <li>• If we do not have a good response we will trial a more conservative image in a similar suburb</li> <li>• Some members felt the image chosen showed hidden desires eg a desire to be free and younger and able to do those types of activities again</li> <li>• Some socially isolated people may not respond to any type of image</li> <li>• SSRG have money put aside to trail another postcard if need be</li> <li>• Lisa has a set of questions she normally asks clients so will use these plus more, Sally to discuss questions with Lisa</li> <li>• Planning to do another trial in Holdfast Bay early next year</li> </ul>	<ul style="list-style-type: none"> <li>• Sally and Lisa to liaise regarding questions</li> </ul>
<p>Sharing of innovative case studies</p>	<p>Sadie –</p> <ul style="list-style-type: none"> <li>• social mapping project – looking at what services were already available for HACC clients</li> <li>• lots of thriving community centres</li> <li>• work with COTA – focus groups</li> </ul>	
<p>Project Officer report</p>	<ul style="list-style-type: none"> <li>• <b>In Home Services Workgroup</b> ‘Health and Community Informed Choices’ – a project aimed at creating a resource/system to promote a smooth transition for consumers from acute care to community care. The project officer has been recruited and commences in the position 24 September 2012. Joyleen Thomas will be talking to the group at the next meeting about social links – keeping connected. The Social Inclusion group is invited to attend to hear Joyleen talk and participate in the discussion.</li> <li>• <b>Carer Issues Workgroup</b> The trial of the working carers resource continues. Surveys are giving some interesting insights and attitudes about working carers. The workgroup are presenting the resource at the Southern Regional Alliance Conference this week with Robyn Dwight from the Equal Opportunity Commission.</li> <li>• <b>Working with People in Complex Domestic Environments/Hoarding and Squalor</b> Domiciliary Care has developed a hoarding and squalor staff training resource. This training is now being made available to community service workers as a pilot project in the Western and Southern Adelaide regions. Tuesday 28 August, 1.30 pm at Domiciliary Care, Noarlunga.</li> </ul>	<ul style="list-style-type: none"> <li>• Sally to send invitation to attend to all of Social Inclusion workgroup</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Dementia Workgroup</b> The training sessions - Problem Solving for Challenging Behaviours for care workers are finished. The evaluations were positive, providing sound evidence supporting the value of this project. The group are now exploring training around 'enhancing independence' for people with dementia.</li> <li>• <b>Innovative Projects Forum</b> Showcasing projects in the southern region. The forum is scheduled for 23 November. Venue to be confirmed. Joyleen Thomas will be presenting at the forum.</li> <li>• <b>Personal development</b> <ul style="list-style-type: none"> <li>• Sally is enrolled in the course – Diploma of Population Health. (Subsidised training through Skills for All) This will enhance knowledge and skills in the following - conducting community consultations, writing content for media, developing community education programs, implementing community development strategies and 'act as a resource to other services'.</li> <li>• Sally attended a seminar on physical activity – Professor Steven Blair - his research suggests that it is more important to be physically fit than to be 'thin' – being physically fit and overweight does not increase mortality. People can still exercise even with a chronic illness – muscle strengthening exercises also have a positive effect.</li> </ul> </li> </ul>	
Information sharing	<p>Heather – Baptist Care</p> <ul style="list-style-type: none"> <li>• Waiting lists for individual support</li> </ul> <p>Vanessa Leane – St Johns - Circle of Friends</p> <ul style="list-style-type: none"> <li>• Project is about one year old now</li> <li>• Project growing through referrals from Domiciliary Care</li> <li>• Looking at treasured stories project and what it means personally to the clients involved</li> </ul> <p>Kristine – COTA</p> <ul style="list-style-type: none"> <li>• COTA was successful in obtaining a grant to look at those with disabilities – in clubs – online – looking to develop a book</li> <li>• KPI three year grant – introducing social media in a friendly way</li> <li>• Country Community Capers - working with mobile phones and ipads - had a successful pilot in the Marion region – students assisted older people to use the phones and ipads</li> <li>• Looking for more volunteers</li> <li>• Success in linking older people to clubs</li> </ul>	

	<ul style="list-style-type: none"> <li>• Over 50's clubs/networks has had some issues – what do we do if we suspect a client has Alzheimer's – how to manage it – working with Alzheimer's SA – topics: Intro about how the brain works, and strategies tailored to the over 50's club</li> <li>• Looking at doing similar training to assist stroke clients</li> <li>• Would like to work closer with Onkaparinga – concentrating on country areas</li> </ul> <p>Sam – City of Onkaparinga</p> <ul style="list-style-type: none"> <li>• Have been busy</li> <li>• A lot of social calls</li> <li>• Pilot volunteer program – going for one year – all social - recruiting new volunteer</li> <li>• Frail clients who cannot use the community bus any longer can access social transport to attend their clubs</li> </ul> <p>Lisa – City of Onkaparinga</p> <ul style="list-style-type: none"> <li>• Not working closely with clients at the moment while filling in as Transport Project Officer</li> </ul> <p>Maxine – ARAS</p> <ul style="list-style-type: none"> <li>• Conference 17 and 18 June 2013</li> <li>• World Elder Abuse Day 15 June</li> <li>• Workshops available promoting best practice</li> <li>• HACC specific – looking at five areas of rights – particularly advocacy</li> <li>• Sessions lasting 1 ½ hours can be booked for ARAS to talk at your meetings etc</li> </ul> <p>Duncan – Red Cross Transport</p> <ul style="list-style-type: none"> <li>• Hoping to get new cars for the fleet soon</li> <li>• Medical appointments are not a HACC priority but have become a necessary service delivered by Red Cross</li> <li>• Annual joining fee \$25</li> </ul>	
Next Meeting	<p>Tuesday 9 October 2012  9.30 -11.30 am  Civic Area, City of Onkaparinga</p>	