



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Social Inclusion
Date: 14 May 2013

Present: Lisa Elder (Chair), Sam Berry, Karen McDougale, Val Freeman, Jo Maiden, Shijun Huang, Vanessa Leane, Heather Trainor, Emma (student placement), Adelina (student placement), Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Maxine Cape, Lynda Macphail, Sadie Goddard-Wrighton, Kristina Barnett, Cathy Wiseman, Karen Beeching, Madeliene Scicluna

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• the City of Onkaparinga has student nursing placements for three weeks• introductions were made around the table	
Previous minutes & business arising	<ul style="list-style-type: none">• Previous minutes accepted• great ideas from last meeting• Sally and Louise are meeting with Medicare Locals tomorrow• preliminary talks with Mitcham and Marion Councils about the project have gone well. Sally will send them the project proposal and have	

	<p>more discussion with them</p> <ul style="list-style-type: none"> • Sally has approached Toucan to make more postcards and promotional material for us in the new financial year • Sally will demonstrate the app later in the meeting 	
Update on stage 2 of postcard project	<ul style="list-style-type: none"> • Sally gave a recap on the project for the benefit of the new members • we believe there has been three responses to the postcard so far • the letter to doctors and posters are about to be or just have been distributed • does the slow response reflect a more affluent society or something else? • is the fact that phone calls for this phase are going through the front desk acting as a barrier to people calling? 	
Project discussion	<ul style="list-style-type: none"> • do we want this project to be an awareness campaign? • to help make friends and family aware of the issues • de-stigmatise loneliness • promoting positive realistic images • younger older people really struggling with connections • use information we already decided on and treat as an awareness campaign, younger older also included, using banner, postcards etc • the group had a discussion on the National Seniors Productive Ageing Centre research report entitled Staying Connected: Social Engagement and Wellbeing Among Mature Age Australians which explores wellbeing amongst senior Australians • general discussion about people of Asian descent being a more interdependent society than us • need to show awareness of valuing the individual so they feel they are a valued citizen in the community • purpose driven activities and then friendships come later • Sally will play with project proposal and next meeting we will discuss further 	<ul style="list-style-type: none"> • Sally to write the project proposal

	<ul style="list-style-type: none"> • suggestion to have a photo display to represent range of people involved in life activities in the community - to engage other people to become involved in their community – being intergenerational and combining the postcard/banner project – get a professional photographer – get councils on board – travelling display • photography competition idea • make a photo book • we may be able to obtain an every generation grant 	
<p>Vanessa Leane – sharing aspects of her current work and study</p>	<ul style="list-style-type: none"> • PhD in psychology, majoring in what is the meaning or purpose of older people • creating action research initiatives with psychology students on placement with the program • working with clients on a one on one to achieve meaningful goals – and hopefully ongoing friendships • found two volunteers who can now do DVD recordings so now moving from the written words to recording speaking etc • launching Treasured Times Magazine which will enable clients to contribute to their own ‘newsletter’... through volunteers.. • a period of consolidation for a few months so that Vanessa can ‘build’ on the resources and keep in touch with the clients • officially have up to 52 clients and 44 volunteers • just beginning to work with a number of people who live with a disability to create an empowering resource to be used to encourage others who have a disability • reading on why strengths are hidden • how to empower people that enables them to thrive • working at the grass roots practice • Vanessa is learning as she goes what works and what doesn’t • working with volunteers • what motivates the participant and volunteer • Treasured Stories Project - capturing written stories and putting a 	

	<p>value on the person</p> <ul style="list-style-type: none"> • what is important in the sharing of the story and what do they get out of it • utilising student placements to help with clients • have clients being the teacher, mentors, students writing up stories • giving clients purpose/meaning • connections again for clients • values client • domiciliary care giving referrals • nearly at capacity for program • writing up and valuing the project • enabling people to want to give/participate • acknowledge limitations of people but do not judge or dwell on them, value the person for who they are 	
Project Officer report and app display	<p>Sally demonstrated the app</p> <p>No report this meeting</p>	
Jo Maiden - transport discussion	<p>The Onkaparinga Community Transport Information Service is one of the 14 Community Passenger Networks in SA. The service provides information, referral and advocacy regarding local transport options for transport disadvantaged people.</p> <p>Jo Maiden, the Community Transport Project Officer is currently identifying community transport gaps and alternative models for a fully integrated community transport solution in the region.</p> <p>If you have some thoughts and perspectives on particular community transport barriers for your clients or your service, please contact Jo on 8301 7247 or email joamai@onkaparinga.sa.gov.au</p>	

	The group had a discussion on transport issues in the region – Jo noted issues/gaps.	
Information round	No round this meeting	

Next meeting date: 11 June 2013

Time: 9.30 – 11.30 am

Venue: Kingston Room, City of Holdfast Bay