



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Social Inclusion
Date: 10 March 2015

Present: Tonya Mitchell (Chair), Karen Beeching, Susie Born, Elaine Mathieson, Shijun Huang, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Angela Bell, Karen McDougle

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">welcome and apologies	
Previous minutes & business arising	<ul style="list-style-type: none">previous minutes acceptedstill to collate information from the December meeting	

<p>Umbrella project update – War against loneliness</p>	<ul style="list-style-type: none"> • Sally collating all feedback for the calendar to give to the publishers • expand on 'I will' statements • theme of project connects closely with I Can(t) workshops • have 'I am' statements • include statements from Ignite your spark film • brief rundown of project for workgroup members • Sally expanded on the positive elements to go in the calendar - read out some quotes as examples • have a lot of healthy living information that we can utilise • discussion on the type of calendar • 2000 calendars and 1000 umbrellas ordered • showed the images to be used on the posters • viewed Ignite your spark film 	
<p>Commonwealth Home Support Programme guidelines discussion</p>	<ul style="list-style-type: none"> • description of where the collaboratives are positioned in the reform process – the collaboratives sit under Sector Support and Development in the Commonwealth Home Support Programme Manual • the draft copy is out - the central referral point and assessment will be introduced July 1st 2015 • Sally read a scenario from the draft manual that is an example of how it might work • discussion on the changes and how it will affect current services and processes 	
<p>Project Officer Report</p>	<ul style="list-style-type: none"> • DIRC ran the Disability and Aging Expo where the Social Inclusion Workgroup had a stand in 2014 - DIRC do not exist anymore - SIS is taking over the role of running the expos in 2015 • SIS are the auspice of SASMA – SASMA will be running another symposium in conjunction with the Disability and Aging Expo – it will be at the same venue 	

	<ul style="list-style-type: none"> • Memory Hub in partnership with Noarlunga Library - short listed for the LGA Professionals Excellence Award – Age friendly communities - dinner in April and the winner will be announced • Advance Care Directive training Wednesday 6 May at Marion Council • I Can(t) - Lui and Sally have rewritten the program – delivered the workshop to SIS last week and are delivering to consumers at GTRAC next week • Louise is updating/revamping the app • LGBTI training presented by Uniting Communities - Tuesday 31 March at Mitcham Council - full day 	
Information Sharing	<p>Karen - ACH</p> <ul style="list-style-type: none"> • regular programs happening from far south to Coromandel Valley • big interest in iPad training • offering all sorts of training and groups, computer training, tai chi, yoga etc. • fishing group going well • Men’s Shed Programs on Thursday and Fridays at Aberfoyle – dementia specific • Men’s Group every second Saturday at McLaren Vale • regular day programs at Coromandel, Aberfoyle, McLaren Vale, Aldinga, • Riverside Artists at Port Noarlunga • short term lifestyle type sessions offered at Elkanah • movie buff group - starting soon – fortnightly - small group go to cinema then come back and have a cuppa and write a movie review to be published in newsletter • one off outing groups - hunting history groups - eg Old Noarlunga - look at historical things of interest then have lunch • regular lunch and coffee groups happening • Riverview - high level needs – demand for group is high - second Riverview Day Respite Program started at McLaren Vale Club on 	

	<p>Fridays</p> <ul style="list-style-type: none"> • Coastal Capers Group meet monthly - plan where they want to go - minimal interaction with that group - set up so they are self-managing and self-facilitating <p>Tonya – City of Onkaparinga</p> <ul style="list-style-type: none"> • have business cards and brochures for short term shopping • want to ramp up short term shopping and social connections • trying to update blurbs and promotional material on websites • working with Jen (Disability Network Officer) on information sessions relating to lifestyle changes and maintaining connections to home and community - have two daytime and two evening sessions planned – first session is about Downsizing - flyer ready soon - happening in April/May • happy to have ideas and feedback on other topics within the above theme <p>Elaine – Uniting Communities</p> <ul style="list-style-type: none"> • Violets Visitors - trying to expand the program – social visits with their pet • covering all of metro Adelaide • matching clients with volunteers <p>Susie – Baptist Care</p> <ul style="list-style-type: none"> • Lifestyle Program at Hallet Cove - over 65 - or under 65 with a disability or mental health issue – teaching lifestyle skills - cooking, nutrition, caring for your pets, shopping on a budget, reading food labels etc. - running up until June – have 8 to 10 people attending Thursday 1 - 4pm – would like more participants - some transport provided • will be looking into Dolphin Day Cruise - revisiting activity programs - if you see a need or gap in the community let us know - not as many men’s groups - maybe look at activities that target men 	
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	<p>Shijun – Domiciliary Care</p> <ul style="list-style-type: none"> • not sure of future for Domiciliary Care with the reforms • getting more complicated referrals coming through - levels 3 and 4 • Train the Trainer Project - modules 1 to 4 - how to encourage clients to change their behaviour - preparing them for CDC and training the personal support workers to do some of the service coordination. • took part in an online conference a couple of weeks ago - about CDC updates in New Zealand - gerontology talk - how case management is important in CDC as well as social engagement 	
<p>discussion about the future of the group</p>	<ul style="list-style-type: none"> • the suggested plan is to roll the four workgroups into two groups....one of the groups being the Umbrella Workgroup and the other an Aged Care Reform Workgroup to understand/keep up to date with the reform process • the group had a discussion on whether to keep this workgroup going or make this the last meeting • the group decided this would be the last meeting • keep the group mail list so that information can still be distributed to the group about social inclusion related issues and information • maybe using the current booking at ACH for the first Umbrella Workgroup meeting 	

No meetings scheduled