



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Social Inclusion
Date: 11 February 2014

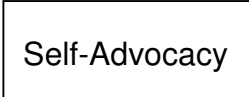
Present: Lisa Elder (Chair), Sadie Goddard-Wrighton, Maxine Cape, Karen McDougle, Claire Frankham, Karen Beeching, Sally Warnes (Project Officer), Bev Bannister (Minutes),

Apologies: Kristina Barnett,

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none"> • welcome and apologies 	
Previous minutes & business arising	<ul style="list-style-type: none"> • previous minutes accepted • the group were asked if they are still interested in having A2HC to come and talk to the group - yes • opening the digital photographic display project up to other workgroups to contribute photos – we have received some photographs from other workgroup members • a discussion was had on the brainstorm results ‘Concerns, Gaps & Issues’- collation of all workgroup responses – which are on the last page of the previous minutes 	<ul style="list-style-type: none"> • Sally to arrange A2HC to come and talk to the group, Sally to also invite other workgroups to attend if A2HC can attend

	<ul style="list-style-type: none"> • Sadie introduced Claire to the group - she is working as a volunteer helping Sadie with her social support program and admin duties at the City of Holdfast Bay • introductions were made around the table • request for Lisa to talk to the group about the Better Practice Project course she was part of - transforming clients lives - self-directed care – and how coordinators can empower clients to take responsibility and make their own decisions 	<ul style="list-style-type: none"> • Sally to add Lisa to the agenda as a guest speaker at the next meeting
Project Update	<ul style="list-style-type: none"> • the group viewed all the photographs collected so far • the presentation will consist of about 60 photographs • we have a good cross section of photographs • will need some quotes or words included in the photographic film - the group had a brainstorm of appropriate words that could be used <ul style="list-style-type: none"> • endless possibilities • opportunity • have a go • join us • connecting • fulfilment • fun and laughter • togetherness • inspiration • it's all there • 'get in touch' – get in touch with a southern council • age is only a number • the group viewed the Berri Estate's video (an example of the developers work) • Sally confirmed with the group that we want the same information on the back of the postcard as previously, but with all four council's contact details • leave it up to Darren to choose which photographs to put on front of postcard 	<ul style="list-style-type: none"> • Karen B to get ACH photos to Sally • Sally to meet with Darren to give him the photos and words to be included • Sally to discuss with Darren about adding 'contact a southern council'

	<ul style="list-style-type: none"> • how do we distribute - put a marketing plan together • market to GP surgery's, pharmacies, online, idea from Karen Beeching to have a networking evening - promoting product and app, inviting all health people – a cheese and greens evening – ACH are thinking of doing it as a networking event inviting doctors, pharmacists, discharge planners, practice nurses, nurses, agencies, service providers etc • could we 'piggy back' this promotion to be included with the ACH event? • perhaps do three events during the year, in different regions? • do we want the photographic film to say anything about social programs - social opportunities? • Darren keen to get our film through social media as well • have a link to video on SSRG website? • Discussion about adding 'contact a southern council' to the film content 	
Project Officer Report	<p>Carers workgroup</p> <ul style="list-style-type: none"> • working on relinquished carers or post-caring project - hoping to be finished by May or soon after <p>Dementia workgroup</p> <ul style="list-style-type: none"> • Memory hub in library – we now have funding to work on this project Sally to write up partnership documents – will be a resource area as well with brochures/ information etc - in Noarlunga library <p>In Home services</p> <ul style="list-style-type: none"> • may create a CDC / reablement group - change focus of group <ul style="list-style-type: none"> • Sally went to an event run by Southern Adelaide Health Alliance, organised by Medicare Local – attendees were a mix of workers from both health and community sectors and the aim was to identify possible 100 day projects that could be started now. One of the groups was discussing discharge planning and how better information can be accessed by the health sector. The Seniors Southern Services 	

	<p>Directory App was presented and the group were enthusiastic about possibly designing a project around marketing the App.</p>	
<p>SSRG Steering Committee Planning Day report</p>	<p>Held had a planning day last week - five key areas were established:</p> <ul style="list-style-type: none"> • Remaining independent and healthy <ul style="list-style-type: none"> • Support a regional reablement model through a strength based approach offering advice, support and information on natural resources and opportunities in the community to reduce dependence on services • Carers <ul style="list-style-type: none"> • To maintain Carer Visibility • To preserve Carer Funding • To strengthen the Carers Voice <ul style="list-style-type: none"> • Empowerment • Education • Consultation • Emerging trends (research) <ul style="list-style-type: none"> • Give a voice to older women at risk of homelessness • Increase awareness of younger onset dementia to promote accurate, timely diagnosis • Increase awareness of the impact younger onset dementia has on the broader family, friends and carer network. • Increase number of appropriate respite, services and support for people with younger onset dementia in the southern region • Consumer Directed Care <ul style="list-style-type: none"> • Increase clients' understanding about consumer directed care, in particular goals and how to identify them for themselves • Increase the number of staff using open ended conversations to support consumer direction and choice • Community transport <ul style="list-style-type: none"> • Establish and strengthen collaboration around community 	

	<p>transport including advocating for a sustainable model, raising awareness and education</p> <ul style="list-style-type: none"> • when we complete the current project, it is important that our next venture fits into one of these key areas – it may mean re-focusing the group 	
<p>Information Sharing</p>	<p>Karen - Resthaven</p> <ul style="list-style-type: none"> • referrals are coming in • vacancies at Ridgeway House • vacancies in the groups • have the scope to do more one off respite 'events' using Hersey and Lane Cottages - looking into this • hoping to get more referrals by through service promotion <p>Claire - City of Holdfast Bay</p> <ul style="list-style-type: none"> • is very interested coming to the meetings and seeing what is happening <p>Sadie - City of Holdfast Bay</p> <ul style="list-style-type: none"> • are now set up to use SMS program to its full capacity and finding mailing lists easier to control using SMS • carers high tea today - 36 carers responded – carers will be asked if they want to meet on a regular basis and possibly have day trips as well • setting up a movie morning starting in March - once a month on Wednesday mornings - already have Cinebuzz cards set up for seniors - trying to do events after hours to accomodate all people - eight people have shown an interest so far • have organised five HACC day trips – Littlehampton - Platform 1; Carrick Hill; Priors at Mt Compass plus two more outings • will be sending a request to all men's group members asking them to go on the mailing list for other outings such as the Westend Brewery, Adelaide Oval and Dry Creek 	

	<p>Karen - ACH</p> <ul style="list-style-type: none"> • vacancies in all groups • revamped McLaren Vale Club group – changing format of groups to become project groups e.g. computer groups, photography lesson etc. where they can stay for lunch if they wish - becoming more like a community program format • McLaren Vale & Seaford on Wednesdays – health information sessions - partnership with Chemplus - at clubs, Seaford library, Seaford Ecumenical Centre, retirement villages - lots of brochures were distributed to advertise • may offer seperate health information sessions in north at Coromandel Valley – working closely with the centre there to use the venue and open up to the wider community • need to focus on networking – most referrals coming in are for cleaning not social – do not have facility to take on community cleaning <p>Maxine - ARAS</p> <ul style="list-style-type: none"> • World Elder Abuse Awareness Day Conference – Monday 16 June 2014 at Adelaide Convention Centre – one day event - • Collaborative projects are going to work closer with ARAS <p>Lisa- City of Onkaparinga</p> <ul style="list-style-type: none"> • LGM management challenge - has been accepted - theme is productive communities – finding it very interesting • trying to focus on creating independence and empowering people - looking at developing a public transport companion theme – demand for community transport is really high – looking at all other options • Hopgood Theatre at Noarlunga have a good range of productions – good for groups • cinemas - people want to get involved - will look more closely at Sadie’s movie morning group and how it runs 	
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Next meeting date: 11 March 2014

Time: 9.30 – 11.30 am

Venue: City of Holdfast Bay, Mawson Room