



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Social Inclusion
Date: 11 March 2014

Present: Lisa Elder (Chair), Sadie Goddard-Wrighton, Karen Beeching, Sharon Beech, Heather Trainor, Angela Bell, Jess Zaknic, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Karen McDougle, Maxine Cape, Shijun Huang

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• introductions were made around the table	
Previous minutes & business arising	<ul style="list-style-type: none">• previous minutes accepted• Sally has contacted A2HC – no reply as yet• all actions completed	<ul style="list-style-type: none">• Sally to follow up and re-contact Lyndal (A2HC)

Project Update	<ul style="list-style-type: none"> • brief overview of the project given for the new members • waiting for completed work for viewing from publisher • some of our photographs are not good enough quality for the zoom in effects - changed concept of display...possibly collage/mosaic - Sally told Darren that stock photographs were not suitable, we want the project to be authentic and natural using our own photographs • will 'double check' consent forms once the display is completed • display can be used in any meeting/conference, media, councils doctors/specialists rooms • postcards will complement the digital display - Sally has emailed all council community program managers to get permission re using council contact details on back of postcards • Sally confirmed with the group that the back of the postcard is to have the same information on it as previously but using all 4 council's contact numbers • can redo the hard copy of social programs in all the region to assist with referral pathways • cannot have all the council logos on the postcard due to space issues – do not want to favour any one particular organisation so only having SSRG and government logo as this covers everyone • marketing idea - ACH are doing a Good Lives event on 9 April and looking for people who want to set up information stalls – SSRG to apply for a stall • City of Marion have an event planned at Coinda - positive ageing theme - at end of May - different speakers, stalls and activities - could promote the project here 	
Project Officer Report	<p>Dementia workgroup -</p> <ul style="list-style-type: none"> • going ahead with the Memory Hub in Noarlunga library • Memory loss information and activities hub based in Noarlunga Library. • Partnering with City of Onkaparinga Libraries & Alzheimer's 	

	<p>Australia SA</p> <ul style="list-style-type: none"> • Sally has completed the Terms of Reference and Memorandum of Understanding for the project <p>SAPOL Home and Personal Safety Presentation -</p> <ul style="list-style-type: none"> • Tuesday 25 March at City of Onkaparinga and Wednesday 2 April at City of Marion – both sessions 10 – 11 am • More attendees welcome <p>Carer Issues -</p> <ul style="list-style-type: none"> • creating a resource for post carers • this is a recognised gap - not funded and little information available • creating an informative webpage • Book by Audrey Jenkinson is being used as a reference <p>SASMA -</p> <ul style="list-style-type: none"> • conference - Living Well in a Complex Life - 17 September 2014 - Morphettville racecourse – Enablement focus 	<ul style="list-style-type: none"> • Sally to resend the flyer for presentations
<p>Lisa's presentation</p>	<ul style="list-style-type: none"> • Lisa attended a series of workshops organised through the Better Practice Project – working on a project 'How we transform the coordinator role and practice so that older people have authority and responsibility over their lifestyle and support arrangements which leads to better lives?' • Lisa shared what she has learnt, some of the improvements she is making to her program, and the strategies she is using • looking at ways that coordinators can focus on strengths and enable and motivate clients to connect with their community and find opportunities to participate in the things they enjoy • challenges faced – <ul style="list-style-type: none"> • Teaching clients to be able to do the activity for themselves eg. how to catch a bus, pay fares, reverse out the driveway – rather than put a transport service in • think outside of the square – find other solutions – do not just put the service in because it is easier • Not everyone is working in this way – have outputs to achieve • families sometimes think a service is needed when the client 	

	<p>would like to be able to do some of the work themselves and keep some of their independence</p> <ul style="list-style-type: none"> • could put together a report from this group and submit it to the Commonwealth, stating statistics, how to achieve best outcomes, what the challengers are and how to overcome them 	
<p>Information Sharing</p>	<p>Karen - ACH</p> <ul style="list-style-type: none"> • vacancies in some groups • remodelled group structure from centre based day care to activity based • health information sessions commencing in southern area • Good Lives event in April at McLaren Vale Club • working on SALA projects - 'silhouettes' • marketing campaign for Port Noarlunga art group - it is not just about painting - last Friday of each month <p>Sadie - City of Holdfast Bay</p> <ul style="list-style-type: none"> • two new programs - • carers 'catch up' monthly – after attending a high tea event, some wanted to continue meeting • movie morning which starts tomorrow – 2nd Wednesday of the month - already have Cinebuzz cards set up for seniors - trying to do events after hours to accommodate all people - eight people have shown an interest so far • Coffee Crawl going well - 2nd Monday in Glenelg - 4th Monday in Brighton – rotating between the two venues • mens group - going to Adelaide Oval, booked Westend Brewery tour for November • have organised three HACC day trips – Littlehampton - Platform 1; Carrick Hill; Priors at Mt Compass • Dare to Dream project continues • Setting up another movie group hopefully at the Windsor in the evenings or weekends <p>Sharon - Uniting Communities</p>	

	<ul style="list-style-type: none"> • job sharing with Jacqui Bunden - both will be attending meetings when can – working on neighbourhood support programs – Friendly Visitors Program, Violet’s Visitors, phone support, telelink, • partnered with Adelaide City Council - created three huge butterflies – worked with the community - workshops weekly – butterflies are going into South Parklands gardens - launch Sunday 30 March • working with Campbelltown Council - old 1950's caravan now named 'colleen the teapot' - Cosy Club – knitting club - will bring flyers to the next meeting <p>Angela - City of Marion</p> <ul style="list-style-type: none"> • 20 volunteers for social support program / transport – shopping, medical, social outing, to community group – re-enabling people, regaining confidence - most clients are aged and frail - must be assessed and eligible • looking at supporting clients ‘de-clutter’ their home using a volunteer to come in and help - not appropriate for hoarding • supporting Polish community group - they had difficulty running the group because of frail ageing – trying to find younger Polish people to get involved to help out • Positive Ageing Day at end of May – information, guest speakers, activities - Karen Peddle organising • social support booklet aimed at clients available for viewing <p>Heather - Baptist Care</p> <ul style="list-style-type: none"> • more funding for individual support is available – client matched with a worker and together they work on clients goals • Silver Citz at Hackham West Community Centre - activities and guest speakers, trips to many of the best tourist spots in and around Adelaide - Includes 3 course meal and activities – 50 years and older – looking for new members • Southern Coffee Group – 65 years and older with mental health issues in the Noarlunga region - northern area to start in April - will meet with them and create a program around what they want • getting ready for HACC audit 	<ul style="list-style-type: none"> • Bev to send invitations to all
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	<p>Jess - Uniting Communities</p> <ul style="list-style-type: none"> • Homeshare SA - an intergenerational scheme for matching older people (65 years and older) with homesharers, who provide practical assistance, companionship and security. Assistance could include cooking, shopping, laundry, gardening and caring for pets. A comprehensive assessment process, including reference and police checks for homesharers, ensures each living arrangement meets the needs and requirements for both people <p>Lisa - City of Onkaparinga</p> <ul style="list-style-type: none"> • part of management challenge 	
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Next meeting date: 8 April 2014

Time: 9.30 – 11.30 am

Venue: Civic Area, City of Onkaparinga