



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Social Inclusion
Date: 12 August 2014

Present: Lisa Elder (Chair), Anisa Leaver, Sadie Goddard-Wrighton, Karen Beeching, Karen McDougle, Kathy Wiseman, Heather Trainor, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Madeleine Scicluna, Shijun Huang , Jess Zaknic, Angela Bell, Lynda Macphail, Maxine Cape (retired)

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• introductions around the table were made	
Previous minutes & business arising	<ul style="list-style-type: none">• previous minutes accepted• discussion about Sally's meeting with Onkaparinga marketing – they will assist with promotion• Holdfast Bay have a TV in the council foyer – may be able to run Ignite Your Spark film• Marion Council want to use the film on the TV in admin building• feedback we have received from the mail out to medical clinics has been positive• ?could we get a quote from southern Messenger Press to advertise	

	<p>project?</p> <ul style="list-style-type: none"> • may not have enough postcards for promotion - ?order more • Lisa is interested in using the Ignite Your Spark 'brand' to promote her social program • Disability and Lifestyle Expo - 7 November - Wayville showground - social programs stand including promotion of Ignite Your Spark - have a double section with small table and chairs to sit and chat • Sally has emailed Southern Medicare Local about promoting the project, waiting to hear back • Sadie yet to talk with cinemas 	
Project Update	<ul style="list-style-type: none"> • Disability and Lifestyle Expo - get a list of what activities are on in the regions – also have newsletters from community centres – have a flyer with useful websites eg SA Community, Meetup • display Ignite Your Spark and SSRG banners at expo • have film rolling as well - play on computer / data projector -maybe set up night before • Ignite Your Spark torches - Bev obtained quote - go ahead and purchase • Mail out to medical clinics - updating mail lists – receiving some 'return to sender' - will give back updated lists once completed • do we want promotional pens as well as torches? – check the budget • purchase banners X 2 • will work out more details on times and contributions etc for the day once closer to the event • libraries to display postcards and posters - put in our council foyer • Noarlunga Hospital are putting postcards in discharge packs for patients - they took 200 postcards • posters sometimes too big – making A4 copies to also distribute • could have some food available on stand - healthy food - fruit or sultanas ?? 	<ul style="list-style-type: none"> • Bev to look at options for playing film continuously at the expo • Sally to order torches • Sally to purchase more postcards and banners • Sadie to put resources in libraries in her region
Project Officer	Dementia	

Report	<ul style="list-style-type: none"> • Memory Hub ready to open early September - sub group meeting next week to organise resource packs - old photos, DVD's, CD's etc - <p>Carer Issues</p> <ul style="list-style-type: none"> • Uploaded post carers information to website – ready to be viewed <p>In Home Services</p> <ul style="list-style-type: none"> • looking at enablement/reablement - presenting I Can(t) workshop to group at next meeting - have presented the 3 week course 2 times and have condensed it into a 3 hour course - have presented this once - maybe possibility of getting funding for developing a train the trainer package • Better Practice Project - 2 October – 9.15am – 12.30pm – Civic Area, City of Onkaparinga - Reablement, Recovery and Wellbeing workshop – this interactive workshop explores how services can support people to recover from significant losses or health events and still lead a fulfilled life • The Seniors Southern Services Directory app - SAHA 100 day project – promoting the app to the health sector - new postcards and jotter pad shown • SASMA Symposium - this conference is focusing on innovative and inspirational ways to promote wellness and enablement. The day will incorporate holistic approaches, practical activities and exploration of the life journey. Common perceptions and attitudes will be challenged. The spotlight will be on strengths, empowerment and change. Participants will be leaving with a toolbox of strategies - 17 September – Morphettville Racecourse -fully booked -180 attendees - have a wait list • Hidden Places, Hidden Lives: SALA exhibition and community forum – this forum will explore how to bring creative arts projects to life in a community setting from conception to performance and the impact projects such as these have on the health and well-being of those involved – 20 August – the exhibition explores through the use of photography a connection with and between the residents and the community. An archive of photographic art as a social documentary, 	
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	<p>exploring and portraying the lives and stories of residents of supported residential facilities whilst considering the broader issues of social inclusion and citizenship for those living with complex needs.</p>	
<p>Information Sharing</p>	<p>Anisa – Red Cross</p> <ul style="list-style-type: none"> • has only been at Red Cross for a short time • Social Support – Community-Companionship-Connection – works with older people who may have functional limitations and experience degrees of social isolation, as well as the unpaid carers of these people. The service aims to improve the confidence and capacity of individuals living at home. Trained volunteers can help clients facilitate a reconnection or maintain ongoing links to community life - funded for social support, information sharing and transport services • Working towards getting volunteers on board <p>Karen - ACH</p> <ul style="list-style-type: none"> • SALA exhibition at McLaren Vale – opened last week and runs for a fortnight – theme - journeys • Riverview respite, Perry Park can do overnight respite • there are now two Saturday groups at McLaren Vale - one week is a men’s group the other week is a mixed group - mainly ladies • iPad training at Coromandel Valley is going really well - health sessions not being attended as well - might re-brand the sessions - change name to sound more appealing to people • fishing group - going really well - going on fishing charter off Wirrina tomorrow, weather permitting - now have a volunteer for the group <p>Heather – Baptist Care</p> <ul style="list-style-type: none"> • organised event - joint Christmas in July • high tea - speaker from Stroke Foundation • Elders program – generally run from the city - thinking of organising some activities from the south - Aboriginal women 50 plus - will network with Aboriginal services - coffee and a yarn 	

	<p>Kathy – City of Marion</p> <ul style="list-style-type: none"> • Carer events for first six months have been well received - meditation - lunch • blokes timeout – the men come and cook breakfast - working well • partnership with ECH - have podiatrist two days a week at Coinda • Growing Friends Group in the garden – they plan and prepare lunch - positive environment for people • lady from Adelaide Koala Hospital came to present to a group – very enjoyable and well attended <p>Karen - Resthaven</p> <ul style="list-style-type: none"> • SALA exhibition in August – working memories photographs at Café Finniss, Marion • starting to offer respite at Lane Cottages at Mitcham on first Saturday of every month • Busy Hands group in south need more attendees - changed focus – asking the client’s what they want to do • vacancies in usual groups at the moment • Ridgeway House do overnight respite on weekends <p>Sadie – City of Holdfast Bay</p> <ul style="list-style-type: none"> • Community Buzz newsletter for HACC residents produced twice a year • Looking for people to join a new HACC photographic group - would like a calendar with before and after photographs - each year would have a different theme • Virginia Nursery Day trip - 14 & 15 October and lunch • Botanic Gardens Walk - 18 November – guided tour of the gardens • Men’s group - Adelaide Oval day and lunch trip was great • M.E.N. (Meet Eat and Natter) launch next Wednesday – Sadie to talk with the men about what they want the program to look like - first meeting at the Watermark Hotel - monthly activity • Coffee Crawl and Lunch Club going well • My Eye Health free information session – 13 August – learn more 	
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	<p>about common causes of vision loss</p> <ul style="list-style-type: none"> • Every Generation event in October - production 'Me 'N Me Mates' followed by a BBQ – 21 October Glenelg North Community Centre <p>Lisa – City of Onkaparinga</p> <ul style="list-style-type: none"> • Resident with chronic illness felt she couldn't leave home and was requesting the volunteer home visiting scheme. By exploring the barriers she has created and working through them, the resident is now going out to an easy yoga class • working with residents under 65 with a disability - supporting them to learn how to use public transport • lady under 65 moved to Seaford and felt quite isolated – she is now learning to use the buses with a volunteer • ladies living in small retirement village are finding it difficult to mix in – are going out together on Friday – all have a common interest • new volunteers - going through process of orientation for driving 	
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Next meeting date: 9 September 2014
Time: 9.30 – 11.30 am
Venue: Civic Area, City of Onkaparinga