SSRG Planning Day 2014

Priority Areas, Outcomes & Actions
Introduction

The Southern Services Reform Group held it's planning and priorities workshop on Monday 20 January 2014.

The workshop was jointly facilitated by the project coordinators of the Southern and Eastern projects. The process used was an adapted form of Results Based Accountability named Actionable Deviant Design. It was developed by the SSRG and ECP over the past 2 years and achieves an action and results based planning outcome within a limited timeframe.
A speed dating version of consultation that results in outcomes being achieved in less than ½ the time of usual planning processes achieves excellent results from a priorities perspective.

The 5 priority areas identified by the SSRG Steering Committee are outlined below. The priorities have also been linked to the Collaborative Projects Strategic Aims and key areas, the Southern Regional Alliance recommendations and the South Australian Strategic Plan.

1. Remaining Independent & healthy
Outcomes:
- Support a regional reablement model through a strength based approach offering advice, support and information on natural resources and opportunities in the community to reduce dependence on services.

Actions:
1. **Articulate a new life planning model with the customer, focusing on strengths and abilities**
- I Can(t) Workshop
- Social Links review
- Reflective practice
- CDC
2. **Influence community bodies in the industry, including GP's, health, Elected Members**
- Workforce training – Action learning (analysis, competencies to be established)
- Community / consumer education (focus groups)
- Pilot program – Dementia Hub at Noarlunga library – establishing a resource in the 'natural environment'

2 Carers

Outcomes:

- To maintain Carer Visibility
- To preserve Carer Funding
- To strengthen the Carers Voice
    - Empowerment
    - Education
    - Consultation

Self-Advocacy

Actions:

1. **Visibility**
- Talk with politicians about carers roles, needs, issues, research, impact of caring, caring burden
- Putting information out in Forums, social media to community
- Link to independence, healthy living and reablement (Relinquished carers project)
2. **Funding**
- Actively apply for funds to address carers role/needs
- Inform funders based on evidence based data from combined service providers, businesses, philanthropic organisations
3. **Carers Voice**
- Set up opportunities for carers to be consulted
- Work on establishing a framework to take issues forward
- Use media to promote carer issues

3. Emerging Trends (Research)

Outcomes

- Give a voice to older women at risk of homelessness
- Increase awareness of younger onset dementia to promote accurate, timely diagnosis
- Increase awareness of the impact younger onset dementia has on the broader family, friends and carer network.
- Increase number of appropriate respite, services and support for people with younger onset dementia in the southern region

Actions

- Seek research opportunities with the Southern Housing Roundtable, Flinders University and other relevant partners and assist to develop broader relationships/networks with private Real Estate organisations and peak bodies
- Empower individuals through education to regain choice and control and access resources to support outcomes for people with younger onset dementia

- Distribute information about younger onset dementia to the community, service providers and GP's using existing information products from Alzheimer's Australia SA
- Distribute information about younger onset dementia support services through social media and living stories.
- Utilise surveys and focus groups to determine training needs of workforce regarding younger onset dementia
- Develop regional innovative practices for working with people with younger onset dementia

4. Consumer Directed Care

Outcomes

- Increase clients' understanding about consumer directed care, in particular goals and how to identify them for themselves
- Increase the number of staff using open ended conversations to support consumer direction and choice

Actions

- Identify successful CDC programs
- Identify appropriate CDC training programs that are competency based
- Distribute information about training programs to providers, their staff and consumers
- Involve consumer representatives and focus groups
- Build consumers' confidence and awareness of rights (I Can(t) program)
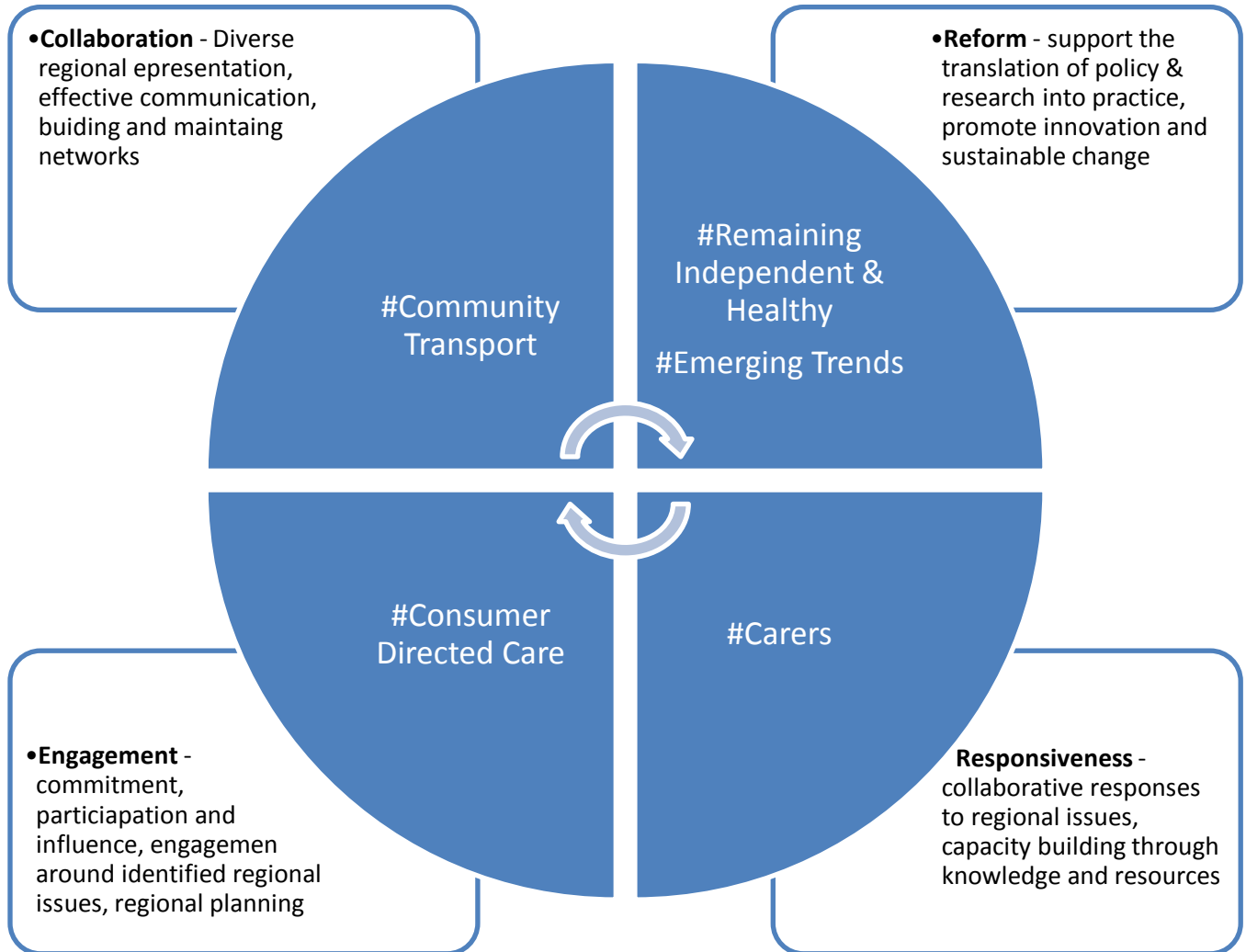
5. Community Transport

Outcomes

- Establish and strengthen collaboration around community transport including advocating for a sustainable model, raising awareness and education.

Actions

- Link with the peak body community transport initiative
- Establish a transport workgroup (to inform possible sustainable models, raise awareness/educate)
- Invite a transport representative to sit on the Steering Committee

Links with the Collaborative Projects South Australia Strategic Aims

- **Collaboration** - Diverse regional epresentation, effective communication, buiding and maintaing networks

- **Reform** - support the translation of policy & research into practice, promote innovation and sustainable change

#Community Transport

#Remaining Independent & Healthy

#Emerging Trends

#Consumer Directed Care

#Carers

- **Engagement** - commitment, particiapation and influence, engagemen around identified regional issues, regional planning

Responsiveness - collaborative responses to regional issues, capacity building through knowledge and resources

Links with the Collaborative Projects South Australia Key Areas 2014

Training
#CDC

Aged Care Reforms

Remaining Independent & Healthy

Workforce Issues
#Emerging Trends

Stakeholder Relationships
#Community Transport

Consumer Engagement
#Emerging Trends
#Carers

Links with the Southern Regional Alliance Recommendations

Recommendation 1: Continue to facilitate, and explore ways to improve collaboration between social and community services in order to improve services for clients, tackle complex problems, and share good practice.

SSRG Outcomes to meet this recommendation:
- Establish and strengthen collaboration around community transport including advocating for a sustainable model, raising awareness and education.
- Support a regional reablement model through a strength based approach offering advice, support and information on natural resources and opportunities in the community to reduce dependence on services.

Recommendation 6: Continue to foster effective links and/or partnerships between researchers and agencies or groups in the region; in order to advance shared goals.

SSRG Outcomes to meet this recommendation:
- Give a voice to older women at risk of homelessness through seeking research opportunities with the Southern Housing Roundtable, Flinders University and other relevant partners and assist to develop broader relationships/networks with private Real Estate organisations and peak bodies

Recommendation 7: Consider ways to engage strategically with policy and planning decision makers to advance systemic action on social determinants of health and equity.

SSRG Outcomes to meet this recommendation:
- To maintain Carer Visibility, including talking with politicians about carers roles, needs, issues, research, impact of caring, caring burden

Recommendation 11: Consider ways to embed principles and practices of asset-based community development and health promotion in the work of relevant agencies and groups in the region.

- Increase clients' understanding about consumer directed care, in particular goals and how to identify them for themselves
- Support a regional reablement model through a strength based approach offering advice, support and information on natural resources and opportunities in the community to reduce dependence on services focusing on new life planning model with the customer, focusing on strengths and abilities

Links to the South Australian Strategic Plan

Vision: We are connected to our communities and give everyone a fair go

Goal: People in our community support and care for each other, especially in times of need.
Target 23: Social participation
Increase the proportion of South Australians participating in social, community and economic activities by 2020.
Remaining Independent & Healthy
#Community Transport

Vision: We are active in looking after our health

Goal: We make healthy choices in how we live.
Target 78: Healthy South Australians
Increase the healthy life expectancy of South Australians to 73.4 years (6%) for males and 77.9 years (5%) for females by 2020.
#Remaining Independent & Healthy

Goal: We are physically active
Target 83: Sport and recreation
Increase the proportion of South Australians participating in sport or physical recreation at least once per week to 50% by 2020.
#Remaining Independent & Healthy

Goal: We assist people to deal with all forms of illness and to live a satisfying life where they can contribute to their community.
Target 85: Chronic disease
Increase, by 5 percentage points, the proportion of people living with a chronic disease whose self-assessed health status is good or better
#Remaining Independent & Healthy

Vision: Everyone has a place to call home

Goal: Everyone can afford to rent or buy a home
Target 8: Housing stress
South Australia leads the nation over the period to 2020 in the proportion of low income households not experiencing housing stress
#Emerging Trends

Planning Session Attendees:

Sally Warnes
Lui DiVenuto
Bev Bannister
Carole Matthews
Alison Bowden
Jen Day
Mandy Tozeck-McPeake
Sharyn Johnson
Marie Noble
Lisa Elder
Coral Sharp
Bronwyn Harding
Teresa Howard-Jones
Meredith McLeod
Emma Leedham
Chris O'Brien
Fiona Pitcairn
Jenny Hughs
Katrina Easton