



SOUTHERN SERVICES  
REFORM GROUP

## **SSRG Project Officer Update – November 2013**

### Annual Report

- Copy of report distributed. Not all appendixes have been attached.

### Carer issues Workgroup

- Continuing project on relinquished carers
- Topics for the resource being researched by group members are: relationships, social, finances, health & fitness, recreation, education, spiritual, grieving, emotions and positive affirmations

### In Home Services Workgroup

- Continuing to market Southern Seniors Services Directory – Every Generation Event at Onkaparinga, Gerontology Conference
- In total the SSRG supported 10 members from the In Home Services Workgroup and one consumer to attend the Gerontology Conference
- The Seniors Southern Services Directory app is being developed for android phone and tablet
- App updates are currently being done
- Total downloads November 1<sup>st</sup> 2013 = 250

### Dementia Workgroup

- Dementia Care Essentials Cert 1V training very successful
- Still waiting for the outcome of the library memory hub concept which has been included in a funding application completed by Seniors Information Service

### Social Inclusion Workgroup

- Phase 3 of reaching the Unreachable – digital photo display, plus postcard – moving ahead slowly. Currently collecting photos.
- Greater focus on changing attitudes, expectations, giving options, motivation

### SASMA / Self-Management

- Organising a self-management conference for September 2014 - broader concepts of self-management – not focusing just on chronic disease. To be titled 'Living Well in a Complex Life'
- Currently on second trial of 'I Can(t)' workshops. First trial was with the Northern Collaborative Consumer group and the second with southern Anglicare clients.

### Consumer Workgroup

- Discussing SSRG projects and aged care reforms
- The group watched the Dan Buettner 'Ted talk' – appeared to motivate the group – it is being used for the 'I Can(t)' program

#### Collaborative Project Officers Planning Day

- Facilitated by Sally and Lui – outcomes based process
- The aim is to strengthen collaboration between the regions
- Have negotiated 5 priority areas to work on, including training, stakeholder relationships, consumer engagement, aged care reforms and workforce issues.

#### SSRG Planning Day

- Executive Committee to meet prior to planning day in 2014
- To be organised early next year
- Outcome based process to be used