



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Steering Committee
Date: 17 September 2012

Present: Anna Howard (Chair), Mandy ToczecMcPeake, Bronwyn Harding, Jen Day, Sharyn Johnson, Carole Matthews, Jenny Sandow, Patricia Field, Monica du Plessis, Sue Green, Alison Bowden (Auspice), Sally Warnes (Project Officer)
Bev Bannister (Minutes)

Apologies: Sharon Tentye, Donna Brownsea, Marie Noble

Agenda Items	Discussion	Actions
Welcome & Apologies	Welcomes and apologies made	
Previous minutes/business arising	Minutes accepted Amend previous minutes – <ul style="list-style-type: none"> • Correct spelling on Sharyn Johnson and Patricia Field's names • Project – to be discussed in Sally's report – forum planning 	<ul style="list-style-type: none"> • Bev to amend minutes
SSRG Project Officer report	<p>Annual Report -</p> <ul style="list-style-type: none"> • The annual report has been submitted to Disability, Ageing and Carers in July. Reporting templates and requirements have changed due to change in funding. The Commonwealth requires similar information to State requirements but in a different format including planning for a three year period. • A copy of the final project report was given out to members • Members examined the report <p>Discussion –</p> <ul style="list-style-type: none"> • Members commented positively on the presentation of the report 	

	<ul style="list-style-type: none"> • A discussion was had about who should see the report - Commonwealth, TAFE? • A discussion was had about the continuing role of the Collaborative Projects because of the change in funding body – the project will progress as ‘normal’ • Is it possible to invite someone from the Commonwealth to attend our meetings? <p>Workgroups –</p> <p>Carer Issues Workgroup –</p> <ul style="list-style-type: none"> • The trial and evaluations of the working carers resource continues • Surveys are giving some interesting insights and attitudes about working carers • Our presentation has been cancelled at the Southern Regional Alliance Conference due to lack of numbers attending the session. The workgroup will have a display/stand with the resource packs and information available <p>Discussion -</p> <ul style="list-style-type: none"> • It has been suggested that workgroup members could visit interested agencies to give presentations and promote the resource <p>Dementia Workgroup –</p> <ul style="list-style-type: none"> • The training sessions - Problem Solving for Challenging Behaviours for care workers are finished. The evaluations were positive, providing sound evidence supporting the value of this project. • The group are now exploring training around ‘enhancing independence’ for people with dementia – are wanting to join with the Better Practice Project and Alzheimer’s to achieve this <p>Discussion -</p> <ul style="list-style-type: none"> • Alzheimer’s NSW are launching two new books about what is dementia and smart housing for dementia. Carer Support has purchased copies of these books to give out to clients • Alzheimer’s linked with a university in NSW working / doing research on the book Smart Solutions for Community Living for People with Dementia • In ‘gap identification’ the Dementia Workgroup felt that there is a lack of training for family carers, however training is available but it has been difficult to get carers to attend • Perhaps do a mapping exercise and find out what training is out there, what is needed and look at the content of available courses <p>Social Inclusion Workgroup -</p> <ul style="list-style-type: none"> • The postcard will be distributed to Christies Beach in the week of 24 September by Messenger Press newspapers • The group are still open to trialling the postcard in a different region at a later date – probably in the Holdfast Bay Council area • There is money available for another trial if required <p>Discussion -</p>	<p>Sally will investigate having representation from the Commonwealth at meetings</p> <p>Contact details of dementia link worker to be given to Mandy</p> <ul style="list-style-type: none"> • Mandy to bring books to next meeting so group can view them
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	<ul style="list-style-type: none"> • Lisa and Sam (Transport and Social Support Program, City of Onkaparinga) will capture comments about the postcard • Possibly put a story in the messenger press to follow up on the delivery of postcard before starting next trial • In Home Services Workgroup – • The new project officer, Louise Fuller, will commence in her role on 24 September • ‘Health and Community Informed Choices’ – a project aimed at creating a resource/system to promote a smooth transition for consumers from acute care to community care • Joyleen Thomas is visiting the workgroup this month to discuss a social links training package – keeping connected - which has been developed from the ‘Alone in a Crowd’ work completed by Dr Mandy Stanley at Uni SA • Consumer Workgroup – • The consumer workgroup continue to give valuable feedback about all SSRG projects • They had very positive feedback about the working carers resource • Discussion – • The Gerontology conference and consumer directed care models were discussed • Workshops and Forums – • Innovative Projects Forum – • Friday 23 November, venue to be confirmed, 1.30 – 4.30 pm followed by Christmas drinks • Will have six speakers presenting on the Innovative projects they were involved in • Sally will look at the projects and invite speakers to present • Be confident, stand up and deliver - • The Better Practice Project will be presenting ‘Be confident, stand up and deliver’ in the southern region in November • Dementia Study and Training Centre - • The DTSC in collaboration with the SSRG are organising younger onset dementia training sessions – scheduled for 5 December 2012 and 13 February 2013 • Discussion - • Could we have modern, contemporary examples of how to/ways to work with younger onset clients as part of the training • Could carers present and give examples of what it is really like to work with / live with clients with younger onset dementia • Alzheimer’s have Kate Swaffer working with them in a consumer advisory role – she was diagnosed with dementia in her late 40’s • Appreciative Inquiry for Adaptive Change – Jeremy Scrivens • The collaborative projects are jointly organising/supporting workshops by Jeremy 	
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	<p>Scrivens. One workshop will be held in the 'hills' region and the second will be for the metropolitan areas – at Burnside Ballroom. The Burnside workshop is scheduled for October 24</p> <p>Understanding developments in the sector -</p> <ul style="list-style-type: none"> • Attended several informative events - the National Aged Care Conference, Hoarding and Squalor Workshop, Physical Activity – Professor Steven Blair and the Gerontology Conference. • Information from these sessions has been passed on to the sector through workgroup meetings <p>Professional Development -</p> <ul style="list-style-type: none"> • Enrolled in the course – Diploma of Population Health. (Subsidised training through Skills for All) This will enhance knowledge and skills in the following - conducting community consultations, writing content for media, developing community education programs, implementing community development strategies and 'act as a resource to other services' <p>Budget –</p> <ul style="list-style-type: none"> • The budget has been updated for the 2012 / 2013 period. Projects are being delivered within budget. 	
<p>The National Aged Care Conference 2012 'Sally's notes'</p>	<p>Mark Butler: Currently aged care workforce 300,000. In the future we will need over a million. 1:20 will be an aged care worker.</p> <p>8 National health issues – cardiovascular, cancer, injury, mental health, diabetes, asthma, arthritis/musculo-skeletal, obesity and the 9th has just been confirmed.....dementia.</p> <p>Distinction between high care and low care will go.</p> <p>Details about the Gateway currently being worked on – 'my aged care' website.</p> <p>Ita Buttrose: 6 billion is the direct care costs of dementia. 3rd highest illness cost. Significant delays in getting a diagnosis. 'How can we live with a system where the person with dementia may never receive a diagnosis.'</p> <p>Poorly handled in the acute care sector.</p> <p>Not accessing respite as would like....need greater respite choice/range....consumer directed respite...provide cash, enable consumer to make choices.</p> <p>Need research!!!</p>	

Anne Hollands (Benevolent Society): Wellness and Enablement – Evidence to practice.

Wellbeing= choice, maintain relationships, belonging, dignity & respect

All about halting and reversing decline

Everyone starting with community care should be offered a re-ablement package.

Research says:

1. Goal orientated planning
2. Multi-dimensional assessment
3. Multi-disciplinary involvement
4. Client specific and generic interventions
5. Time-limited

Pat Sparrow (COTA): What is wellness?

What's important for consumers?

1. Rights and respect – valued for their contribution, address discrimination
2. Staying fit and healthy –preventative health approach, physical health, mental stimulation, social & community connectedness
3. Independence – live at home, help with the little things (light globes), make decisions, restorative practice
4. Information – real people to talk to, know what's available, compare services
5. Choice and control – in partnership – works best with peer education and support, CDC

1. Rights and Respect –

- Valued as individuals
- Valued for their contribution
- Address discrimination
- Access to services and support needed

2. Staying fit and Healthy

- Preventative health approach
- Physical health
- Mental stimulation
- Social and community connectedness

3. Independence

- Live at home
- Help with the little things (light globes, maintenance)
- Make own decisions
- Eablement/restorative

	<p>4. Information</p> <ul style="list-style-type: none"> • 'Walking through a maze blind-folded • Real people to talk to • Know what's available • Compare services • Service quality... 'Information is power' <p>5. Choice and Control</p> <ul style="list-style-type: none"> • Consumer directed care • Who, what, when and how? • In partnership – works best with peer education and support • To the level of comfort – way of implementing CDC • Better quality <p>Avril Fahey - Silver Chain – Home independence program / Re-ablement program</p> <p>Restorative home care</p> <ul style="list-style-type: none"> • Person centred • Active participation • Building capacity • Takes focus away from ongoing service provision <p>We view older people in the 'sick role'</p> <p>Currently trying a Home Independence program (HIP) Dementia. Can restoration care benefit people with dementia??</p> <p>How can this thinking become the norm??</p>	
Other business	Linking Southern Seniors – Active Ageing at Seaford - will be closing at the end of 2012 – this will create a gap in services	
Information round	<p>Bronwyn – ACH</p> <ul style="list-style-type: none"> • Positive feedback about ACH from the Bay to City run – the t-shirts looked good and stood out • Open day – 'Good Life' event – was successful – the memory loss choir did very well • The memory loss choir are working towards a performance at the Festival Centre in October 	

	<p>Jen – City of Onkaparinga</p> <ul style="list-style-type: none"> • Assisting Sally with the Southern Regional Alliance Conference <p>Sue – ECH</p> <ul style="list-style-type: none"> • ACS Conference at the Gold Coast was not particularly informative – a lot of information about technology • First Quality Improvement Process visit under the Community Care Common Standards at ECH • Individual common standards self-assessments will be required • Masonic will not be included in this process as they had recently been through the process • At the National Aged Care Conference Minister Butler announced that the ACAR round will be ‘wrapped up’ before Christmas <p>Bronwyn – ACH</p> <ul style="list-style-type: none"> • The Quality Support leader at ACH won the State Quality Award and then followed on to win the National Quality Award and will be attending the SAGE Conference in Europe • SAGE website – SAGE Tours – can apply for scholarships • UK picked up model – units for life – good model of care – lots of restorative programs <p>Sharyn – City of Marion</p> <ul style="list-style-type: none"> • ACS community – there are a number of sessions on Consumer Directed Care coming up soon and also for service groups two and four – will be advertised through Snippets • Work groups have been put together nationally to give feedback to assist with the health reforms • Peta Brand (ACS) is a member of the gateway working group <p>Carole – Resthaven</p> <ul style="list-style-type: none"> • There are new regulations and reporting systems for HACC – adapting to the changes <p>Jenny – City of Mitcham</p> <ul style="list-style-type: none"> • Local governments got together to discuss the impact on councils re the funding changes - groups two and four – looking at what can be done as a collective and what makes local government unique in how they go about their business • Attended National Aged Care Conference <p>Patricia – Older Persons Mental Health</p> <ul style="list-style-type: none"> • Busy as usual • Currently not attending conferences as funding does not allow <p>Anna – Uniting Communities</p> <ul style="list-style-type: none"> • Vacancies for CALD clients in CACP’s and low level HACC • GLBTI (Gay, Lesbian, Bisexual, Transgender and Intersex) packages have capacity <p>Monica – City of Holdfast Bay</p> <ul style="list-style-type: none"> • Presenting at Southern Regional Alliance Conference on the Baby Boomers project 	<ul style="list-style-type: none"> • Sue to send details of awards and website to Sally for distribution
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	<ul style="list-style-type: none"> • Wrapping up the HACCC Innovative Funding Project – the final product is at the printers <p>Mandy – Carer Support</p> <ul style="list-style-type: none"> • The new southern venue is in the process of being set up and hope to be in by end of November • Address is 241 Main South Road, Morphett Vale • Have recruited an Aboriginal Support Coordinator to be based in the southern office 	
Next meeting	<p>19 November 2012 12.00 pm Christmas lunch Venue to be advised</p> <p>Next meeting agenda item: discuss how the SSRG could work more actively with people from other cultures.</p>	