



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Steering Committee
Date: 22 January 2018

Present: Sally Warnes – SSRG; Helen Carmichael – SSRG; Lui DiVenuto – City of Onkaparinga; Tali Warnock – Anglicare SA; Janine Callegari – Care and Share; Kristy Blackmore – Baptist Care; Monica du Plessis – City of Holdfast Bay; Julia Overton – City of Mitcham; Rima Sallis – City of Marion; Margaret Potts – Carer Support.

Apologies: Craig Gogoll – ACNA; Sarah Nicolas - Kalyra, Carol Mathews – Resthaven; Carly Hamilton – Baptist Care (standing apology, will attend when she can).

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">welcome and apologies	
Introduction, previous minutes & business arising	<ul style="list-style-type: none">previous minutes acceptedintroductions were made around the table	
Guest speaker: Phil Allan, ACSA Sector Support and	<p>Phil gave a brief introduction and history to his role and ACSA.</p> <ul style="list-style-type: none">ACSA became a national association last year, previously state only.Phil's position is an SSD role and the original focus was on workforce planning. Now it is	

Development Project Officer	<p>on wellness and reablement.</p> <p>Wellness and Reablement</p> <ul style="list-style-type: none">• Some confusion on what it means at the State-wide CSHP Managers meeting.• NOUS report on Wellness and Reablement is still not out.• Nov 2017 first workshop, with Helen Sanderson Associates, presented by Amanda Jones. Personal communication approach. Moving from theory to practice. Practical ideas and toolkits to implement wellness.• Bigger providers have done quite a bit in this space because they have the resources over the smaller providers.• There is a need to re-educate the client.• Next city workshop, 21 Feb at ACSA Glen Osmond Rd. Limit 1 person per organisational site. Max 30 (8 spaces going) NO charge to attend.• First country Port Pirie 21 March. <p>Phil keen to be involved in CPO SSD Networking.</p> <p>Economy of scale. Trying to bring the SSD to help bring the smaller groups together, so it is all aligned and working together, having a collective impact, giving the same key messages to the clients.</p> <p>Helen Sanderson & Associates who is running the Theory to practice was recommended to them because of the work they had done in the UK. The feedback from those that have attended has been excellent.</p> <p>The term reablement is often misunderstood.</p> <p>There was a question on how the NFP are evaluating their wellness and reablement work, as some have won awards (Helping Hand). Phil proposed that they have had time and resources to think and implement what they have been doing. They have been looking at the outcomes, using the 'achievements' over 'goals' when working with clients. It's a lot about the terminology used. Communication is key - how to communicate and have conversations with clients.</p> <p>Consumer directed care, some agencies bending over backwards to meet the consumers request. CDC and Wellness & Reablement are like water and oil!</p>	
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	<p>We don't get funding for the advice we provide, only the services.</p> <p>It's not clear to the market (clients) which services are subsidised and which are not (private).</p> <p>Rima suggested we get another SSRG mug with the following... 'Keep calm and collaborate.'</p> <p>Lui suggested 'Collaborate not Competition'</p> <p>Monica suggested getting a whole set of mugs with sayings for supporting implementing wellbeing and reablement.</p> <p>Sal suggested that SSRG could coordinate providing opportunities for experts to bring to providers and leaders to learn new models and best practice, such as the "Better questions workshop" that she is attending in the Northern area soon.</p> <p>The question was raised, 'Do we have the right people in the room that are in a position to influence their organisation, and does it influence change? How can we ensure that we can?'</p>	
<p>Nominations for vacancies in the SSRG Executive Committee</p>	<p>There have been a few resignations from the Executive Committee. Chris O'Brien is no longer at ECH and Jacqui Bowden has resigned from APM (it seems the person who is relieving at APM is not in SA.)</p> <p>There is a limit of only 2 councils represented on the Executive, and that is met. Sal explained what is involved and the terms of reference. Tali Warnock (Anglicare), Kristy Blackmore (Baptist Care) and Janine Callegari (Care & Share) all expressed interest.</p> <p>A decision will be made at the next Steering Committee meeting in March to confirm Exec members. If there are more than 3 nominations the committee will have to vote.</p>	<p>Sally to email all Steering Committee members to see if there are any more nominations.</p>
<p>Project Officer update, include</p>	<p>PO update, as per sheet.</p> <p>Activity Report</p> <ul style="list-style-type: none"> • The progress report has been re-submitted to the Department 20/12/2017 using the new SSD reporting template (as requested). • The next progress report is due 31 January 2018 to cover the period 1July 2017 to 31 December 2018. <p>Aged Care Pathways Workgroup</p>	

- The 'Resource Guide: High Risk Vulnerable People' has been completed and ready for distribution throughout the southern metropolitan region. (Southern content has been added to the work done by the Eastern Collaborative Project)
- Wellness and reablement will be a major focus for this group in 2018.

Dementia Workgroup

- A third co-production workshop is scheduled for 6/2/2018.
- The focus of the project is to identify what a valued respite experience is for people with dementia and how the experience can increase wellbeing (or wellness of both the carer and person with dementia).

Ageing and Technology Workgroup

- The micro web-site which has been developed for the on-line training package 'Technology for Wellbeing' is completed.
- Planning for the launch and marketing will be a priority in early 2018.
- Testing the site will also be implemented.

State-wide Collaborative Projects

- The Celebrate and Collaborate Workshop report will be completed this week and distributed. It identifies themes and possible projects focusing on wellness and reablement with the aim to collaborate with other Sector Support and Development organisations in achieving specific outcomes.
- Further collaboration with other sector support and development organisations is planned for 2018
- Have commenced planning for a Wellness and Reablement Convention in July 2018.

Wellbeing and Resilience Workshops

- The wellbeing and resilience workshops (PERMA) being delivered collaboratively by the southern councils is continuing in 2018. Four 8 week courses have been scheduled, the first commencing 20/2/1018 at the Cove Civic Centre, Hallett Cove.

	<p>Discussion:</p> <ul style="list-style-type: none"> • Could we create a Calendar of Events for any wellness and reablement training, webinars, education, etc that is occurring. • How can we create more consumer education? • Kristy put her hand up to be involved with piloting the Technology for Wellbeing website. To test the program out with their volunteers at Baptist Care. • Monica and Julie will ensure that their libraries have the training website. Rima will to give it to the Neighbourhood centres as well. 	
Discuss actions and outcomes for the 4 priorities identified for 2018	Did not get time to do.	
Information sharing	<p>City of Holdfast Bay, Marion, Mitcham and Onkaparinga – won an OFTA grant Community transport engagement at City of Holdfast Bay Janine – central markets tour for a staff day, staff loved it, very successful</p>	

Next meeting date: 26 March 2018

Time: 2.00 - 4.00 pm

Venue: Mayors Parlour