



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Steering Committee
Date: 26 March 2018

Present: Margaret Potts – Carer Support (Chair); Sally Warnes – SSRG; Lui DiVenuto – City of Onkaparinga; Rima Sallis – City of Marion; Janine Callegari – Care and Share; Carole Mathews – Resthaven; Sean Millar - Older Persons Mental Health; Julia Overton – City of Mitcham; Kristy Blackmore – Baptist Care; Bev Galway - Catalyst Foundation; Katrina Easton – Carers SA; Helen Carmichael – SSRG/City of Onkaparinga; Tania Robertson – ACNA; Stacey Pilmore – City of Onkaparinga; Monica du Plessis – City of Holdfast Bay;

Apologies: Tali Warnock – Anglicare SA; Carly Hamilton – Baptist Care (standing apology, will attend when she can)

Agenda Items	Discussion	Actions
Welcome, apologies & introductions	<ul style="list-style-type: none">• welcome and apologies• introductions were made around the table	
Election for SSRG Executive Committee	<p>There were four nominations put forth with only three positions available. The Executive have appointed Tania Robertson from ACNA and Tali Warnock from Anglicare SA to the Executive Committee, ensuring a broad membership in the committee and are asking the Steering Committee to vote for the last position.</p> <p>Nominees were Kristy Blackmore from Baptist Care and Janine Callegari from Care and Share.</p> <p>The process of voting was explained and each nominee was asked to give their organisations a</p>	

	<p>rap so others would know who they were and what they do.</p> <p>Voting occurred and Kristy Blackmore from Baptist Care was elected and appointed.</p>	
<p>Technology for Wellbeing training site: mini workshop</p>	<p>Prior to running the mini workshop, a quick conversation in pairs was conducted to produce a list of how each organisation is incorporating the wellness approach and reablement.</p> <ul style="list-style-type: none"> • Wellness/holistic approach using development, skill growing, empowerment • Keeping people more socially connected • Helping clients to choose goals • Using mental health wellbeing info sessions called 'A Journey' including information and a focus on creating new habits • Providing info to make informed decisions • Counselling (phone conversations and face to face) and accidental counselling to help enable them to live well, connect with them • Information sessions to provide knowledge about wellness • Support programs (on the busses, options) • Defining the difference between 'wellbeing & wellness' • Collaborating with other agencies, establishing partnerships with others to be enablers • Reviewing programs to: ensure its working, quality assurance, participants are improving and growing, staff helping them to connect with others and then step back so they can become self-sustaining (increases sustainability and reduces dependency) • Public health messages, shift lens to empowerment, embedding wellness and reablement into existing groups <p>A mini workshop about the Technology for Wellbeing website which is a free online training resource for IT coaches of senior learners was conducted.</p>	
<p>Project Officer update, include</p>	<p>PO update, as per sheet.</p> <ul style="list-style-type: none"> • Aged Care Pathways workgroup – Janine Callegari from Care and Share is the new chair. 	

	<p>Helen and I did a strengths session with the group which was good. Vanessa Leane contributed and helped bring to life the application of strengths work with older people. We are now going to develop the workshop as an experiential session for providers.</p> <ul style="list-style-type: none"> • Ageing and Technology Workgroup – Marketing, roll out and evaluation of the website • Co-production project: Resource development and framework. <i>The Life Phases when caring for someone with Memory Loss or Dementia (based on Pagnini, 2005)</i> is being developed by the group to create a framework for the resource guide. • SA Collaborative Projects – 2018 Wellness and reablement event, partnership projects with CPO's • Wellbeing and Resilience partnership project • Because I Can – updated Driving Wheels to distribute. They are now called 'Because I Can: Driving Wellness' • Better Questions Workshop – overview • Activity Report – July 2017 to December 2017 for the Department is not just focusing on outputs as previously. Feedback has been included that has come from workgroup meetings and workshops. (Difficult to include much due to very small word limits) • Roy Inglis from the Department couldn't be here today because he is currently working on CHSP contracts. 	
Information sharing	<p><i>Stacey Pilmore</i> (City of Onkaparinga) - Just completed our State Government audit. We are now waiting for the action plan. On April 1st the CHSP transport contract moved from Red Cross to Noarlunga Volunteer Transport. The transition is now happening.</p> <p><i>Lui Di Venuto</i> (City of Onkaparinga) – Moving the contract for the CHSP transport is an interesting process, because of the type of work we do, we have to remember that we have to transition clients. A suggestion for others undertaking this is to put the transition process into the tender process.</p> <p>We have been successful with the City of Marion, Holdfast Bay and Mitcham to receive shared</p>	

funding for 12 peer champions to co-work with our staff to deliver wellbeing & resilience sessions in the community. City of Onkaparinga is now an approved NDIS provider, effective from the 2 Jan 2018 (NDIA).

On the 13 July, the AAG SA Division Conference - Optimising Ageing, What works, is being held at Tonsely. More info will be coming soon, through Sally. The City of Onkaparinga sends around 20 people each year.

We just purchased a new Mercedes bus, name Blue for the Community Transport Program and it has been an interesting process – we thought we got a good one but there have been some transition issues for our users. Suggestion for those undertaking this in the future, get users involved in informing the selection of a new bus.

Monica du Plessis (City of Holdfast Bay) - Community Transport review - a report to go to council in May looking at a new service model.

Rima Sallis (City of Marion) – Audits: CHSP, service excellence, CPN and SA HACCC. Internally we are reviewing services moving forward for under 65's. For now it's been extended for another year, but things will look different - making it more streamlined.

Janine Callegari (Care and Share) – IT upgrade this week, which will have a great positive impact.

Carole Mathews (Resthaven) – Resthaven Marion, we now have short term care packages that run for 8 weeks of intensive support. We have extra funding for vision impaired support, both equipment and services. Ridgeway House, guests from any location and regular overnight respite offered instead of episodic. Respite cottages have not been used as much on weekends, so we are putting extended activities into these.

Sean Millar (Older Persons Mental Health) – closure of REPAT has made an increase in need for community support, and now with the new Government wanting to open REPAT, we are expecting more upheaval. We have a Step down Ward only and no long stay facilities for older people.

Julia Overton (City of Mitcham) – SA HACCC audit. We are putting a proposal to council to seek to

accept the extension of SA HACC funding. We are partnering with Flinders for a project - Partners in Health. I have resigned, and I am leaving in April, thank you to everyone, the community collaboration has been amazing, thank you for inviting me as a new person to the group. I am taking a state based role in health. My mobile number that you have for me is mine, so contact me on this if you need.

Kristy Blackmore (Baptist Care) – Been involved in SA HACC audit. Baptist Care (we are getting calls for Bap Care which won the role as coordinator organisation for NDIS, a bit frustrating). We are proceeding forward with becoming an Aged Care provider (been years since we have done this). At the moment we have a pastoral care team working in the prisons. We are doing a lot of reviewing. Our volunteers did the wellness and reablement program run by BPP which they really enjoyed, and they have got feedback of how to embed into the program.

Bev Galway (Catalyst Foundation) – I have been on-board for 8 weeks and have come from aged care and nursing. In my first 8 weeks I have employed 5 staff, have 6 grants on the go and I am heading up the Ageing SA service which is our paid programs. Plus, 'Get on board', LGBTI resource guide on the website; Elders Health; Digital literacy for aboriginals (basic 8 week program), and looking to run 'Because I Can' workshops.

Katrina Easton (Carers SA) – Integrated carers support service will be happening, and fully implemented by Sept 2019, tenders will be coming out, first one is the national platform. It is a complete change on how carer support services will be delivered. It's a national network, but there are regional hubs. We don't know how many centres will be in SA. My team and the services will be the same. All services will still be there after September, but just presented differently.

Tania Robertson (ACNA) – No audits for us, but we have assisted to develop the auditing platform for the RAS assessors. I will be going over to Canberra to learn the new NSAF system, which will go live early June. We are expecting massive changes in the system; I have seen two pilot releases. It is a lot smaller, stream lined, easier, and flexible, giving a clearer picture of the client and what they need. Our pilot program is coming to an end with the department. Our first was the 'tell me' and the second the 'show me' - evidence based. It's been a massive process,

	<p>but it has completely changed our referral process, and it is making a difference. [Monica - we have noticed the difference, the goal setting is a lot more meaningful when it comes from your accessors]. Please keep giving us the feedback about what you need so we can get it to the team on the ground, it helps us know what is going on.</p> <p><i>Margaret Potts (Carer Support)</i> – We are opening up a new shop front for youth, in Morphett Vale, which is exciting. We have appointed a new marketing manager and planning manager for NDIS team. Planning for an Audit. There are still a lot of unknowns for us.</p>	
--	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--

Next meeting date: Monday, 28 May 2018

Time: 2.00 - 4.00 pm

Venue: Mayors Parlour