



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Steering
Date: 18 March 2013

Present: Anna Howard (Chair), Alison Bowden, Donna Brownsea, Sharon Brokensha, Sue Green, Maria Johns, Sharon Tentye, Jenny Hughes, Marie Noble, Monica du Plessis, Louise Fuller, Sally Warnes (Project Officer), Bev Bannister (minutes)

Apologies: Jen Day, Sharyn Johnson, Carole Matthews, Jenny Sandow, Mandy ToczekMcPeake, Bronwyn Harding

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• introductions were made around the table to welcoming Sharon Brokensha who will be replacing Donna Brownsea• members were given packs containing –<ul style="list-style-type: none">• previous minutes• agenda• Population Health survey questions and responses• National Aged Care Alliance communique• Living Longer, Living Better – Aged Care Workforce Supplement Employee fact sheet• ACSA’s response to the workforce announcement• News release Minister Jack Snelling• Workforce Innovation Network – Aged Care – Are you reform	

	<p>ready?</p> <ul style="list-style-type: none"> • Social Inclusion report • Project Officer report • Health and Community Informed Choices Project report • Community Services Discharge Checklist for Health Professionals • Illustrations demonstrating the app 	
<p>Previous minutes & business arising</p>	<ul style="list-style-type: none"> • Previous minutes accepted • Peta Braendler will be attending the May meeting to talk about the aged care reforms... particularly about the Gateway • Sally will be on leave for the next meeting 	
<p>Health and Community Informed Choices Project report</p>	<p>Report January to March 2013 Resource Design and Content Name - Seniors Southern Services Directory New addition to the resource: i-Pad app Finalised app design – clear and logical layout using SSRG colours blue and orange Three main sections of information – Directory, Definitions and Options shown as interactive buttons sited along the bottom of the app Directory Services or information - contacts with interactive capacity – phone, mail, website Definitions Short explanations of commonly used community sector terms and services Options Fact sheets that focus on enablement Template for fact sheet developed that enhance overall design of app</p> <p>Feedback/Meetings Attended meetings to promote and receive feedback about the resource All SSRG Work Group meetings Health and community meetings e.g. Holdfast Bay Community Acute Information Exchange, A2HC (Lyndal), Southern Aged Care Forum,</p>	

	<p>Southern Primary Health (Elizabeth), Carer Support</p> <p>Work in Progress Presently working on Fact Sheets The overall theme for the fact sheets is broadly based on enablement. Fact sheets include health and well-being - right outlook, move naturally, eat wisely and connect; pre- admission for consumer and carer and discharge checklists for consumer and carer and health professionals; making your wishes known (advanced directives) etc. Also working on PokitPal - drawing from app information Developing marketing plan, launch, possible collaboration with social inclusion workgroup</p> <p>Discussion</p> <ul style="list-style-type: none"> • Suggestions on ways to promote and advertise app to health professionals • add CDC to list of definitions and fact sheets • can Sally's 'I Can' information be on a factsheet? • Louise will be developing a marketing plan – maybe using twitter, blogs, facebook etc and try to get the app into TAFE training courses and universities • Sharron at Mac would be a good contact for Louise • Aim to have app information displayed on all council websites • talk with discharge planners and ask what they would search for • going live in May...hopefully • can 'play' wih app in late April before it goes live 	
Project Officer report	<p>1. Workgroups</p> <p>Carer Issues Workgroup: Two hats...too hard resource launch held 25 February 2013. Resource was officially handed over to Carer Support and Carers SA. The Red Hatters 'stole the show' with a hat parade! Peter Sparrow (CEO, Carer Support), Rosemary Warmington (CEO, Carers</p>	

	<p>SA) and Robyn Dwight (Equal Opportunity Commission) spoke at the event.</p> <p>Met with Angela Crettenden re her research on working carers (Novita)</p> <p>Discussion –</p> <ul style="list-style-type: none"> • Sharon Tentye organised a meeting to discuss how they can utilise / roll out carers resource • good feedback from Angela Crettenden, she is going to use our resource as a reference for her work <p>Dementia Workgroup: The group are exploring three possible options for their project in 2013.</p> <ol style="list-style-type: none"> 1. Training to expand knowledge and practice about ‘enhancing independence’ for people with dementia – Montessori approach (the group have had presentations from the Dementia Training and Study Centre and ACH) 2. Training of ‘Dementia Champions’ in the region. 3. Resources for people with memory loss in libraries. <p>Sally and Coral Sharp (Dementia Link Worker) will be meeting with Dementia Training and Study Centre Tuesday 19th March to discuss possible partnerships / collaboration.</p> <p>Discussion –</p> <ul style="list-style-type: none"> • idea to have a spot in a library for a dementia resource may need a grant to help set up • inter library collection - they can all share their resources and send the required item when ordered <p>Social Inclusion Workgroup: A second postcard trial commenced early March. A draft report has been written (please see information pack)</p> <p>Discussion –</p> <ul style="list-style-type: none"> • report done on first trial (please see information pack) • first trial suburb was too small – had a small response to the postcard • Holdfast Bay trial using a different image on the postcard • Discussion about postcard images connecting younger or older 	
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people

In Home Services Workgroup: 'Health and Community Informed Choices' – a project aimed at creating a resource/system to promote a smooth transition for consumers from acute care to community care. A detailed report will be given by the project officer, Louise Fuller.

Consumer Workgroup: Are meeting next week and will be asked to give feedback on the Aged Care Reforms. Information is being gathered from consumers in each of the regions to be collated and passed on to COTA to ensure the 'consumer voice' is being heard. Are there ways to collect consumer views more broadly in the southern region?

Discussion –

- discussion about listening to consumers and informing consumers about the aged care reforms

2. Budget

The budget is on target.

3. Dementia Study and Training Centre

Younger onset dementia training:

- March 14, 2:00 to 4:00pm at Marion council – 28 attended. Attendees were from community, health and Uni SA.
- Next session - April 5th, 2:00 to 4:00 pm at Onkaparinga Council Session is fully booked.

4. Population health survey

Diploma of Population Health – Survey results (please see information pack)

5. Ted.com Dan Buettner

Interesting presentation recorded on Ted.com - it looks at the elements required to increase your chance to live to 100!

http://www.ted.com/talks/dan_buettner_how_to_live_to_be_100.html

	<p>Also - The Blue Zones Book by Dan Buettner</p> <p>http://www.BlueZonesBook.com - The secrets of the Power9: What the worlds longevity all-stars share into four main categories: Move Naturally, Belong to the Right Tribe, Eat Wisely, Right Outlook.</p> <p>6. Supporting new Collaborative Project Officers Lui and I are visiting the Barossa on Wednesday 20 March and the Murray Mallee 17 April to assist with planning workshops. The workshop we did at Balaklava in February went well.</p> <p>7. Electronic Newsletter – to be completed this month. It will include information about SSRG projects. What other information would you like to see in it? Discussion –</p> <ul style="list-style-type: none"> • include information on reforms when it is available • list of acronyms is wanted a lot - MAC have a good one – also check the list at the Centre for Cultural Diversity in Victoria <p>8. May meeting – I am going to be on annual leave; however Peta Braendler from ACS has agreed to present at the meeting. Do we proceed with the meeting? Discussion –</p> <ul style="list-style-type: none"> • It was agreed to proceed with the May meeting <p>9. Aged Care Reform updates – please see information pack</p> <p>Discussion - Competency in Complexity Projects – in conjunction with the Southern Health Network – offering training in observation skills, reflection, goal setting. Tools are being developed for workers to use to imbed these practices and also to be able to measure them. The aim is to up skill staff to enable them to be proactive and help reduce hospitalisation</p>	<ul style="list-style-type: none"> • Bev to check acronym lists
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<p>Information sharing</p>	<p>Monica du Plessis– City of Holdfast Bay</p> <ul style="list-style-type: none"> • HACCC program first quality review under common standards in April <p>Maria Johns - MAC</p> <ul style="list-style-type: none"> • Talked about the National Ageing and Aged Care Strategy for people from CALD backgrounds http://www.health.gov.au/internet/main/publishing.nsf/Content/ageing-cald-national-aged-care-strategy <p>Marie Noble - Anglicare</p> <ul style="list-style-type: none"> • priority CAPS package available for at risk of homelessness <p>Donna Brownsea – Southern Cross Care</p> <ul style="list-style-type: none"> • working with CDC's • part of a network group with interstate Southern Cross sharing ideas about CDC's. Ideas between states are varied and interpretations are different • waiting for new guidelines <p>Sharon Brokensha – Southern Cross Care</p> <ul style="list-style-type: none"> • will be picking up new guide lines and sorting out what it all means <p>Sue Green - ECH</p> <ul style="list-style-type: none"> • integrating some of the Masonic offices into ECH • discussions within ECH on CDC and new guidelines and how it will work, what consumers can and cant use their funds for <p>Jenny Hughes – Seniors Information Service</p> <ul style="list-style-type: none"> • running seminars on retirement housing and aged care fees and charges - high demand for seminars – flyers handed out • the Retirement Village Association is now incorporated into the Property Council – giving the organisation a new look and broader 	
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	<p>portfolio – having talks with property council</p> <ul style="list-style-type: none">• running free iPad and Android training sessions for elderly people – teaching them how to purchase and use the tablet – flyers handed out <p>Sharon Tentye – Carers SA</p> <ul style="list-style-type: none">• art therapy counselling starting in May – flyers to be sent to SSRG for distribution• looking at impact of changes and gateway	
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Next meeting date: 20 May 2013

Time: 2.00 - 4.00 pm

Venue: Mayors Parlour, City of Marion