



## Summary of Driving and Dementia Forum Workshop – Where did I leave the car?

Giving up driving would be hard because.....	Giving up driving would be great because.....	What would help me if I no longer had a drivers licence?	How would you start a conversation about having to stop driving?
<ul style="list-style-type: none"> <li>• Don't want to or can't walk</li> <li>• Have to rely on others</li> <li>• Reduces self esteem</li> <li>• More time needed to achieve shopping, social, medical appointments</li> <li>• Public transport doesn't run when I need it or go where I need to go</li> <li>• Have to wait for public transport, may have to stand if no seats</li> <li>• Local shops are disappearing and becoming centralised so it is now further to walk or navigate</li> <li>• Memory or problem solving issues makes organising alternatives hard</li> <li>• Memory or temptations to drive may still exist</li> <li>• Become isolated</li> </ul>	<ul style="list-style-type: none"> <li>• Financial benefit</li> <li>• Lower stress levels</li> <li>• Always arrive safe</li> <li>• No parking tickets, speeding fines, finding car parks</li> <li>• Enforced exercise</li> <li>• Less expensive</li> <li>• Chat more with the locals</li> <li>• Can enjoy the sights on a trip</li> <li>• More gardening would get done</li> </ul>	<ul style="list-style-type: none"> <li>• Move closer to facilities—doctor, shops, hair dresser etc</li> <li>• Supports to alternatives</li> <li>• Access to alternatives</li> <li>• Greater availability to alternatives</li> <li>• Tap into local community centre</li> <li>• If family and friend offer transport, not requiring me to ask</li> <li>• A comprehensive list of substitute services</li> </ul>	<ul style="list-style-type: none"> <li>• Start with positives then lead to concerns. Present evidence that is concrete</li> <li>• Have feedback from expert—driving instructor, doctor, occupational therapist, DTEI</li> <li>• Planning to stop—suggest limitations, short distances etc</li> <li>• Use a date in the future—advance directive approach</li> </ul>

<ul style="list-style-type: none"> <li>• Risk of depression</li> <li>• Everything has to be planned in more detail....less spontaneous</li> <li>• Loss of choice re daily activities</li> <li>• Loss of identity and freedom</li> </ul>			
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Number of service providers and consumers who attended the forum – 74  
 Number of service providers – 51  
 Number of consumers – 23

Evaluations received – 48  
 Consumers – 22  
 Service providers – 26

**Were the presentations interesting and informative?**

18 consumers ‘learnt a lot’ from the presentations, 4 found it ‘quite useful’  
 20 service providers ‘learnt a lot’ from the presentations, 6 found it quite useful

Specific Questions:

**1. Did the forum increase your understanding of the issues relating to memory loss and driving?**

12 consumers learnt a lot, 10 found it quite useful  
 19 service providers learnt a lot, 7 found it quite useful

**2. Did the forum improve your knowledge of what can be done when there are concerns for a person being at risk when driving?**

10 consumers learnt a lot, 10 found it quite useful and 1 not really  
 18 service providers learnt a lot, 8 found it quite useful

**3. Did the forum improve your knowledge of transport options available when relinquishing a driver's licence?**

9 consumers learnt a lot, 7 found it quite useful and 2 not really

5 service providers learnt a lot, 15 found it quite useful and 3 not really

<p>Consumer comments included –</p> <ul style="list-style-type: none"><li>• Very interesting day, well presented</li><li>• All speakers were very interesting in their presentations</li><li>• Generally the day was very informative, would have liked more question time</li><li>• Too long to concentrate</li><li>• The day was most enjoyable</li><li>• All the presenters were informative and interesting</li><li>• I gained lots of knowledge and skills</li><li>• Thank you for the day, well done</li></ul>	<p>Service provider comments included –</p> <ul style="list-style-type: none"><li>• I particularly enjoyed the presentations by Ron Jenkins and Michael Lord (police) – I feel it added a balance of community interest/members amongst the more specialised presenters (health professionals)</li><li>• Well planned</li><li>• Great variety of speakers</li><li>• Nice balance of ‘professional learning opportunities and ‘personal learning’</li><li>• All of it was informative, helpful and interesting</li><li>• Great handouts</li><li>• Brilliant way to manage information collection (workshop)</li><li>• Great information for my workplace (re driver trained OT)</li><li>• All speakers were very informative</li><li>• Great day</li><li>• Would like to attend further sessions in the future please</li><li>• Appeared a bit long for others on my table (older people)</li><li>• A very informative and well presented forum in a good setting – good accessibility and comfortable environment</li><li>• I loved hearing about the role of OT's in this matter (as an OT myself)</li><li>• All was interesting and info/updates a good resource</li></ul>
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|  | <ul style="list-style-type: none"><li>• I learnt a lot of relevant, helpful information. Thank you!</li><li>• The question and answer at the end was a good idea</li><li>• The order of presenters was well organised</li><li>• Good to have a person in blue uniform (easy to identify)</li><li>• Very good day – well organised</li></ul> |
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### **Consumer Postcodes**

5048 – Brighton / Hove

5022, 5022 – Grange / Henley Beach

5041, 5041 – Colonel Light Gardens / Daw Park

5043, 5043, 5043 – Marion / Morphettville

5161 - Reynella

5168, 5168 – Noarlunga Centre, Old Noarlunga

5159 – Aberfoyle Park / Happy valley

5049, 5049 – Seacliff / Marino

5013 – Pennington / Rosewater

5046 – Oaklands Park / Warradale

5169, 5169 – Seaford, Moana

5167 – Port Noarlunga

5163 – Hackham, Onkaparinga Hills

5044 – Somerton Park, Glengowrie